



A 4-WEEK SERIES FROM THE OLD TESTAMENT ON

TRUSTING GOD

A HURT & PAIN SERIES FROM GROW'S ANNUAL TEACHING STRATEGY



CREATED WITH . . .

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ABOUT THIS SERIES

An amusement park ride can spark joy or leave you feeling more than a bit scared. There are twists, turns, and sometimes, a little bit of pain, too. Those things are true in life, too, so how can we learn to overcome our feelings of fear whenever we experience them? In this 4-week series from the Old Testament, we'll look at stories where people trusted God to help them through their difficult moments. From these stories, we'll see that **God can turn fear into courage, hurt into hope, turn wrongs into rights**, and transform our **worry into trust**.

WEEK 1

This week, we'll take a look at Esther's story to see how she lived through a scary, sudden, life-or-death situation.

BIG IDEA: With God in our corner, we don't have to be afraid.

BIBLE: Esther 7:1–6; 2 Corinthians 4:6–12; Joshua 1:9

WEEK 2

This week, we'll hear Job's story as he inspires us to live through pain and suffering without turning away from God.

BIG IDEA: God can use pain to shape you into the image of Jesus.

BIBLE: Job 2:1–10; Romans 8:26–28; Psalm 34:18

WEEK 3

This week, we'll read from the book of Amos to see how he responded to the injustices he saw in his community.

BIG IDEA: God will make wrong things right.

BIBLE: Amos 5:10–15; James 5:1–8; Isaiah 1:17

WEEK 4

This week, we'll hear the words Jesus spoke to a group filled with worry about their lives, futures, and more.

BIG IDEA: Jesus invites us to trust Him with our worries and burdens.

BIBLE: Matthew 11:28–30; Psalm 91:9–15; 1 Peter 5:7

MEMORY VERSE: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." — Romans 15:13 (NIV)