



**HIM + HER**  
**STUDY GUIDE**  
 WEEK 1



**MAIN SCRIPTURES:**  
 Proverbs 31:10-31

- MAIN POINTS:**
1. Know what you're pursuing.
  2. Don't make excuses or settle for less.

**JESUS CONNECTION:**  
 God wrote the greatest love story every told because of how much He loves you!

@HopeHSM

**1. READ**  
*The Bible*

Yessss! We are glad you are here because taking time on your own to study God's word is an amazing way to grow in your relationship with Him. Life with Jesus is the best life! Take a moment to pray and ask God to lead you as you study this Scripture; then read the Scripture (*from your Bible or it's on the back*).

**2. OBSERVE**  
*The Straight Facts*

**Who:** \_\_\_\_\_  
 \_\_\_\_\_

**What:** \_\_\_\_\_  
 \_\_\_\_\_

**Where:** \_\_\_\_\_  
 \_\_\_\_\_

**Why:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**How:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**What is Repetitive?**

*Highlight it*

**What is Contrast?**

*Underline it*

**3. INTERPRET**  
*What Does the Text Mean?*

*Research answers using trusted sources like a Study Bible, BibleProject.com, BlueLetterBible.org, and/or Bible.org*

**What is the historical and/or cultural context of this Scripture?**

*Scholars aren't 100% sure who wrote Proverbs 31, but many believe King Lemuel, named in verse 1, is actually King Solomon. What is clear is that it was written as godly-inspired advice for a prince looking for a wife.<sup>1</sup> While you may not be close to thinking of who you want to marry, the principle stands that character traits listed in Proverbs 31 are great standards for us to set on those we date, as well as on the people we want to be!*

**What else do I know about the author, audience, or context of this passage?**

\_\_\_\_\_  
 \_\_\_\_\_

**What other Scripture might help me interpret this text?**

\_\_\_\_\_  
 \_\_\_\_\_

**What is this text's clearest meaning?**

\_\_\_\_\_  
 \_\_\_\_\_

**4. APPLY**  
*Getting Personal*

**How do you relate to any of the characters, events, or words in this Scripture?**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**What truth(s) from this Scripture can you apply to your life right now?**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**What is God saying to you through this Scripture?**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

1. Matthew Henry Commentary on Proverbs 31

