



TO THE RESCUE | WEEK 4 | MAY 28, 2023

Preschool Lesson

Rebekah Helps

Bible Story: God made me to look for ways to help. Rebekah Helps • *Genesis 24:15-20*

Memory Verse: “We have the Lord our God to help us.” 2 Chronicles 32:8, NLT

Key Question: Who made you to help others?

Bottom Line: God made me to help others.

Basic Truth: I am made by God to reflect His Image (act like Him).

KID CONNECT:
10 MINUTES

LARGE GROUP:
15 MINUTES

SMALL GROUP
20 MINUTES

LEADER BIBLE STUDY

When given the opportunity, preschoolers are ready and willing to help because it shows the world, they are big and can do things that matter. Need help stirring in the kitchen? Preschoolers to the rescue! Need help carrying groceries? Preschoolers to the rescue! Need help entertaining a fussy baby? Preschoolers to the rescue!

Could it be that the real reason preschoolers want to help is that God made them to help? We think so! That is why we will be spending this month answering the question, “Who made you to help?” God made me to help! That’s who! After all, God is the ultimate helper, and we are all made in God’s image.

Story Focus: **God made me to look for ways to help.** Rebekah goes above and beyond when it comes to being a helper. When a man asks her for a drink of water, she gladly gives it to him, and then she gives water to ALL of his camels, too! Rebekah comes to the rescue and shows us that when you look for ways to help, you’ll find them.

KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your small group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come sit with me. I am so glad to see you here. I love being here with you!

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

We have (bent hands to chest)
the Lord our God (point up)
to help us, (thumb up on palm)
2 Chronicles 32:8. (Open hands like a book.)

"Ok, Now let's sing and worship God!"

WORSHIP

(VIDEO: MADE BY YOU, VERY BIG THINGS)

Sing the worship songs together.

INTRO SKETCH

(*"Look for Ways to Help"* Activity Page, Binoculars, Story Box)

LGL brings the story box with the props inside to the middle. You should already have the "Look for Ways to Help" pictures taped up around the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the binoculars.

Oooo, binoculars. These help us look around. When you look through them, it makes things that are far away seem closer. Did you know that you can make pretend binoculars with your hands? Like this! *(Demonstrate)* Can you try? Let's see them.... *(Pause)* Nicely done!

Let's use our binoculars to *look* for different places that we can help.

Encourage kids to look around the room at the different pictures you have placed around the room. Comment on the different places that they can help others.

There are so many places that we can look around and see if we can help! The lady in our story today - Rebekah - looked for ways that she could help. Let's watch our story.

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

We can look for ways to help at the park! We can look for ways to help at school! We can look for ways to help at home! We can look for ways to help everywhere.

“Now when I ask, ‘Who made you to help others?’, I want you to say, *[Bottom Line]* ‘God made me to help others!’ Ready? Who made me to help others?” (*God made me to help others!*)

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

“Our Basic Truth says, ‘I am made by God to reflect His Image. We are made in the image of God, so we are able to act like Him. Because God helps us, we can help others!’

PRAY

“Let’s pray together. (*Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap”*)

Dear God, thank You for loving us and teaching us to help! Rebekah looked for ways to help, and we can, too! Will you show us ways that we can help this week? We love You, God. In Jesus’ name, we pray, amen.

PRAY AND TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: God made me to look for ways to help. Rebekah Helps • *Genesis 24:15-20*

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Key Question: Who made you to help others?

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HELPING HANDPRINTS

(“Helping Handprints” Activity Page, Crayons)

What You Do:

Before the Activity: Copy “Helping Handprints”, one per child. Write each child’s name on their paper. **OPTIONAL:** To save time during small group, consider tracing kids hands during arrival. Just be sure to write their name on the paper!

During the Activity: Help children trace their hand onto the middle of the paper. Your older kids may be able to do this themselves.

After the Activity: Review the Bible story.

What You Say:

Before the Activity: “Friends, sit at the table with me. We’ve been learning that God made us to help, and there are lots of different ways we can help. Let’s make a picture with our handprints.”

During the Activity: “What do you see on your paper? *(Pause.)* That’s right, a kitchen, a playground, a house, and classroom. In each of these places, do you see ways that you can help? How can you help? *(Go through each picture and have kids suggest ways that they can help in each place).*

Those are all great ideas. We can all lend a helping hand to someone who needs it. In fact, let’s draw a helping hand on your pictures! *(Help kids trace one of their hands onto the middle of the paper. Kids can color once they’ve finished.)*

After the Activity: “In our story today, a woman named Rebekah went to a well to get water. While she was there, she saw a man with ten camels! The man asked her to share a little water with him. Rebekah was happy to help, so she gave the man water. Then she got water for his ten camels, too! God made Rebekah to help, and God made us to help, too. Everywhere we are, we can look for ways to help. **Who made you to help others? [Bottom Line] God made me to help others.**”

HAPPY TO HELP

(“Happy to Help” Activity Page, Floor Tape)

What You Do:

Before the Activity: Copy “Happy to Help”, one set per small group.

During the Activity: Sit on the floor by a wall and gather the children around you. Either tape the story pictures, in order, to the wall or simply lay the out on the floor for kids to see. Each time you tape a story picture to the wall, review that part of the story and lead the children in doing an action that goes with that part of the story.

After the Activity: Talk about how Rebekah looked for ways to help and so can we because God made us to help.

What You Say:

Before the Activity: “Hi, friends! Come sit with me. We’re going to talk about today’s Bible story.”

During the Activity: “In our Bible story today, there was a man standing by a well praying. *(Tape the picture of the man praying to the wall.)* A well is a place where people get water, and praying is talking to God. Let’s put our hands together, close our eyes, and talk to God like the man did. “Dear God, thank You for helping us. Amen.”

“When the man finished praying, he saw a woman named Rebekah. He asked Rebekah for a drink of water. *(Tape the picture of the man drinking water to the wall.)* Rebekah was happy to help the man, so she gave him a drink of water. Let’s pretend we’re drinking water, too. Hold out your pretend cup, like this, and drink your water. *(Pretend you’re holding a cup and drinking water.)*

“Rebekah looked for another way she could help the man. *(Tape the picture of the camels drinking water to the wall.)* When Rebekah saw that the man had ten camels with him, she told him she would give all of his camels water, too. And that’s what she did! Rebekah scooped and poured water for all ten of the man’s camels! Let’s stand up and pretend we’re scooping water out of a well and pouring it for camels to drink. Everyone, scoop and pour with me!” *(Make a scoop and pour motion.)*

After the Activity: “Rebekah looked for ways to help, and God made us to look for ways we can help, too. **Who made you to help others? [Bottom Line] God made me to help others.**”

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster - 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

We have (bent hands to chest)
the Lord our God (point up)
to help us, (thumb up on palm)
2 Chronicles 32:8. (Open hands like a book.)

PRAYER

“Let’s pray together. *(Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap”)*

“Dear God, thank you for sending your Son, Jesus, to be our friend forever. He is so kind and teaches us how to love everyone. And He can do amazing things that only He can do! Jesus is SO worth celebrating! We love you, God. In Jesus’ name, amen.”

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats to parents as they arrive. Encourage parents/influencers to review the Preschool lesson with their child this week.