

WEEK 1

DISCUSSION GUIDE for middle schoolers

RESTART

THIS WEEK

BIG IDEA

When you fail,
God offers you a fresh start.

BIBLE

2 Samuel 11:26–12:13;
Psalm 51:1,2,10–12; 145:8,9

ABOUT THIS WEEK

In video games, you can start over whenever you feel like it, but it's not so simple in reality. This week, we'll see how David might have wished for a way to do things differently when he was confronted by his mistakes. This story will remind us that while we can't go back and change what's already happened **when you feel like a failure, God helps you restart.**

- **If you could live in any video game for a day, what would it be? Why?**
- **Have you ever had the chance to have a restart in real life? What did that feel like?**
- **Why do you think it was hard for David to see his wrongs clearly? When Nathan told him the story, why was it easy to see what was wrong? Do you feel like you can see your wrongs clearly?**
- **Read Psalm 145:8,9. The Psalm reminds us how powerful God's mercy and love is. What would it look like to trust this is true in your life?**
- **Which one is more difficult for you: listening to trusted friends and family, admitting when you've done something wrong, or trusting God for a restart? Why? What would it look like for you to put one of those into practice this week?**
- **Today, what's one step you're going to take toward trusting that when you feel like a failure, God gives you a restart?**