

### THIS WEEK

# **BIG IDEA**

When you face temptation, ask God for help.

# BIBLE

Luke 4:1–13; Hebrews 2:18; 1 Corinthians 10:13

# **ABOUT THIS WEEK**

Movie sets are full of people—the director, producers, crew, and actors—who have an opinion about how a scene might work. But how do you know who to listen to? This week, we'll hear the story of when Jesus was tempted in the wilderness to see who he turned to when he needed direction. The choices he made when he was alone are reminders that when you face temptation, ask God for help.

## Let's Break the Ice // Optional Discipleship Moment Follow-Up:

- Jesus went out into the wilderness for 40 days without food or water. If you had to be stuck somewhere for 40 days, where would you want it to be? Where would you NOT want to be?
- Optional: Last week, we challenged one another to be faithful in prayer and we passed out the prayer cards as a reminder for us to do that. How did it go for you?

## Before We Open the Bible:

- What stood out to you from the message this week?
- How would you define temptation?
- What do you think about the fact that Jesus was tempted just like you and I are tempted? Bible Study:
  - Read together: As a group, read Luke 4:1-13; Hebrews 2:18
    - o Telos Page Numbers: pg. 1001 (Luke 4) & 1200 (Hebrews 2:18)

#### **Discussion Questions:**

- What stands out to you in the passages from Luke and Hebrews? Why?
- How does the presence of the Holy Spirit help Jesus in His time of temptation? How can we rely on the Holy Spirit when we face our own temptation?
- Often times, when faced with temptation we know the right thing to do but choose to do the opposite. Why is that?
- How can spending time with God help in these moments?

#### Make it Real:

Overcoming temptation isn't just about avoiding something, it's also recognizing that
even when we are tempted, God provides us a way to flee/avoid that temptation. What's
one thing you can do to avoid a common temptation that you often face? And what
truth from today can you hold onto to help you flee from temptation if you find yourself
in a position you don't want to be in?

### **Prayer**

### **Share Prayer Requests:**

• Ask if there are any prayer requests or ways we can celebrate what God has been doing in our lives.

### **Group Prayer:**

 Ask God for strength to resist temptation and for His guidance to help us make the right choices. Pray for His presence in our lives to help us overcome challenges and be more like Jesus.

(Grow Deeper - Optional) Discipleship Moment:

Remember Jesus' Presence: Jesus overcame temptation by recalling Scripture and focusing on the presence of God during trials. This week, try to memorize 1 Corinthians 10:13 to remember that the same Holy Spirit is with you when you face temptation.