

**WEEK 1**  
**LESSON OUTLINE**



**BIG IDEA**

Wise people practice what God has said.

**BIBLE**

2 Chronicles 1:7–13; James 1:22–25;  
Proverbs 1:7

**ABOUT THIS WEEK**

We have to make so many daily decisions, and without someone to coach and guide us, it's easy to feel overwhelmed. This week, we'll look at the start of Solomon's reign as king when he prepared to make decisions on behalf of the people he served. He chose to learn from God and trust God to coach him as he led the nation, reminding us how **wise people practice what God has said**.

WHAT?

Sometimes, the decisions we need to make feel complex, and what we should do seems complicated. Having a coach to help us make a good decision when things get complex would be nice. Someone who could look at what we are going through, help us create a strategy, and make the best choice. God isn't exactly like a coach, so what does it look like to listen to God's words and trust God's wisdom to help us navigate all the complicated decisions we make daily?

SO WHAT?

In 2 Chronicles 1:7–13, we read a story about King Solomon asking for wisdom to help him navigate the difficult decision he needs to make as a leader. Even though Solomon didn't always put God's wisdom into practice, the Bible wants us to see that just because he made some pretty bad calls that hurt him, there's always a fresh invitation from God to seek true wisdom again. We can focus on God's words instead of the crowd's advice and look at every decision with God's words in mind.

Jesus' brother tells us in James 1:22–25 that we shouldn't just hear what the Bible says or know what the Bible says. We should do what God's Spirit speaks to us through Scripture. And this isn't just a one-time thing. Listening to God is a regular practice we cultivate in our lives. As we do, we see that God lives alongside and through us to bring us deep peace, lasting joy, everlasting hope, and unconditional love because **wise people practice what God has said**.

NOW WHAT?

Here are a few things you could do this week to develop and grow.

- **ASK GOD FOR HELP:** God knows our strengths, weaknesses, regrets, and hopes and will help us when we ask. Ask for help in prayer, or read the book of Proverbs and see what it looks like for people to live with wisdom.
- **LISTEN TO GOD'S GUIDANCE:** Instead of picking up your phone first thing in the morning, you could sit in silence talking to God for two minutes, starting your day off prioritizing listening to God. Being still and listening takes practice and can be customized for you.
- **PRACTICE FOLLOWING THROUGH IN SMALL THINGS:** Practicing making good calls in small things helps us grow our muscle memory so that when a big decision comes, we are familiar with what it feels like to trust God to make a good call.

This week, don't just hear what God said but put it into practice because **wise people practice what God has said**.