

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what is it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

WEEK 1

This week, we'll combine the definition of "faith" from the book of Hebrews with James' reminder that faith requires actions and not just belief.

- **BIG IDEA:** Faith is a catalyst for action.
- **BIBLE:** Hebrews 11:1-22; James 1:22; 2 Corinthians 5:7

WEEK 2

This week, we'll see what the book of Hebrews says about how we can help each other grow in faith, using the story of Moses leading Israel out of Egypt as an example.

- **BIG IDEA:** The faith of others can be a catalyst on our journey.
- **BIBLE:** Exodus 3:10-12; Hebrews 10:24, 11:29-40, 12:1-2

WEEK 3

This week, we'll explore what the books of Hebrews and Matthew reveal about Jesus' role as our "great high priest."

- **BIG IDEA:** Jesus is the catalyst for a new relationship with God.
- **BIBLE:** Hebrews 4:14-16; Matthew 27:51; John 3:16-17

WEEK 4

This week, we'll be challenged by the author of Hebrews to put our faith into action by practicing compassion for others.

- **BIG IDEA:** We can be a catalyst for change.
- **BIBLE:** Hebrews 10:19-25, 12:1, 13:1-3; James 2:26

MEMORY VERSE: "Now faith is confidence in what we hope for and assurance about what we do not see."
– Hebrews 11:1 (NIV)