



WATCH THIS! | WEEK 1 | MARCH 2, 2025

Preschool Lesson

Calming the Storm

Bible Story: *Calming the Storm* • Jesus can calm a storm • *Matthew 8:23-27; Mark 4:35-41; Luke 8:22-25*

Memory Verse: “And the power of the Lord was with Jesus.” Luke 5:17, NIV

Key Question: Who can do anything?

Bottom Line: Jesus can do anything.

Basic Truth: I am loved by God no matter what so I can trust God to guide me.

LEADER BIBLE STUDY

One common phrase we hear children repeat is, “Watch this!” They want us to watch their spins and cartwheels, their dance routines, and what their toys can do. It’s fun to pretend to be amazed and say, “Wow,” no matter what it is. This month, we are teaching our preschoolers to watch the One who can do anything. The One who has shown that the power of the Lord is with Him. Who is this One? Jesus, of course! Yes, this month is all about Jesus and how Jesus can do anything!

Story Focus: Jesus can calm a storm. While Jesus and His disciples are in a boat, a huge storm comes. The disciples are terrified. Jesus, however, is sleeping quite peacefully. The disciples frantically wake Jesus up. Then they watch Jesus do something they did not expect. Jesus tells the storm to stop . . . and it does! The disciples are amazed and think, “Who is this? Even the wind and waves obey Him!”

Pre-Service Check List

- HUDDLE AS TEAM → • You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → • A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow



KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

“Can everybody follow those rules today? *(Kids respond.)* Great! KidCity is a place where we learn about God and Jesus! And there are three big truths that we want you to know. Let’s say them all together! Are you ready?”

1. I am made by God. What is it? *(Kids repeat.)*
2. I am loved by God no matter what. What is it? *(Kids repeat.)*
3. I am made for a purpose! What is it? *(Kids repeat.)*

“It’s time for our memory verse. Let’s watch our memory verse motions and do it along with them!”

Show memory verse motion video and then practice without it.

‘And the power *(muscle arms)*
of the Lord *(point up)*
was with Jesus,’ *(tap finger to middle of each palm)*
Luke 5:17.’ *(Open hands like a book.)*

“Ok, now let’s sing and worship God!”

WORSHIP

(VIDEO: ANYTHING AT ALL, NOTHING YOU CAN’T DO)

Sing the worship songs together.

INTRO SKETCH

(Beginner’s Bible and Story Box)

LGL brings the story box with the Bible to the center of the room.

“I have my story box ready. I’m SO excited to see what we are learning about God today. Let’s see what I have in here...”

Pull out the Bible

What is this? *(Pause for responses.)* Yes, it’s the Bible! The Bible is God’s word and God’s word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story. Let’s see what else is in our story box today.

Nothing.

What? Nothing? Oh, that’s right, I have something to show you today *(stand up)*. WATCH THIS...I can make a really BIG clap *(spread your arms out as far as they can go and then dramatically clap them back together)*. So cool! Can you make a BIG clap too? *(Pause for responses)*. Show me! Awesome! Today we are going to hear a story about someone that can do anything.

Let’s click on our listening ears (tug on each ear, one at a time, as you make a click, click sound), let’s put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you

say shook, shook) and let's put our hands that have been move and praising Jesus quietly in our laps.

Now we are ready. Let's watch today's true Bible story."

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was an amazing story! Jesus told the storm to stop, and the wind and waves obeyed him! We are learning this month that *[Bottom Line]* Jesus can do anything!

When I ask, 'Who can do anything?' I want you to say, *[Bottom Line]* 'Jesus can do anything.' Are you ready? *(Pause for responses)*. 'Who can do anything?' *[Bottom Line]* 'Jesus can do anything!' YES! *[Bottom Line]* Jesus can do anything!"

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

Let's look at our Basic Truth for today. It says, 'I am loved by God no matter what so I can trust God to guide me.' Jesus will guide me because Jesus can do anything.

PRAY

"Let's get our hands ready to pray. *Open them close them, open them close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

Dear God, thank you for loving us and giving us your Son Jesus. Jesus calmed a storm because *[Bottom Line]* Jesus can do anything. You're the best, God! In Jesus' name. Amen."

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *Calming the Storm* • Jesus can calm a storm • *Matthew 8:23-27; Mark 4:35-41; Luke 8:22-25*

Memory Verse: “And the power of the Lord was with Jesus.” Luke 5:17, NIV

Key Question: Who can do anything?

Bottom Line: Jesus can do anything.

Basic Truth: I am loved by God no matter what so I can trust God to guide me.

CALMING THE STORM (2's-5's)

(Blue Sheet or Tablecloth- 1 per group, Origami or Toy Boat- 1 per group)

What You Do:

Before the Activity: Make the Origami Boat. Spread out the sheet on the floor in an open area.

During the Activity: Encourage children to shake the sheet when you say “Storm” and “Wind” and stop shaking the sheet when you say “Stop.” After a few rounds, place the boat on top of the sheet and repeat.

After the Activity: Review the Bible Story.

What You Say:

Before the Activity: “Friends, come and sit in a circle here around this sheet with me. It’s blue, it reminds me of (pause)... water. We can use it to review today’s Bible Story.”

During the Activity: “Everyone, pick up the edge of the sheet in front of you. Hold it very still for me while I tell you what we’re going to do. (Pause.) When you hear me say the words ‘storm’ or ‘wind,’ I want everyone to shake, shake, shake, the sheet. But when you hear me say the word ‘Stop,’ I want everyone to stop shaking the sheet and let it become still.

“Okay, here we go! One day Jesus and His friends were in a boat on the lake. Jesus was asleep on the boat when the wind started to blow. But it wasn’t just a little wind, it was a big STORM. Okay, friends let’s shake the sheet. The WIND blew the boat this way and that way and all over the place. Keep shaking. The waves grew bigger and bigger, and the disciples were afraid, so they woke Jesus up and asked Him for help. Jesus stood up and told the storm to STOP. Okay friends, stop shaking. (Pause.) Good job! The disciples were AMAZED! Let’s do it again, but this time, I’m going to add a toy boat on top of the sheet. Let’s be careful when shaking this time so no one gets hurt. (Repeat the activity.) Wow, that was fun!”

After the Activity: “Jesus could stop the wind and waves, because Jesus is God’s Son, and [Bottom Line] Jesus can do anything! Who can do anything? [Bottom Line] Jesus can do anything!”

STORMY ART (2's-5's)

(“Stormy Art” Activity Page - 1 per child and 1 per leader, Crayons- blues, grays, and greens - 10-15 per group)

What You Do:

Before the Activity: Copy “Stormy Art” one per child. Write each child’s name on their paper.

During the Activity: Play a game of stop and start as the children use crayons to draw a storm. While reviewing the story, each time you say, “storm,” the children will draw a storm. Each time you say, “stop,” the children will stop drawing. Once you have finished reviewing the story, let the children continue to draw until they have completed their pictures.

After the Activity: Review the Bottom Line.

What You Say:

Before the Activity: “Come sit with me, everyone! We’re going to draw a storm!”

During the Activity: (Hold up the crayons as you name the colors.) “When I think of a storm, I think of blue rain, gray clouds, and even green skies. We are going to play a game, and you are going to use these crayons to draw a storm on your paper. Listen for me to say the words, ‘Storm’ and ‘Stop.’ Each time I say, ‘Storm,’ you will draw a storm. *(Optional: quickly demonstrate how to draw a storm- short lines down to represent rain, large swirls or scribbles to represent wind.)* Each time I say, ‘Stop,’ you need to stop drawing until I say, ‘Storm’ again. Here we go!

“In our Bible story today, Jesus and His friends, the disciples, were in a boat. While they were in a boat, a big STORM came! Start drawing your STORM! The STORM got bigger and bigger and bigger! The wind blew, and the waves covered the boat! The disciples were very afraid of the STORM, so they asked Jesus for help. Jesus got up and He told the STORM to . . . STOP! *(Pause.)* And the STORM . . . STOPPED! The wind didn’t blow, and the waves did not cover the boat anymore. Everything was calm.

“The disciples were amazed! Jesus made the storm STOP! Wow! Only Jesus can stop a storm, because *[Bottom Line]* Jesus can do anything!”

After the Activity: “Everyone, hold up your stormy pictures. *(Look at all the pictures.)* Wow! Look at the storms you drew! And now we know Jesus can make a storm stop, because *[Bottom Line]* Jesus can do anything! Who can do anything? *[Bottom Line]* Jesus can do anything!”

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster - 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

‘And the power *(muscle arms)*
of the Lord *(point up)*
was with Jesus,’ *(tap finger to middle of each palm)*
Luke 5:17.’ *(Open hands like a book.)*

PRAY

“Let’s pray together. (Have kids “put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.”)

Jesus, thank you for loving us and for reminding us today that you can do anything. You calmed a storm because you are so powerful. Thank you for being our friend forever. We love you. In your name, we pray. Amen.”

EXTRA TIME - MEMORY VERSE FUN!

(No Supplies Needed)

What You Do:

Before the Activity: Review the Memory Verse while you do the motions with the children.

During the Activity: Encourage the children to say the verse with you in different voices (mouse, robot, lion, bird, etc.). Repeat as desired.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: “Friends, join me over here. We’re learning an awesome Memory Verse this month! Let’s say it together while we do the motions. ‘And the power (muscle arms) of the Lord (point up) was with Jesus,’ (tap finger to middle of each palm) Luke 5:17. (Open hands like a book) Great job!”

During the Activity: “I think it would be fun to say just the words of our verse in different voices. Will you try that with me? Let’s try saying it soft like a mouse. ‘And the power of the Lord was with Jesus.’ Luke 5:17. You said it so softly! Now, (lean in as you give instructions) I want us to say it loud and powerful. Ready? ‘And the power of the Lord was with Jesus,’ Luke 5:17. Wow! That was really powerful! How about if we say it like a robot? (Continue with different voices. Repeat as desired.) That was great, friends!”

After the Activity: “Jesus could help fill Peter and Andrew’s nets with tons and tons of fish because the power of the Lord was with Him! We know that [*Bottom Line*] Jesus can do anything! Who can do anything? [*Bottom Line*] Jesus can do anything!”

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.