HIGH SCHOOL MINISTRY

FLIPPED
TEACHING GUIDE
WEEK 1

MAIN SCRIPTURE:
Matthew 8:5-10
SECONDARY SCRIPTURE:
Proverbs 3:5-6

MAIN POINT:
When your ability runs out, Jesus' ability keeps going.

FLIP THE SCRIPT:
The world says it's all on you. Jesus says, "I got you."

THE WHAT

WHAT are we talking about and WHY does it matter to me? (2-4 min)

ME

- *Share a funny, personal story about a time you wanted to be in control but were not. (Ex: tried not to cry at movie theatre but lost it, tried to impress someone but tripped instead, etc.)*

WE

- It's nice to be in control, isn't it? Deep down most of us believe that we are the best person to be in charge of our lives.
- It's just easier to have control because we know things are going to go our way. And not having control can be scary and stressful and just not fun.
- But who's really in control anyway? We've all faced times in our lives where we wanted to be in control but then reality hit us and we realized we were not in control.
- But what if I told you that's ok?

TRANSITION

- Who are some of the most powerful people you can think of? (Ex: the president, billionaires, celebrities, etc.) They have a lot of influence, but they can't control everything.
- Jesus met a man like that. This guy had assistants for his assistants. Everyone followed his orders. However, he understood something about authority that we could all learn from. He understood that when his ability had run out, Jesus' ability kept going.
- Why do we struggle so much to control things in our lives? And how can trusting Jesus with those things flip our lives in a good way? That is what we are talking about today!

SO WHAT

So WHAT does this mean for my faith and life with God? (6-8 min)

GOD

- In the book of Matthew, we find Jesus coming up through a city called Capernaum. While He is there, He is approached by a centurion who asks Him to heal his servant who is very sick.
- A centurion was a commander in the Roman army in charge of 100 Roman soldiers who follow his every order. This guy has some serious authority. He has great power and control.

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SO WHAT CONTINUED

GOD CONTINUED

- READ MATTHEW 8:5-10.
- Look at what the centurion said – He said, "Jesus, just say the word…" Coming from the guy who commands soldiers to do things and usually they do it or die, this is a big deal!
- There's a moment when the centurion realized, "Even with as much authority or power as I have, I don't have any control over this situation. There's nothing I can do. My ability has run out." But then he surrenders control to Jesus: "Jesus, even though I can't in this situation, You can. Even though I don't have any control, You do!"
- As nice as it is to have control over our circumstances, there is something truly freeing when our "I can's" turn into "I cant's" when we have no choice but to relinquish control over to God.
- It's in those moments that we realize this truth: **When our ability runs out, Jesus' ability keeps going.**
- It's in those moments that we can embrace the fact that we have a strong God that is always with us and is always for us! The weight of the world isn't on our shoulders, it's on His, and He is more than capable of bearing it!
- **The world says it's all on you. Jesus says, "I got you."** In this one moment with Jesus, the centurion realized this, and it flipped the script for him. He found the freedom that can come when we surrender to Jesus.
- When we don't have control, CAN'T have control, Jesus still does.
- I truly believe that. But it was a journey to get me there. *Share a quick recap (1-2 minutes) of how you came to surrender your life to Jesus.*

GOSPEL + RESPONSE

- The world says we are in control of our lives, but the truth is we aren't in control, and we can't save ourselves.
- You see, God created the whole world at the beginning of time and He created you to be in relationship with Him, but sin broke that relationship before we were ever born.
- God sent Jesus to die on the cross to rescue us from our sin and death; we are not saved by doing good things but by having faith in Jesus.
- God loves us completely, so He allows us to CHOOSE whether we believe in Jesus or not. **But when we choose to believe and give our hearts and lives to God, we receive eternal salvation, forgiveness of our sins, and a restored relationship with God.** Some of you have made this choice already.
- Some of you have not. If you haven't CHOSEN to believe in Jesus, why not? What is holding you back? I promise you it's not as great as what you will receive if you choose to follow Jesus Christ with your heart and your life. I encourage you TODAY, RIGHT NOW, to make the choice to follow Jesus. I'm going to ask everyone to close their eyes so there is no pressure. I'm going to say a prayer. These words aren't magic, but believing and saying them in your heart has GREAT POWER. If you chose to follow Jesus, pray and repeat them in your heart RIGHT NOW:
- "Jesus, because of my sin I ask for your forgiveness. I believe You chose to suffer and die for my sins and rose from the dead. I trust and follow You as my Lord and Savior. Guide my life and help me to do Your will. In Your name, Amen."
- Now if you said this prayer in your heart for the first time, I want you to open your eyes so I can see you. AWESOME! I want you guys to come up after everyone is dismissed to small groups so we can talk.*
- Now everyone open your eyes. The Bible says the angels PARTY in heaven every time someone believes in Jesus for the first time, so let's clap and cheer for those who just gave their life to Jesus for the first time!! YEAH!

**Talk to your HSM Campus Pastor about whether to invite students into this or another direct follow up step.*

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TRANSITION

- **No matter where you are in your relationship with Jesus,** whether you've been following Him over 10 years or just for 10 seconds or you aren't there yet, **you have a next step you can take with Him.**

NOW WHAT

NOW that I know, HOW can I live this out? (2-4 min)

YOU

- Sometimes it is really hard to surrender control. Maybe it's because we know we have our best interest at heart.
- I'll tell you a secret that is not so secret – Jesus loves you and has your best interest at heart. Surrendering control to Jesus is really the best thing we can do.
- One of the most freeing realizations in our lives may be: "I can't."
- Remember, **When your ability runs out, Jesus' ability keeps going.**
- What are some areas in your life that you may be holding too tightly or where your ability is running out?
- What would it look like if we gave control of those areas of our lives to our loving God?
- What if we trusted the words of Proverbs 3:5-6:

  "Trust in the LORD with all your heart
  and lean not on your own understanding;
  in all your ways submit to Him,
  and He will make your paths straight."

WE

- When we hold areas of our lives too tightly, it creates so much pressure on our shoulders that we weren't meant to carry.
  - **The world says it's all on you. Jesus says, "I got you."**
- What would it look like for us to support each other as we run after Jesus?

PRAY

- Close your time together in prayer.
- *Pray for students to realize what is holding them back from fully surrendering to Jesus and to let go and surrender to God*.

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