



MONTHLY OVERVIEW

GOD VIEW:

THE CONNECTION BETWEEN RESILIENCE AND GOD'S CHARACTER, AS SHOWN THROUGH GOD'S BIG STORY

With every season comes new and different challenges but also the chance to experience incredible joy. Through sunshine or rain, storms, and blue skies, seasons and weather are important to growth, but not just for flowers and trees. How we respond to each season of life helps us grow in maturity and can spur us to a deeper faith in God. This is especially true when it comes to our emotions.

Just as seasons come and go, so do our emotions. And how we choose to handle those emotions can shape us and teach us a lot about how God cares for us. No matter what emotion we may be feeling or what we may face, because of Jesus, we can learn to trust that God knows how we feel. Jesus showed us how to face life with resilience, and because of it, we can trust God no matter what.

week ONE	BIBLE STORY Jesus Wept John 11:1-45	BOTTOM LINE When you're sad, remember you're not alone.
w е е к Т W О	BIBLE STORY Do Not Worry Matthew 6:25-34	BOTTOM LINE When you're worried, trust God.
WEEK THREE	BIBLE STORY Slow to Anger James 1:19	воттом LINE When you're angry, talk to God.
week FOUR	BIBLE STORY Paul and Silas Acts 16:16-40	воттом LINE God can help you choose joy.

MEMORY VERSE	BE STRONG, ALL YOU WHO PUT YOUR HOPE IN THE LORD. NEVER GIVE UP. PSALM 31:24, NIRV	
RESILIENCE	GETTING BACK UP WHEN SOMETHING GETS YOU DOWN	

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