

LEADER PREP

MAIN POINT

Talking to God helps us know Him better.

SCRIPTURE

Ephesians 1:16b-17

GOAL OF SMALL GROUP

To inspire students to see prayer as a good way to connect with God.

THINK ABOUT THIS

You know your students better than anyone! You may already have insight into how they might feel about talking to God through prayer. For some students, this is easy. For others, it's a new or intimidating. For some it may be something they do just going through the motions. For others, it may be frustrating or even disappointing because their prayers haven't been answered the way they wanted in the past. Do not to dismiss or discourage any of those perspectives, as they're very real to your students. Instead, encourage students to start wherever they are. Sometimes being open to trying is the best place to start.

DISCUSSION QUESTIONS

THE CHECK IN

- How was everyone's week? Share Highs & Lows.
- Someone recap the main point of the message.
- Before you came in today, what experiences have you had with prayer? (Saying - "None, this is all new to me" is a perfectly fine answer!)

THE WORD

- READ Ephesians 1:16b-17 NLT.
- What was Paul's prayer for his friends?
- Why do you think he prayed that?
- What are some reasons people may not want to pray?
- What's one question you have about prayer?

APPLICATION

- Do this: pass out the provided prayer journal and fill out the first day's prompts during group. Encourage your students to take theirs home and continue it in over the remaining days on their own this week. The goal is to encourage students to help students pray every day this week.
- How has reading the devotionals been going? Double bonus next step, let's do one together again this week! (But if you feel like two next steps may be too many to start, it's ok to pick one. But if you feel ready to take two steps to grow your faith and connect with God - let's do this!)

COMMUNITY BUILD

- How can we connect outside of small group time and have fun together?

PRAY

We are going to close in prayer.
What prayer requests do y'all have?

EPHESIANS 1:16b-17 NLT

"I pray for you constantly, asking God, the glorious Father of our Lord Jesus Christ, to give you spiritual wisdom and insight so that you might grow in your knowledge of God."

NOTES