

WEEK 2

MIDDLE SCHOOL DISCUSSION GUIDE

FROM
NOW ON

THIS WEEK

BIG IDEA

From now on,
let Jesus give you peace.

BIBLE

Mark 4:36–41; Psalm 29:1–4, 10–11;
Philippians 4:6–7

ABOUT THIS WEEK

There are people in our lives who can bring a sense of calm to any situation. This week, we'll hear the story of when Jesus calmed a storm while he was on a boat with his disciples. Jesus can handle so much more than we could ever imagine, so **from now on, let Jesus give you peace.**

Let's Break the Ice // Optional Discipleship Moment Follow Up

- "If you could instantly teleport anywhere to escape a stressful moment, where would you go and why?"
- *Optional: Last week, we challenged each other to spend 10 seconds each day reflecting on how Jesus is with you. How have you sensed Jesus with you this week?*

Bible Study

- Read Together: As a group read Mark 4:36–41 and Psalm 29:1–4, 10–11
 - *Telos Bible Page Numbers: Mark 4:36-41 (pg 978) // Psalm 29:1-4, 10-11 (pg 537)*

Discussion Questions:

- How would you have felt if you were on the boat with the disciples during the storm?
- Why do you think Jesus was able to stay calm while everyone else panicked?
- What does it mean to let Jesus give you peace before things get better?
- How can focusing on Jesus instead of chaos change how you handle tough situations?

Make it Real:

- "What is something stressful that you're either going through or that's coming up? What would it look like for you to trust Jesus to give you peace through that thing?"

Prayer

Group Prayer:

Share Requests:

- Ask for any prayer requests or praises to celebrate together.

Group Prayer:

- Spend time as a group asking Jesus to step into the stressful situations and celebrating how Jesus has brought peace in the past.

(GROW DEEPER - OPTIONAL) Discipleship Moment:

Jesus Peace: Write down one situation this week where you felt Jesus' peace or needed it. Reflect on it daily.

Partner Check-In: Pair students up and have them commit to checking in with their partner either sometime during the week or during your next gathering.