

## WEEK 3

### DISCUSSION GUIDE

## CATALYST

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what is it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

### THIS WEEK

#### BIG IDEA

Jesus is the catalyst for a new relationship with God.

#### BIBLE

Hebrews 4:14-16;  
Matthew 27:51: John 3:16-17

- **Who's one of your favorite fictional characters who experienced a dramatic transformation?**
- **What's an example of a dramatic transformation someone might experience in real life?**
- **Have you ever heard a story where someone's life was immediately and dramatically changed by Jesus? How did that story impact you?**
- **If you know Jesus, have you ever worried your story of faith isn't dramatic enough? If so, why?**
- **If someone decides to follow Jesus but their life doesn't immediately change that dramatically, what are some possible reasons for that?**
- **Have you ever felt really close to God? What was that experience like and why do you think God felt so close?**
- **Read John 3:16-17. When God doesn't feel close, what can this passage teach us about what God is like?**
- **When God doesn't feel close, what do you think we should do?**
- **If you know Jesus, when did you first believe God loved you and wanted to be close to you?**
- **This week, what's one step you want to take to get closer to God through Jesus?**

#### ACTIVITY

Reflection Card – Jesus is the catalyst for a new relationship with God.

- Write on card: Fill out the reflection card.
- Share with the Group.
- Action: Practice spiritual habits: A. Spend time with God and/or other believers. B. Use your gifts & Serve God. C. Share your story with others about who Jesus is to you.

### WHO IS YOUR ONE?