



SUPER KID | WEEK 1 | OCTOBER 1, 2023

Preschool Lesson

David and Goliath

Bible Story: *I can be brave because God is with me. David and Goliath • 1 Samuel 17:1-50*

Memory Verse: “Be strong and courageous. Do not be afraid . . . for the Lord your God goes with you.” Deuteronomy 31:6, NIV

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

LEADER BIBLE STUDY

Now is the time for our preschoolers to begin learning that God can help me be brave because the need to be brave—God-brave—will only grow throughout their lives.

What is God-brave? God-brave is . . .

. . . the kind of brave that does the right thing even when others don't,

. . . the kind of brave that stands up to seemingly impossible circumstances,

. . . the kind of brave that trusts God during the darkest of times,

. . . the kind of brave that looks to God to help us be strong and courageous,

. . . the kind of brave that makes us SUPER KIDS—not because of what WE can do but because of what GOD can do.

Pre-Service Check List

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow

Doors
Open
9:15/11:00

Kid
Connect
9:35/11:20

Large Group
Starts
9:40/11:25

Small Group
Starts
10:05/11:50

Story Focus: **I can be brave because God is with me.** A young shepherd named David is brave and faces Goliath, when no one else will, because he knows God is with him. With just a sling and a stone, David shows us that God can help us be brave enough to stand up to anything— even a cruel giant that wants to kill us while a fearful king and his army stand by and watch.

KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your small group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come sit with me. I am so glad to see you here. I love being here with you!"

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)"

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

Be strong and courageous. (Hold fists in front of body.)

Do not be afraid . . . (cross and uncross hands)

for the Lord your God (flat hand with thumb to forehead, pull down)

goes with you,' (march in place)

Deuteronomy 31:6." (Open hands like a book.)

"Ok, Now let's sing and worship God!"

WORSHIP

(VIDEO: BE BRAVE, SUPER DUPER KID)

Sing the worship songs together.

INTRO SKETCH

(Superhero Apparel [such as mask or sweatband, cape, red gloves, etc.], Story Box)

LGL brings the story box with the props inside to the middle. Pull out the superhero apparel and put it on when it's time.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Put on the superhero apparel.

Now I'm no longer [insert your name]. I'm SUPER [name]! With God's help, I can do impossible things! I can do things like clean up my toys in a flash.... or give my friend a hug when they're sad...or say 'Thank you' when my mom or dad give me a snack. With God's help, I can also be BRAVE! In fact, I want us ALL to say that. I'll ask, '**Who can help you be brave?**' and you'll say, '**God can help me be brave.**' Let's do it, ready?

'Who can help you be brave?'... 'God can help me be brave.'

Very good friends! Today, we are going to hear a true story from the Bible about a young boy that, with God's help, was able to be brave and defeat a really scary giant! Let's watch.

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

“God helped David be brave, both in the field with his sheep and on the battlefield with Goliath. God can help YOU be brave, too. **Who can help you be brave?** (*God can help me be brave*)

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

Let’s look at our Basic Truth for today. It says, **‘I am made for a purpose so the Holy Spirit will help me do big things now.’**” When Jesus is your friend, the Holy Spirit – who is God, will help you do big things...like be brave when it’s hard!

PRAY

“Let’s pray together. (*Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.”*)

Heavenly Father, thank you for the courage David showed because He knew you were with him! When we need to be brave, help us remember that you are with us! Thanks for loving us, God. We love you! In Jesus’ name, we pray, amen.”

PRAY AND TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *I can be brave because God is with me. David and Goliath • 1 Samuel 17:1-50*

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Key Question: Who can help you be brave?

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Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

KNOCK DOWN GOLIATH

(“Knock Down Goliath” and “David and Goliath Story Images” - 1 per group, Ping Pong or Ball Pit Ball)

What You Do:

Before the Activity: Copy the “Knock Down Goliath!” on cardstock and cut, one per small group. Fold tabs as indicated and stand up the Goliath cutout on one end of a table or floor. Ask children to line up on the opposite side of the table from the Goliath cutout. Print “David and Goliath Story Images” - one set per group.

During the Activity: Review the Bible Story using the “David and Goliath Story Images”. Encourage children to roll the balls down the table or floor, one at a time, to knock Goliath down. Give each child three tries to knock him over. Reset Goliath and hand the balls to the next child in line.

What You Say:

Before the Activity: “Let’s go over our Bible story again using these pictures. Put your listening ears on! *(Review story)*

Friends, now stand here on this side of the table! Do you see Goliath over there? We’re going to take turns trying to knock him down.”

During the Activity: “You’ll get three tries to knock him down. [Child’s name], roll the ball! *(Pause.)* You have two more tries. *(Repeat.)* Great job! Hand the balls to the next friend in line. Your turn, [child’s name]! Roll the ball! *(Continue with each child.)* It’s not too hard to knock over a paper Goliath with a ping-pong ball. This guy isn’t heavy or big at all! But David faced a real, live giant named Goliath. And all David needed was his sling and a rock to knock Goliath all the way down because God was with him!”

After the Activity: “God helped David be brave, and God can help us be brave too! **Who can help you be brave? [Bottom Line] God can help me be brave!**”

STEPPING STONES

(“Steppingstones” Activity Pages – 1 set per group, Floor Tape, Cape – optional, Memory Verse Poster)

What You Do:

Before the Activity: Copy “Steppingstones” on cardstock, one set per small group. Arrange the Steppingstones on the floor in order and tape them in place. Make sure they are close enough that children can easily hop from one stone to the other.

During the Activity: Review the memory verse with the motions. Then lead the children to hop, one at a time, along the stones as you say the memory verse together. *(Optional – provide a cape for kids to wear while they hop down the path)* Children waiting for their turn can repeat the verse and the motions as each friend hops. Continue with each child and repeat as desired.

After the Activity: Say the memory verse with the motions one more time and review the Bottom Line.

What You Say:

Before the Activity: “Friends, we’ve been learning a SUPER fun verse this month. Can you say it with me? ‘Be strong and courageous. *(Hold fists in front of body.)* Do not be afraid . . . *(cross and uncross hands)* for the Lord your God *(flat hand with thumb to forehead, pull down)* goes with you,’ *(march in place)* Deuteronomy 31:6.” *(Open hands like a book.)* Great job!”

During the Activity: “Do you see these Steppingstones on the ground? Let’s count them. One, two, three, four, five. That’s how many rocks David took with him when he faced Goliath. These stones have the words of our memory verse on them. *(Point to each stone as you repeat the verse.)* ‘Be strong and courageous. Do not be afraid for the Lord your God goes with you,’ Deuteronomy 31:6.

“Let’s say the verse together as [child’s name] hops on each stone. Ready? ‘Be strong and courageous. *(Pause.)* Do not be afraid. *(Pause.)* For the Lord your God *(pause)* goes with you,’ *(pause)* Deuteronomy 31:6. *(Pause.)* Super-duper! [Child’s name] come hop! *(Continue with each child.)* That was so fun! Great job, friends.”

After the Activity: “I’m so glad to know that just like God was with David, he is with us too! And God will help us be brave. **Who can help you be brave? [Bottom Line] God can help me be brave!**”

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

Be strong and courageous. (Hold fists in front of body.)

Do not be afraid . . . (cross and uncross hands)

for the Lord your God (flat hand with thumb to forehead, pull down)

goes with you,’ (march in place)

Deuteronomy 31:6.” (Open hands like a book.)

PRAYER

“Let’s pray together. *(Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.”)*

“Dear God, thank you for being with *(name each child)* and me wherever we go. Knowing you are with us helps us be brave. We love you, God. In Jesus’ name, amen.”

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats – 1 per child)

Hand out placemats to parents as they arrive. Encourage parents/influencers to review the Preschool lesson with their child this week.