

WEEK 2
LESSON OUTLINE



BIG IDEA

God can use pain to shape you into the image of Jesus

BIBLE

Job 2:1–10; Romans 8:26–29;
Psalm 34:18

ABOUT THIS WEEK

Sharp turns are a thrilling part of roller coasters, but after slamming our knees into the safety bar for the fourth time, our bodies are ready for the ride to end. This week, we'll hear Job's story as he inspires us to live through pain and suffering without turning away from God. His faithfulness and God's response help us remember **God can use pain to shape you into the image of Jesus.**

WHAT?

Even though they are fun, sometimes, rides at an amusement park hurt. Like the bumper cars! They can hurt, but in a fun way. This is partially because they take something that's usually painful, a car crash, and turn it into something exciting. This is fine for a ride, but in life ... not so much. Sometimes, we get hurt and not in a fun way like bumper cars. What do we do when the bumper car ride of our life loses the bumpers and crashes? Who can help us then?

SO WHAT?

In the book of Job, we see that Job had a lot going for him, but then Job's life changed drastically—and not in a good way. Even though he was faithful to God, suddenly, he lost all of his wealth and business, and as if that wasn't enough, his kids died in a natural disaster. Job acknowledged he was hurting while remaining faithful to God. He shows us we can admit our hurt and still believe God is good, working to right every wrong. Even though by the end of Job's life, all of his fortunes were restored, it doesn't change the reality of the pain he went through or the grief that came from everything that happened. Job shows us that no matter how difficult a situation may be, God is working to restore and heal every hurt we're experiencing.

In Romans 8:26–28, Paul wrote to a church that experienced its fair share of pain. He reminds us that when we don't have words for our pain, God joins us in it and cries out for and with us. God groans with us while working to bring restoration. Hurt and pain are scary, but the next time we experience it, we can be unafraid because we're learning to trust **God can use pain to shape you into the image of Jesus.**

NOW WHAT?

Here are a few things you can do to check in with God about what's happening inside you.

- **BE HONEST ABOUT YOUR FEELINGS:** Take time and talk to God to identify precisely what you are feeling.
- **BE HONEST WITH GOD:** Tell God about the pain you're experiencing and what you think about it.
- **BE HONEST ABOUT WHAT YOU NEED:** If you are in a difficult season or still trying to heal from your last one, be honest with God about what you think will help you heal.

It may take some time, but God can take our hurt and work it into something good because **God can use pain to shape you into the image of Jesus.**