

WEEK 2

DISCUSSION GUIDE

CATALYST

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what *is* it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

THIS WEEK

BIG IDEA

The faith of others can be a catalyst on our journey.

BIBLE

Hebrews 11: 29-40, 12:1-2; Exodus 3:10-12; Hebrews 10:24

- **What's a word or phrase you recently started saying? Where do you first hear it?**
- **Name three people who influence you on a daily basis and tell us how.**
- **Who are a few people you really respect? Why do you look up to them?**
- **Who is one person who was a significant catalyst for your faith, and how?**
- **Who are some more people who have been catalysts for your faith? How have they helped you grow in smaller (but still important) ways?**
- **Can you think of a time when a hurtful or negative experience with another person helped you grow in your faith? If so, tell us how.**
- **Read Hebrews 10:24. What are some specific ways the catalysts in your life spur you on like this?**
- **When do you most need other people to step in and spur you on in your faith?**
- **What are some ways our faith can grow from people:**
 - **Whose faith journey is new?**
 - **Whose faith journey is like ours?**
 - **Who are further ahead of us on our faith journeys?**
- **This week, what are you going to do to make sure you're surrounded by the kind of catalysts who can help your faith grow?**

ACTIVITY

Reflection Card – The faith of OTHERS can be a catalyst on your journey.

- Write on card: Write down names of your Catalysts in the boxes.
- Share with the Group.
- Action: Select one name and reach out to them this week to encourage and pray for.
- Action: Pick of Devotional with a friend and decide to READ it together this week.

WHO IS YOUR ONE?