



Wk 3 of 3: Jesus Said What?!
Sept 26, 2021

LEADER PREP

GOAL OF SMALL GROUP

For students to understand the terms of “spiritual life” and “being born again”.

SCRIPTURE

Main Scripture: [John 3:1-7](#) & [16-17](#)

THINK ABOUT THIS

For some Christians using the language “born again” is common place, but many of our students may have never heard this term.

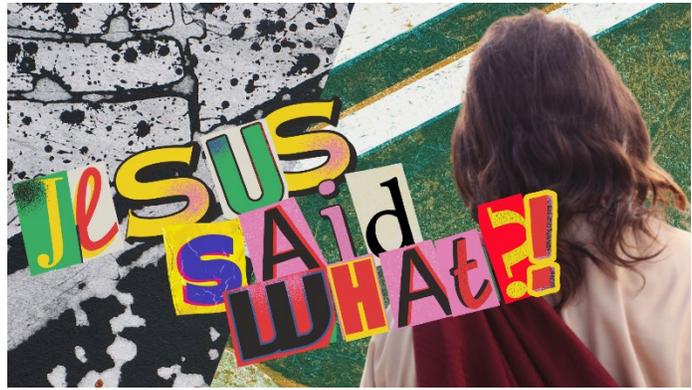
For some of our students, they may see following Jesus as more of a “good thing to do” than understanding the transformation of being born spiritually dead and then finding new, spiritual life when we fully believe in Jesus Christ as our Lord and follow Him with our lives.

As we end this series on Jesus, we want to take time to talk through the foundational faith topics of death to life and birth and rebirth with our students.

The definition we are using today:
Rebirth is when God’s Spirit gives someone’s spirit new life.

We are reborn when we believe in Jesus.

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don’t feel like you need to do or ask everything you see here. Let the students and the Holy Spirit guide the conversation, too.



CONVERSATION GUIDE

MAIN POINT

Jesus came to bring our spirits from death to life.

GET THEM TALKING

Share a fun birthday memory. (*Could be from your birthday, a friend’s birthday, anything!*)

DISCUSSION QUESTIONS

READ JOHN 3:1-7 and discuss the following questions:

1. How do you think you would you have reacted to Jesus if you were Nicodemus?
2. What kind of life is Jesus talking about?
3. Why can it be so hard to stand up to rejection? A birthday party celebrates our physical birth. A baptism celebrates our spiritual birth. What do you know about baptisms?
4. Have you heard people talk about “being born again?” What do you think that means?

READ JOHN 3:16-17 and discuss the following questions:

5. This may be one of the most famous Bible verses. How does it relate to our topic of rebirth?
6. How can someone be saved according to these verses?
7. How do these verses describe Jesus?
8. Do you believe that Jesus is Lord? Why or why not?
9. If you believe, have you been baptized? Can you share about it?

NEXT STEPS

1. If you have already accepted the new life Jesus offers you and been reborn, take time this week to thank Him for it!
2. If you haven’t yet, talk to someone about what is holding you back.
3. And if you’ve accepted Jesus as your Lord but haven’t been baptized, talk to your parents about getting baptized.

PRAYER GUIDE

Ask students for their prayer requests and close your time together in prayer.

SCRIPTURE

MS students are concrete thinkers, so opening your Bible to read the Scripture with them is a preferred visual cue.

JOHN 3:1-7 (NLT)

“There was a man named Nicodemus, a Jewish religious leader who was a Pharisee. ² After dark one evening, he came to speak with Jesus. “Rabbi,” he said, “we all know that God has sent you to teach us. Your miraculous signs are evidence that God is with you.”

³ Jesus replied, “I tell you the truth, unless you are born again, you cannot see the Kingdom of God.”

⁴ “What do you mean?” exclaimed Nicodemus. “How can an old man go back into his mother’s womb and be born again?”

⁵ Jesus replied, “I assure you, no one can enter the Kingdom of God without being born of water and the Spirit. ⁶ Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life. ⁷ So don’t be surprised when I say, ‘You must be born again.’”

JOHN 3:16 & 17 (NLT)

“For this is how God loved the world: He gave His one and only Son, so that everyone who believes in Him will not perish but have eternal life. ¹⁷ God sent his Son into the world not to judge the world, but to save the world through Him.”