

**Jesus Said What?!**  
**Wk 2 of 4: Eat and Drink What?!**  
**May 2 & 3, 2020**



## LEADER PREP

### GOAL OF SMALL GROUP

Help students identify the things we try and find satisfaction in instead of Jesus and how they can replace those things with the Bread of Life (Jesus).

### SCRIPTURE

John 6:47-58

### THINK ABOUT THIS

Our lives are so busy. That busyness seems to start earlier and earlier. This can cause our priorities to get out of whack, and we pour our time, energy, and resources into things we think will satisfy us, but ultimately will let us down. As leaders, we need to be aware of the things we try and find satisfaction in. What is our level of dependence on Jesus? Do we trust that only He can satisfy our deepest longings? How do we keep what Jesus did for us and use it as the filter, rather than a side project? Take some time before your small group this week to reflect and pray on these things.

### GOSPEL MOMENT

Even though we are talking about things we do to be happy, this lesson isn't ultimately about what we do. What we do doesn't save us - believing what Jesus did on the cross saves us.

*This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. Let the students and the Holy Spirit guide the conversation, too.*

## CONVERSATION GUIDE

### MAIN POINT

**We get 'living bread' when we believe Jesus gave His body up as a sacrifice for us.**

### GET THEM TALKING

What are things that make you happy?

### DISCUSSION QUESTIONS

1. Lots of these things that make us happy aren't bad, so what's wrong if all our happiness is based on these things?

**READ John 6:47-58 and answer the following questions:**

2. On a scale of 1-10, with 10 being 'pass out scared' & 1 being 'didn't care at all', how nervous do you think people were about Jesus saying, "eat my body...drink my blood...?"
3. What do you think people's faces looked like when they heard Jesus say, "...eat my flesh and drink my blood?"
4. What do you think Jesus meant when He said He was the Bread of Life?
5. How can we "eat" this Bread of Life?
6. As a group, make a list of the things in which we try and find fulfillment. Help one another see that you're not alone in trying to find satisfaction in something(s) other than the Bread of Life.
7. How could others things we use to find happiness and satisfaction get in the way of our relationship with Jesus?

### NEXT STEP

Encourage your students that if they have never accepted Jesus as their Lord and Savior, their Bread of Life, their ultimate satisfaction, they can do that right now! Here is our [Go5pel guide](#) to help guide you in that conversation.

For students who have accepted Jesus as their Savior, encourage them to find their "daily bread," aka their daily satisfaction in Jesus by spending time with Him every day.

### PRAYER GUIDE

Ask students for their prayer requests and close your time together in prayer.

## SCRIPTURE

MS students are concrete thinkers, so opening your Bible to read the Scripture with them is a preferred visual cue.

### JOHN 6: 47-58 (NLT)

"I tell you the truth, anyone who believes has eternal life. <sup>48</sup> Yes, I am the bread of life! <sup>49</sup> Your ancestors ate manna in the wilderness, but they all died. <sup>50</sup> Anyone who eats the bread from heaven, however, will never die. <sup>51</sup> I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."

<sup>52</sup> Then the people began arguing with each other about what he meant. "How can this man give us his flesh to eat?" they asked.

<sup>53</sup> So Jesus said again, "I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you. <sup>54</sup> But anyone who eats my flesh and drinks my blood has eternal life, and I will raise that person at the last day. <sup>55</sup> For my flesh is true food, and my blood is true drink. <sup>56</sup> Anyone who eats my flesh and drinks my blood remains in me, and I in him. <sup>57</sup> I live because of the living Father who sent me; in the same way, anyone who feeds on me will live because of me. <sup>58</sup> I am the true bread that came down from heaven. Anyone who eats this bread will not die as your ancestors did (even though they ate the manna) but will live forever."