

WEEK 2

HIGH SCHOOL DISCUSSION GUIDE



THIS WEEK

BIG IDEA

From now on,
let Jesus give you peace.

BIBLE

Mark 4:36–41; Psalm 29:1–4, 10–11;
Philippians 4:6–7

ABOUT THIS WEEK

There are people in our lives who can bring a sense of calm to any situation. This week, we'll hear the story of when Jesus calmed a storm while he was on a boat with his disciples. Jesus can handle so much more than we could ever imagine, so **from now on, let Jesus give you peace.**

Let's Break the Ice // Discipleship Moment Follow Up

- *"If you could instantly teleport anywhere to escape a stressful moment, where would you go and why?"*
- *Last week, we challenged each other to spend 10 seconds each day reflecting on how Jesus is with you. How have you sensed Jesus with you this week?*

Bible Study

- Read Together: As a group read Mark 4:36–41 and Psalm 29:1–4, 10–11
 - *Telos Bible Page Numbers: Mark 4:36-41 (pg 978) // Psalm 29:1-4, 10-11 (pg 537)*

Discussion Questions:

- How would you have felt if you were on the boat with the disciples during the storm?
- Why do you think Jesus was able to stay calm while everyone else panicked?
- What does it mean to let Jesus give you peace before things get better?
- How can focusing on Jesus instead of chaos change how you handle tough situations?

Make it Real:

- *"What is something stressful that you're either going through or that's coming up? What would it look like for you to trust Jesus to give you peace through that thing?"*

Prayer

Group Prayer:

Share Requests:

- Ask for any prayer requests or praises to celebrate together.

Group Prayer:

- Spend time as a group asking Jesus to step into the stressful situations and celebrating how Jesus has brought peace in the past.

Discipleship Moment:

Jesus Peace: Write down one situation this week where you felt Jesus' peace or needed it. Reflect on it daily.

Partner Check-In: Pair students up and have them commit to checking in with their partner either sometime during the week or during your next gathering.