



Episode 8: Journey

We can't control how we enter this world, but we can decide what we make of it.
Jonny

1. What are some of the decisions YOU make each day. eg. what to wear?

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2. Read the **Parable of the Sower** in Matthew 13:1-23

Highlight which seed you feel relates to you today

Explain why...

- The seed that fell on the path
- The seed that fell on a rocky place
- The seed that fell among the thorns
- The seed that fell on the good soil



3. The good news is; faith is a journey. We can keep moving, we need not stand still. We can cultivate the soil of our hearts and make it more receptive to the message of Jesus. Colour the boxes you think might help to cultivate the soil of your heart.

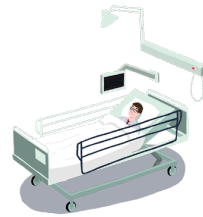
Spend more time on my games console	Read the Bible	Wear the latest style
Volunteer to help others	Give to charity	Pray more
Eat more cake	Share more	Watch more TV
Spend more time online	Get involved in my church	Complain more

Faith is more fulfilling than anything this world has to offer. *Eric*



1. After hearing Eric's story; How did it make you feel? What surprised you the most?

Write some of your thoughts below...



2. Are there any areas in your life that could be changed for the better, by choosing to follow God?

(Read Philippians 4:13)

3. Have there been tough times in your life so far that you can now see some good that came from the it?

The Origins of faith for most people... are a series of small steps or yeses over a long period of time that become this amazing adventure. *Jonny*

2. Do you think you are ready to have faith in Jesus? even if you don't have everything figured out yet...

If YES, how does it make you feel?

1. As you reflect back on your journey with NUA Origins, what have been the highlights and what things are you still unsure of?

Highlights...

Still unsure of...

3. Write a letter to God...

This is your final NUA Origins task and we hope that it will help you as you journey on from here. If you would like to, write a letter to God asking for His help as you make 3 commitments to explore and grow in your faith further. From reading the Bible, to joining a youth group, to helping others, you decide what commitments you are going to make.

*How many did you spot in the video for this Episode?

Well done!
You have completed the NUA:Origins series. We hope that you are encouraged to continue to grow in your faith. Keep this Journal as a reminder of "Your Faith Journey". God bless.

