

## WEEK 1

DISCUSSION GUIDE

*For Middle Schoolers*

CATALYST

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what *is* it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

### THIS WEEK

#### **BIG IDEA**

Faith is a catalyst for action.

#### **BIBLE**

Hebrews 11:1-22: James 1:22: 2 Corinthians 5:7

- **What's a catalyst that changed your day today (for better or worse)?**
- **What are some examples of catalysts that could change someone's faith (for better or worse)?**
- **How would you define "faith?"**
- **If we never act on what we say we believe, what do you think would happen to our faith?**
- **Read 2 Corinthians 5:7. Have you ever struggled to trust God when it was difficult? If so, tell us about it.**
- **This week, what's one thing you're going to do in order to turn your beliefs into actions?**

#### ACTIVITY

Reflection Card - Today, my faith will be a Catalyst for Action.

- James 1:22 is our reminder that FAITH requires action.
- Write on card: What action are you going to take to help you grown in your faith?
- Share with the Group.
- Action: Set alarm for 1:22pm every day this week & turn faith into action.

**WHO IS YOUR ONE?**