

WEEK 4

SMALL GROUP GUIDE



THIS SERIES

"We're meant to be." It's how all of our favorite movies, songs, and books talk about love—as if the secret to an amazing relationship is a little bit of destiny, a whole bunch of feelings, and a tiny dash of magic. So it makes sense, when we observe the not-so-perfect, real-life relationships modeled by our friends, parents, and favorite celebrities, that we might start to wonder, "Wait—is *that* how relationships are meant to be?" In this 4-week series, you'll give students a better lens for evaluating their current and future dating relationships as you help them see that the secret to a relationship that's "meant to be" is to **stay close to Jesus, date with purpose, know who you're looking for, and keep sex in the right context.**

THIS WEEK

THE BIG IDEA

Sex can be seriously fulfilling or seriously destructive.

THE BIBLE

Proverbs 3:5-6; Matthew 5:28
1 John 1:9; Proverbs 4:23-27

- **What stuck out to you from this message?**

GOD'S DESIGN FOR SEX/ MARRIAGE (Read as needed for context: Gen 2:23-25; Malachi 2:15)

- **What is God's design for Sex?**
- **What is God's design for marriage?**
- **Why is it good to follow God's plan for us?**

GOD'S PLAN IS ABOUT TRUST (Read as needed for context: Proverbs 3:5-6)

- **Do you trust God's plan for your life?**
- **Read Proverbs 4:23-27. How can you put this passage into practice with sex and dating?**

GOD'S PLAN IS ABOUT OVERCOMING LUST (Read as needed for context: Matthew 5:28)

- **Why do you think it can be so difficult to turn away from lust/ sexual sin?**
- **If you need help escaping lust/ sexual sin, what should you do?**
- **What boundaries have you set, or do you need to set, to stay close to Jesus?**

GOD'S PLAN IS ABOUT GRACE (Read as needed for context: 1 John 1:9)

- **What is God's grace?**
- **How do you receive grace after you've messed up?**

WHY WAIT FOR MARRIAGE?

- **What is a benefit of following God's plan & waiting for marriage to have sex with your spouse?**

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WHO IS YOUR ONE?