Your sister takes the toy you were playing with after school.

- A. You take a second to ask God for help with your anger before kindly asking for it back.
- B. Full of frustration, you go take some of her toys to play with.

Your parent says you can't play with your friends outside until your homework is done.

- A. While doing your homework, you take some time to talk about your feelings with God.
- B. You rush through your homework for a few minutes, then run outside before it's really done.

Your teacher gives you a bad grade on your science project when you think you deserved better.

- A. Without taking time to think about your words, you march up to your teacher and tell why you deserved better.
- B. You take the time to talk to a trusted adult about how you could form some good words to politely ask your teacher about the grade.

Your parent blamed you for something your brother did.

- A. You yell that it was your brother's fault.
- B. You take a deep breath, then tell the truth about what happened.

Someone who you thought was a good friend didn't invite you to their birthday party.

- A. You march right up to them and tell them you didn't want to go to their party anyway.
- B. You talk about your hurt feelings with your parents and God before asking your friend about the party.

Your friend is getting picked on and you see they need help.

- A. You get a grown-up to help with the situation.
- B. You say mean things to upset the other kid who is picking on your friend.