

LEADER PREP

MAIN POINT

When your family changes, your mindset matters.

SCRIPTURE

Ecclesiastes 3:1-8 +
Isaiah 43:2

THINK ABOUT THIS

In this phase, changes can feel sudden, shocking, and intense. And given where students are developmentally, they are likely to only see change through the lens of how it affects them, and no one else. Encourage them to consider how change in families affects everyone differently and to try and see the change through the eyes of others in their family as well. We all need grace, even our mom, stepdad, brother, step-sister, grandparents, etc.

GOAL OF SMALL GROUP

To help students understand that change is inevitable, but God is constant and His presence can comfort us in uncertain times.

Create meaningful conversations. Adjust the questions as needed, and don't feel like you need to answer all of them.

DISCUSSION QUESTIONS

THE CHECK IN

- How was everyone's week? Share Highs & Lows.
- Someone recap the main point of the message.
- What are some good changes that have happened to you?
- How do you typically respond to change?

THE WORD

- READ Ecclesiastes 3:1-8. What different changes stand out to you?
- How can this verse expand our views on change in our lives?
- READ Isaiah 43:2. How can we trust God in hard times?
- Who can share a time where you trusted God when you faced something hard? What happened?

APPLICATION

- REFLECTION: Give students a moment to write their answers down:
 - What is one big change you or your family had experienced in the past year?
 - How did you handle it?
 - How can you trust God has you in this?
- SHARE: Anyone willing to share what they wrote?

COMMUNITY BUILD

- How can we, as a group, create a safe place for all of us to work through changes in our lives and our families?
- How can we connect outside of small group time and have fun together?

PRAY

We are going to close in prayer.
Anyone have any prayer requests?

ECCLESIASTES 3:1-8 NIV

"There is a time for everything,
and a season for every activity under the heavens:
2 a time to be born and a time to die,
a time to plant and a time to uproot,
3 a time to kill and a time to heal,
a time to tear down and a time to build,
4 a time to weep and a time to laugh,
a time to mourn and a time to dance,
5 a time to scatter stones and a time to gather them,
a time to embrace and a time to refrain from embracing,
6 a time to search and a time to give up,
a time to keep and a time to throw away,
7 a time to tear and a time to mend,
a time to be silent and a time to speak,
8 a time to love and a time to hate,
a time for war and a time for peace."

ISAIAH 43:2 NIV

"When you pass through the waters,
I will be with you;
and when you pass through the rivers,
they will not sweep over you.
When you walk through the fire,
you will not be burned;
the flames will not set you ablaze."

NOTES