

Stand & Stay
Wk 4: Stay True
Jan 25 & 26, 2020

LEADER PREP

GOAL OF SMALL GROUP

The win today is for students to understand that healthy habits are built over time. The more they work on establishing those habits now, the stronger their faith will be later.

SCRIPTURES

Daniel 6:10

THINK ABOUT THIS

This is our final week in our theme of being brave, tasking risks, standing up and standing out for Jesus. As you prepare, take a moment to sit back and think: has this been clicking with your students? How can you meet them where they are in their understanding and encourage them to grow in a next step of faith?

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. Let the students and the Holy Spirit guide the conversation, too.



CONVERSATION GUIDE

MAIN POINT

When we build healthy habits with God, it keeps our relationship with God strong.

GET THEM TALKING

Share a time where you tried to start a new habit and how it went. Was it easy or hard to keep up the new habit?

DISCUSSION QUESTIONS

1. Was there anything specific that stood out to you from today's talk?

READ Daniel 6:10 and answer the following questions:

2. Do you think you would have been able to show the same boldness that Daniel showed here? Why or why not?
3. What do you think it takes to reach that level of boldness?
4. Thankfully we live in a country that allows us to pray openly and freely. What do you think is the modern-day equivalent to what Daniel experienced in this verse?

Answer the following questions:

5. Do you think most Christians today are as bold as Daniel was in this passage? Why or why not?
6. How can we as a small group help each other to be as strong in our faith as Daniel was?
- 7.

NEXT STEP

What is one healthy habit we can all commit to for this upcoming week as a group? How can we encourage each other in this habit?

PRAYER GUIDE

Dear God, help us to build better habits. We want to know you better and we want to be consistent. Help us get rid of distractions and other things that fight for our time and attention. We love you, amen.

Also, consider taking time today to pray for those who still face persecution for their faith in different parts of the world today.

SCRIPTURE

MS students are concrete thinkers, so opening your Bible to read the Scripture with them is a preferred visual cue.

Daniel 6:10 NLT

"But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God."