

WEEK 3 LESSON OUTLINE



BIG IDEA

Jesus shows us caring is worth repeating.

BIBLE

Mark 1:40-45; Psalm 146:6-10; Romans 13:8

ABOUT THIS WEEK

One of the ways we can show our friends we care about them is by making a custom playlist for them. This week, we'll hear a story about how Jesus helped care for someone he met while traveling. Jesus took care of this man's needs in a way that only he could, and by doing so, **Jesus shows us that caring is worth repeating.**

WHAT?

SO WHAT?

A solid playlist can be a lifesaver if you are going through something difficult. Music can sometimes express our needs better than we can. When friends feel alone or isolated, sending them songs they can listen to on repeat can help ease the tension. But we also want to help in bigger ways! What do we do when we want to show them we care but don't know how?

In Mark 1:40–45, we see that Jesus was starting to become well-known as a healer and teacher, so it makes sense that when a man with leprosy saw him, he ran up to him and begged Jesus to "make him clean." Jesus was moved with compassion by what was happening to him. He had an outburst of sympathy and frustration when he saw how broken this situation was. This man was neglected, and no matter how sick or what had happened, he didn't deserve to be ignored. Jesus repeatedly shows us what it looks like to care for others and be moved by compassion to help heal the brokenness we see around us.

Like the healed man after his encounter with Jesus, Psalm 146 is filled with hope. It's a Psalm that worships God for being a faithful protector. God is described as being on the side of people who are pushed down and overlooked. God isn't quietly sitting on the sidelines hoping those hurting get helped. And this is why **Jesus shows us caring is worth repeating.**

Here are a few ways you can care for the needs of others this week.

- **SEE THE NEED.** Seeing a need is as much about being with people as it's about checking in on the people we care about. Ask your friends how they're doing, and if they share a need, thank them for their honesty, and then shoot them a text telling them you are thinking and praying for them.
- **FEEL THE NEED.** Start caring for others this week by thinking about what it might be like to be in someone else's situation. How would you feel? How would you respond? Caring for others isn't just setting out to fix a problem but also identifying the feeling that motivates us to act.
- RESPOND TO THE NEED. Try to notice one need in someone around you this week, put a plan into place, and do something about it.

Imagine what it could look like in the life of our community if we noticed others and were moved with compassion to do something to help. Remember, Jesus shows us caring is worth repeating.

NOW WHAT?