

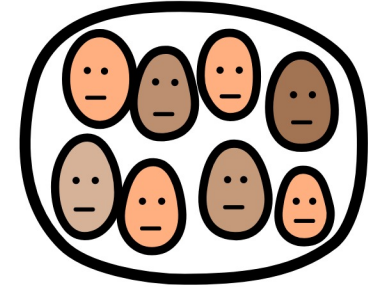
KC January 2025 Memory Verse



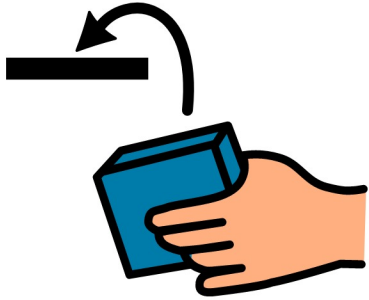
Psalm 31:24 (NIRV)



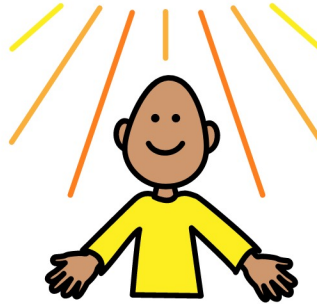
Be strong,



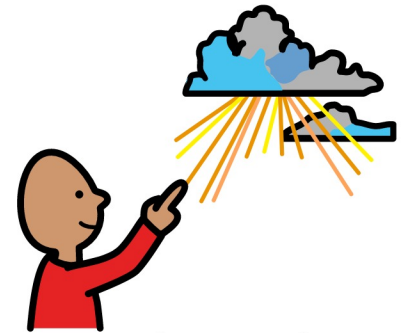
all you



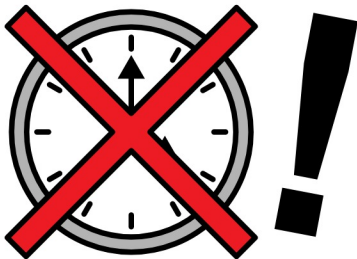
who put



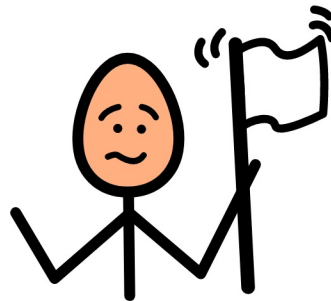
your hope



in the Lord.



Never



give up.

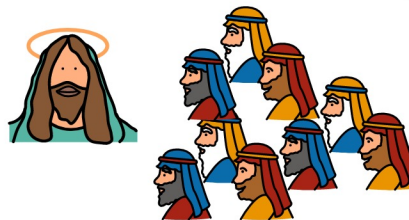
KC January 12 2025 Pg. 2



Matthew 6:25-34



Jesus spent about 3 years traveling and teaching.



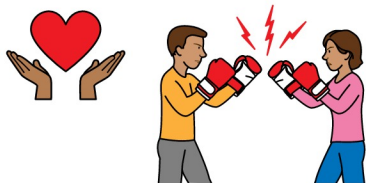
One day, Jesus went up on a mountain side and sat down to teach His disciples. A great crowd gathered around them.



The things Jesus said to them became known as the Sermon on the Mount.



"Blessed are those who are spiritually needy, the Kingdom of Heaven belongs to them.", Jesus said.



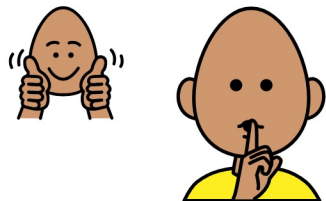
We are to love our enemies.



We are the light and salt



of the world.



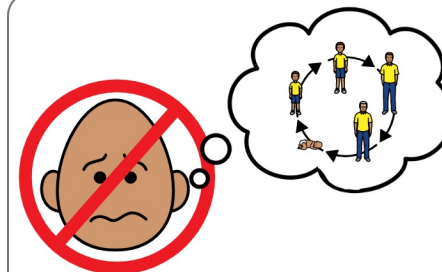
We should do good things quietly,



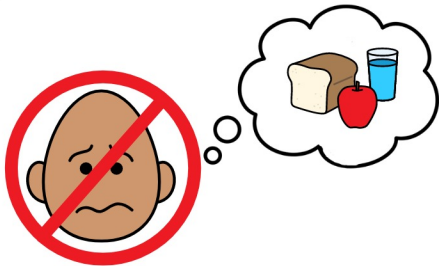
not for show.



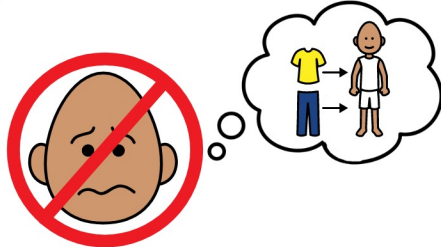
Jesus said: " I tell you, do not worry.



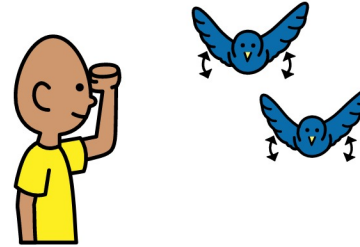
Don't worry about your life...



...and what you will eat or drink...



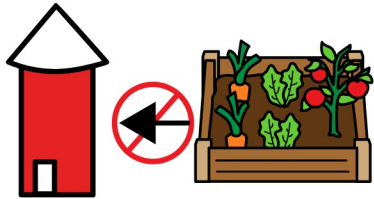
...and don't worry about your body and what you'll wear.



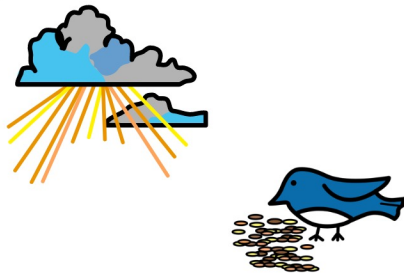
Look at the birds in the air,



they don't plant or gather crops.



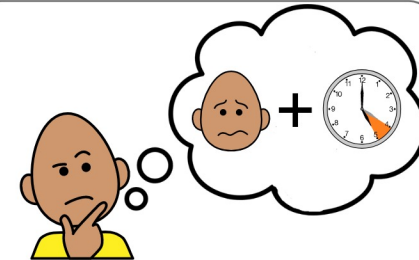
They don't put away crops in store rooms,



but the Father, who is in heaven, feeds them.



Aren't you worth much more than they are?



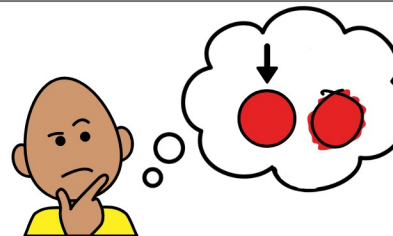
Can you add even 1 hour to your life by worrying?



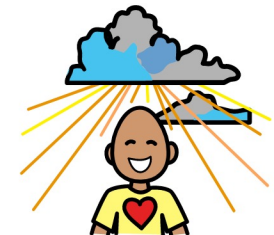
..See how the wild flowers grow. They don't work or make clothing,



but not even Solomon in all his royal robes was dressed like one of these flowers.



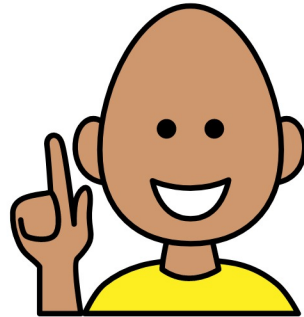
If this is how God dresses the wild grass, won't He dress you even better? "



Put God's kingdom first. Do what He wants you to do, then all those things will also be given to you.

KC January 12 2025 Life App Pg. 4

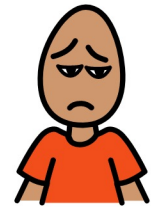
Monthly Virtue ·
Resilience



Getting back up

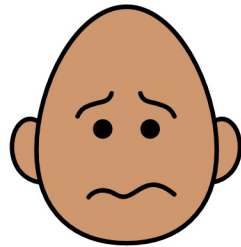


when

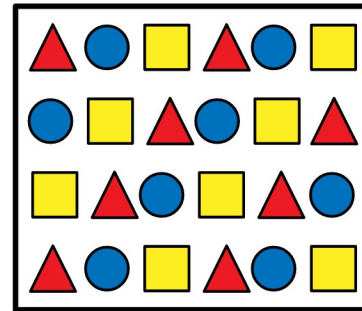


something gets
you down.

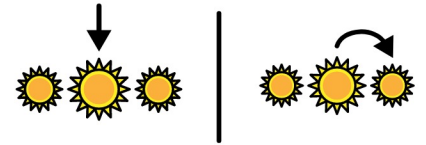
Key Question



What kinds of things
do you worry about?

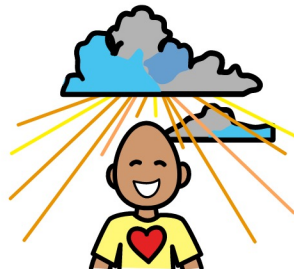


Is there a pattern?

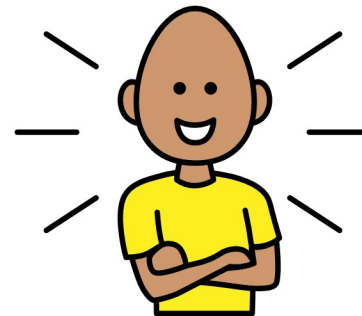


Are they "today"
things or
"tomorrow" things?

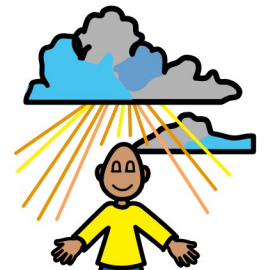
Basic Truth



I am loved by God
no matter what

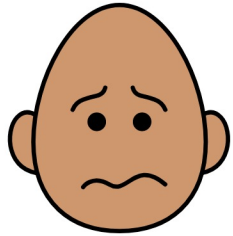


so I can be confident

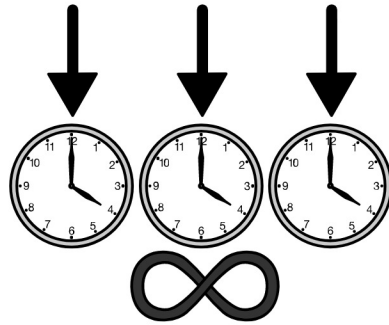


that God knows who
I am.

KC January 12 2025 Discussion Questions Pg 5



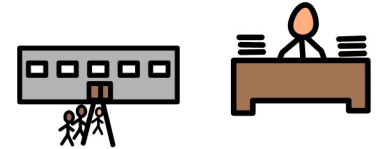
1. When should we worry?



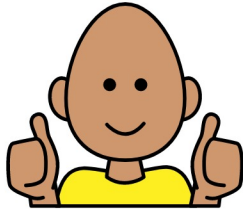
a. always



b. never



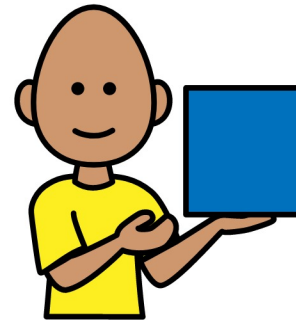
c. on Mondays



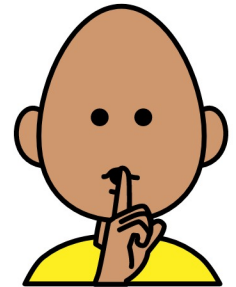
2. We should do good things _____.



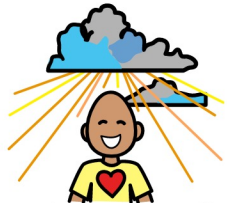
a. when we get paid



b. to show off



c. quietly

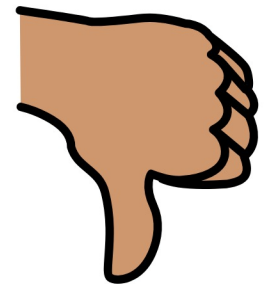


3. I am loved by God no matter what so I can be confident that He knows who I am.



True

OR



False