

WEEK 4

DISCUSSION GUIDE *For Middle Schoolers*

CATALYST

Sometimes the idea of "faith" can feel a little mysterious and hard to grasp. After all, what is it? And how do you get it – or get more of it? Well, just like science can explain so many of the mysterious and hard-to-grasp things in the world around us, there are answers for many of the mysterious and hard-to-grasp things about faith, too. You'll learn in science class that "catalysts" are interactions that create big changes and transformations. In the same way, Scripture shows us certain change-making "catalysts" are necessary for the transformation of our faith and the faith of others. In this four-week series from Hebrews, we'll discover that **faith is a catalyst for action, the faith of others can be a catalyst on our journey, Jesus is the catalyst for a new relationship with God, and we can be a catalyst for change.**

THIS WEEK

BIG IDEA

We can be a catalyst for change.

BIBLE

Hebrews 13:1-3: Hebrews 10:19-25, 12:1:
James 2:26

- **Have you ever started a trend (or totally failed at starting a trend)? Tell us about it!**
- **On a scale of 1-5, how much influence do you think you have on other people?**
- **What are some small but important ways we can help each other's faith grow?**
- **Have you ever had the chance to help or stand up for someone who was in need? What was that experience like?**
- **Read James 2:26. What do you think are some of the risks of never turning our faith into action?**
- **This week, what's one step you're going to take to be a catalyst for change?**

ACTIVITY

Reflection Card – We can be a Catalyst for change.

- Write on card: Complete the thought, I can be a catalyst for change...
- Help Students think: Catalyst in their family, in their community, and/or in their world.
- Share with the Group.
- Action: What is your step this week to be a catalyst?

WHO IS YOUR ONE?