



LIGHT BRIGHT | WEEK 4 | SEPTEMBER 22, 2024

# Preschool Lesson Tabitha Helps

**Bible Story:** *Tabitha Helps* • I love like Jesus when I help others • Acts 9:36-42

**Memory Verse:** “You are the light of the world.” Matthew 5:14, NIV

**Key Question:** Who can love like Jesus?

**Bottom Line:** I can love like Jesus.

**Basic Truth:** I am made by God to reflect His image (act like Him).

## LEADER BIBLE STUDY

*In 1967, a new toy was introduced to the world, and on the box were these words:*

*Create Beautiful Pictures With . . . Light.  
It was the LiteBrite®! The LiteBrite was an instant hit and has remained such a favorite for all these years that families are still having fun making pictures with light.*

*This month, we’re talking about a different kind of bright light. We’re talking about THE light that God sent into the world to shine bright for all the world to see. And THIS light has a name. His name is Jesus! Each time we choose to love like Jesus, we become a bright light. Just like each LiteBrite peg lights up to make a picture, each and every act of love is a bright light that makes a beautiful picture for the world to see Jesus.*

**Story Focus:** I love like Jesus when I help others. Tabitha loved Jesus and knew the most important thing Jesus taught us to do is to love people the way Jesus loves people. Tabitha was good at sewing, so she helped by making clothes for people. Helping others was how she loved like Jesus. We can love like Jesus too!

### Pre-Service Check List

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

### Morning Flow



## KID CONNECT

### WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

### OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your small group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

*Transition to Large Group...*

## LARGE GROUP

### COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

### SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

“Can everybody follow those rules today? *(Kids respond.)* Great! KidCity is a place where we learn about God and Jesus! And there are three big truths that we want you to know. Let’s say them all together! Are you ready?”

1. I am made by God. What is it? *(Kids repeat.)*
2. I am loved by God no matter what. What is it? *(Kids repeat.)*
3. I am made for a purpose! What is it? *(Kids repeat.)*

“It’s time for our memory verse. Let’s watch our memory verse motions and do it along with them!”

*Show memory verse motion video and then practice without it.*

‘You *(point to others)*  
are the light *(twinkle fingers)*  
of the world,’ *(make a circle with your arms)*  
Matthew 5:14. *(Open hands like a book.)*

“Ok, Now let’s sing and worship God!”

## WORSHIP

**(VIDEO: BE A LIGHT, LOVE LIKE JESUS)**

Sing the worship songs together.

## INTRO SKETCH

**(8x10 Clear Plastic Picture Frame, 8x10 Black Paper with 2” Heart Cut-Out in the Top Center, Flashlight, (1) Colored Cellophane Square for Each Week (W1 Red, W2 Green, W3 Blue, W4 Purple), 11x17 Piece of White Paper, Tape and Story Box)**

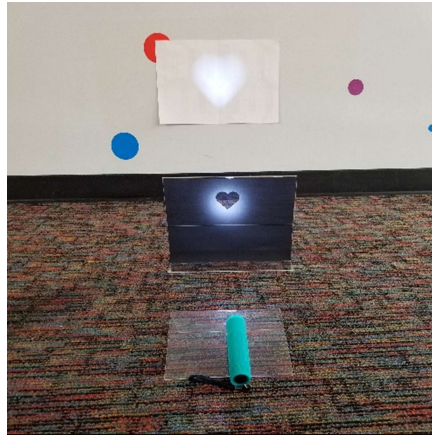
*LGL brings the story box with the props and Bible to the center of the room. You should have an 8x10 frame with an 8x10 black paper with heart cut-out in center inserted into the frame, a flashlight, a colored cellophane square for the current week, an 11x17 piece of white paper and tape.*

“I have my story box ready. I’m SO excited to see what we are learning about God today. Let’s see what I have in here...”

*Pull out the frame with the black paper inserted, flashlight, a cellophane square for the current week, the 11x17 white paper and tape.*

WOW! I have a lot of things in my story box today. A frame, a flashlight, a colored square, a piece of white paper and tape. That’s 1...2...3...4...5 things. This frame has a piece of black paper in it with a shape. Can you see what shape it is? *Put the frame up to your face and try to peer through the heart shape.* It’s a little hard to see. *Point your finger up.* I have an idea! Let me see if this flashlight will help you see the shape better.

- Place the frame on the floor facing a wall, about two feet away from the wall.
- Turn on your flashlight and shine it through the back of the frame towards the wall so the heart shape projects onto the wall. You can adjust the flashlight closer or further away from the frame to change the size and clarity of the heart.
- Tape an 11x17 piece of paper on the wall so the heart projection is even more visible (this will help identify the color when you attach the colored square to the frame).



Can you see what the shape is now? *(Pause for responses.)* YES, it's a HEART! Isn't that COOL! Now I have something even more COOL! Watch this! When I place this colored square on the frame it changes the color of the light. What color is it? *(Pause for responses.)* Yes, it's **purple!** It makes a **purple heart!** So COOL! A heart reminds us of love. This whole month we are learning we can be a bright light when we love like Jesus. Are you ready for a story? *(Pause for responses.)* Great!

Let's get our eyes and ears ready! Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound), let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been move and praising Jesus quietly in our laps.

Now we are ready. Let's watch today's true Bible story."

## WATCH THE BIBLE STORY

**(VIDEO: BIBLE STORY, BOTTOM LINE)**

"Wow! That was an amazing story! We can love like Jesus when we help others.

When I ask, 'Who can love like Jesus?' I want you to say, *[Bottom Line]* 'I can love like Jesus!' Are you ready? *(Pause for responses).* 'Who can love like Jesus?' *[Bottom Line]* 'I can love like Jesus!' You've got it! *[Bottom Line]* I can love like Jesus."

## SAY THE BASIC TRUTH

**(CG: BASIC TRUTH SLIDE)**

Let's look at our Basic Truth for today. It says, 'I am made by God to reflect His image (act like

Him). We reflect God's image and act like Him when we love like Jesus.

## PRAY

“Let's get our hands ready to pray. *Open them close them, open them close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*”

God, thank You for sending Jesus, our friend forever. We want to help others and show Jesus' love wherever we go, just like Tabitha. We love You. In Jesus' name, we pray. Amen.”

## PRAY AND TRANSITION TO SMALL GROUP

**Note for Large Group Leader and Tech:** Small Groups will rotate through (3) imagination helping stations for their first small group activity. There are (3) imagination station slides with the clean-up song attached. Please help guide kids and leaders to their first station, then pause and allow time to transition to the next station before starting the next slide.

## SMALL GROUP

**Bible Story:** *Tabitha Helps* • I love like Jesus when I help others • *Acts 9:36-42*

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## LOVING HELPERS

**(CG: IMAGINATION STATION #1, IMAGINATION STATION #2, IMAGINATION STATION #3)**

**(3 Imaginative Helping Stations [#1 Sweeping, #2 Setting Table, #Clean Toys] – Mini Brooms & Dust Pans or Sheets of Paper & Pom-Poms; Play Dish Sets to Include (4) of Each Cup, Plate, Fork, Spoon, Knife; Water Wipes or Paper Towels & Small Spray Bottles with Water, Plastic Toy Blocks or Other Plastic Toys; Clean-Up Song Rotation Slides)**

**What You Do:**

*Before the Activity:* Set up 3 Stations in your environment. One for sweeping, one for setting the table and one for cleaning toys.

*During the Activity:* Children will rotate through each station in their small groups for the time allotted. There is a visual slide in Playlister with the clean-up music (about 3 minutes) for each station.

*After the Activity:* Review Bottom Line.

**What to Say:**

*Before the Activity:* “In our story today Tabitha helped others and loved like Jesus. We can help others too and love like Jesus! Today we are going to use our imaginations and be helpers like Tabitha. We have three ways we are going to help today. One is sweeping (use broom/paper to show how to sweep), one is setting the table (show the cup, paper and utensils) and one is cleaning (show the wipe/paper towels and plastic toys). Everyone is going to help at each station. We’re going to hear our clean-up music three times. Each time you will go to a different station and be loving helpers. Are you ready?”

*During the Activity:* Help transition each group to a starting station. Are you ready? Here comes our first clean-up song. Excellent work! You were loving helpers. Now let’s go to the next station. You are such loving helpers! Let’s move to the last station. Thank you for being loving helpers!

*After the Activity:* Just like Tabitha helped in our story today, you helped and loved like Jesus. Who can love like Jesus? [*Bottom Line*] I can love like Jesus!

## I CAN LOVE LIKE JESUS (2-3'S)

(Preschool Safe Mirror)

### What You Do:

*Before the Activity:* Gather children in the middle of your activity area.

*During the Activity:* Encourage children to “move” to the mirror one at a time and ask: “Who can love like Jesus?” Answer with them: *[Bottom Line]* “I can love like Jesus!” Continue with each child and repeat as desired.

*After the Activity:* Review the Bottom Line.

### What You Say:

*Before the Activity:* “Everyone, come join me over here. We’re going to take turns moving to the mirror! When you look in the mirror, you’ll say: *[Bottom Line]* ‘I can love like Jesus!’”

*During the Activity:* “Line up behind me. [Child’s name], *run (or crawl, bunny hop, walk)* to the mirror! Who do you see? *(Pause.)* It is you! Tell me: Who can love like Jesus? *[Bottom Line]* I can love like Jesus! Great job! *Run (or crawl, bunny hop, walk)* back and get in the back of the line. Next friend, [child’s name], *run (or crawl, bunny hop, walk)* to the mirror! (Continue with each child and repeat as desired.) Now I want everyone to come to the mirror. Look at the mirror and tell me: Who can love like Jesus? *[Bottom Line]* I can love like Jesus!”

*After the Activity:* “Friends, when we love others the way Jesus loves us, we can be a bright light and show others how much Jesus loves them. Who can love like Jesus? *[Bottom Line]* I can love like Jesus!”

## LOVE PASS (4-5'S)

(Spring-loaded Clothespins – 1 per child and 6” Cardstock/Foam Hearts – 3 different colors per group)

### What You Do:

*Before the Activity:* Sit in a circle with the children. Give each child a clothespin and demonstrate how to open and close it. Practice with the children. Put the hearts in front of you.

*During the Activity:* Clip one heart in your clothespin and explain that you will pass the heart around the circle from friend to friend.

*After the Activity:* Review the Bottom Line.

### What You Say:

*Before the Activity:* “Hi, friends! Come sit in a circle with me. I have a game for us to play where we can spread the love.” Before we get started, I have these hearts. Hearts remind us of love. Let’s pass them around the circle to each other and spread the love. That was pretty easy wasn’t it. *(Pause for responses.)* Sometimes spreading love can be hard. We’re going to pass these hearts again but this time I’m going to give you a clothespin to use. To open and close the pin you use the muscle in your fingers to push in and slowly open.”

*During the Activity:* “I’m going to turn to the friend next to me, [child’s name], and pass the heart. [Child’s name] will pinch the heart with their clothespin and when they have it, I will pinch my clothespin and let it go. Then [child’s name] will turn to the friend next to them and we’ll keep going and going until it makes it back to me. Let’s practice. (*Pinch a heart in your clothespin and pass it to the friend next to you.*) Here it comes. (*Help guide the process with your words.*) Great job, everyone! Let’s do it again with this [color] heart!” (Repeat as desired.)

*After the Activity:* “You helped each other play the game of passing the heart—the love—around our circle! When you were helping each other, you were loving like Jesus! Who can love like Jesus? [*Bottom Line*] I can love like Jesus!”

## MEMORY VERSE WITH MOTIONS

**(Memory Verse Motions Poster – 1 per group)**

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

‘You (*point to others*)  
are the light (*twinkle fingers*)  
of the world,’ (*make a circle with your arms*)  
Matthew 5:14. (*Open hands like a book.*)

## PRAY

“Let’s pray together. (*Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.”*)

Dear God, thank You for people like Tabitha who love like Jesus and help others. We want to love like Jesus and help others too. Thanks for sending Jesus to be our friend forever. In Jesus’ name, we pray. Amen.”

## “EXTRA TIME” ACTIVITY

**(No Supplies)**

**What You Do:**

*Before Activity:* Gather children in a circle. You can stand or sit.

*During Activity:* Encourage children to introduce themselves using a funny voice and then ask the rest of the children in the group to mimic that voice as they say hello to their friend.

*After Activity:* Reinforce how glad you are that each child is here.

**What You Say:**

*Before Activity:* “I have a fun game for us to play as we wait to be picked up. Let’s sit down/stand up in a circle.”



*During Activity:*

“We’re going to take turns introducing ourselves by saying ‘Hello, my name is \_\_\_\_.’ in a funny voice and then the rest of our friends are going to say hello back to us using the same funny voice. Let me show you, (introduce yourself using a robot voice) ‘H-e-l-l-o m-y n-a-m-e i-s [small group leader name]’, now it’s your turn to say hello to me using a robot voice, ‘H-e-l-l-o [small group leader name]’. Great job! Know it’s your turn. [Child’s name], it’s your turn. Say your name using a funny voice.

Different Voice Suggestions:

- Alien Voice
- Deep Loud or Quiet Whisper Voice
- Fast or Slow Voice
- Happy or Sad Voice
- Mouse Voice
- Princess Voice
- Silly Voice
- Singing Voice
- Whale Voice

*After Activity:* “That was so much FUN! I’m so glad each of you are here today. You are amazing and wonderful, and I love spending time with you!

## **CONNECT WITH PARENTS/INFLUENCERS**

**(First Look Placemats - 1 per child)**

Hand out placemats to parents as they arrive. Encourage parents/influencers to review the Preschool lesson with their child this week.

