



OPTIONAL BONUS LESSON 2

LEADER PREP

MAIN POINT

Talking to God helps us know Him better.

SCRIPTURE

Ephesians 1:15-17 NIV
Psalm 145:18 NIV

GOAL OF SMALL GROUP

For students to identify new areas of their lives that they can start talking to God about and be encouraged to do so.

THINK ABOUT THIS

At this phase, students are wired for embracing challenges and passionately pursuing new experiences. Challenge your students to talk to God every day this week. Invite them to make it a routine. Next week or in your group text, ask them how it went.

DISCUSSION QUESTIONS

THE CHECK IN

- How was everyone's week? Share Highs & Lows.
- What's your favorite vending machine snack?
- Someone recap the main point of the message in your own words.
- What do you think would happen to your friendship if you only allowed each other to talk about serious topics? (Ex: politics, stress, family issues, etc.)
- What about if you only talked about surface level topics? (Ex: weather, what you ate for lunch, etc.)

THE WORD

- We define prayer as talking to God about anything at any time. What do you think keeps people from talking to God about some things?
- READ Ephesians 1:15-17 & Psalm 145:18. In your own words, how can we know God better?
- In your own words, why is prayer important?
- What obstacles keep us from praying?
- What are some ways we can overcome those obstacles?

APPLICATION

- DO THIS: Pass out a card and/or have each student pull up a new note on their phone. Give your students time to connect with God by writing a sentence or two prayer to Him in each of these categories:
 - Saying thanks.
 - Being honest.
 - Giving praise.
 - Asking questions.

COMMUNITY BUILD

- How can we encourage one another to talk to God?
- How can we connect outside of small group time and have fun together?

PRAY

We are going to close in prayer.
What prayer requests do y'all have?

Ephesians 1:15-17 NIV

" For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, ¹⁶ I have not stopped giving thanks for you, remembering you in my prayers. ¹⁷ I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better."

Psalms 145:18 NIV

"The Lord is near to all who call on Him, to all who call on Him in truth."

NOTES