



OPTIONAL BONUS LESSON 3

LEADER PREP

MAIN POINT

Worshiping God helps us know Him better.

SCRIPTURE

Psalms 95:1-2 NIV

Colossians 3:23 NIV

GOAL OF SMALL GROUP

For students to move from seeing worship as just singing, to worship being a part of their daily lives.

THINK ABOUT THIS

Teens can easily find themselves idolizing and obsessing over the things that interest them.

Teenagers are wired to exhaustively explore the people, objects, and ideas that matter most to them. You can use this to help them connect with the idea of worship, but be careful not to invite shame into the conversation by saying that they should be more excited about God than celebrities, their interests, or brands (even though they should). This shuts down the conversation and doesn't inspire them to be more hyped about God.

DISCUSSION QUESTIONS

THE CHECK IN

- How was everyone's week? Share Highs & Lows.
- Someone recap the main point of the message in your own words.
- How is singing with people at a concert or sporting events the same or different from singing with people at church?

THE WORD

- READ Psalm 95:1-2. In your own words, how can we worship God through music?
- On a scale of 1-10, how comfortable are you with signing to God around others? Alone?
- What are some of your favorite worship songs or bands?
- READ Colossians 3:23. In your own words, how can we worship God with our actions?
- What are some different ways we can grow our habit of worshiping God?

APPLICATION

- *Worshiping through music:* How could we collaborate together on a Spotify worship playlist, or some other way of sharing worship music together?
- *Worshiping through action:* Let's make a list together - what are different things we could do this week to worship God with our actions (beyond signing?)
- Encourage everyone to set a goal for how they can worship God this week and share it with the group (for larger groups who are short on time, have students divide into groups of 2 or 3).

PRAY

We are going to close in prayer.

What prayer requests do y'all have?

Psalm 95:1-2 NIV

"Come, let us sing for joy to the Lord;
let us shout aloud to the Rock of our salvation.
2 Let us come before Him with thanksgiving
and extol Him with music and song."

Colossians 3:23 NIV

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,"

NOTES