

THIS WEEK

BIG IDEA

Jesus shows us encouragement is worth repeating.

BIBLE

Mark 2:1–12; Hebrews 10:24–25;
1 Thessalonians 5:11

ABOUT THIS WEEK

Have you ever had a friend send you a song that was exactly what you needed to hear? This week, we'll hear a story about a group of friends who did everything possible to get their paralyzed friend in front of Jesus. They knew that Jesus had something their friend needed to hear, and we'll see how **Jesus shows us encouragement is worth repeating.**

- What band or song do you love that the people who know you would find surprising?
- What's the best piece of encouragement you have ever been given?
- What are some of the feelings you have when you have been encouraged? How do you feel when you need encouragement but don't get it?
- Who do you relate with most in the story? The crowd? The friends who got on the roof? The paralyzed man? The disciples? What would you feel if you were in their position?
- What might keep you from doing what the friends did to help their friend?
- What do you think is more challenging—to be the friend who needs help or the friend who does the helping?
- Read 1 Thessalonians 5:11. Has there been a time you felt built up by someone's encouragement? What happened? How can you do that for someone else?
- Who are some people in your life who encourage you well? What is one thing they do that you could begin doing?
- What is something that holds you back from encouraging others? What would it look like to move past that this week?
- Who is one person you can encourage this week, and what will you do to encourage them?



INSTRUCTIONS: Make a small group playlist. Have each person pick a song to add to a playlist your group can listen to this week to help reflect on what it looks like to encourage others.