



HAPPY DAY | WEEK 4 | APRIL 27, 2025

## Preschool Lesson

# Breakfast on the Beach

**Bible Story:** *Breakfast on the Beach* • Jesus wants to be our friend forever • *John 21:1-14*

**Memory Verse:** "I am alive forever and ever!" Revelation 1:18, NIV

**Key Question:** Who is alive?

**Bottom Line:** Jesus is alive!

**Basic Truth:** I am loved by God no matter what so I can belong in God's family forever.

### LEADER BIBLE STUDY

*What would you call a happy day? Maybe a day with no traffic, or a day when your boss gives you an unexpected bonus. How about the day you got married, or the day a child was born? All of these are happy days, but this month, we're talking with preschoolers about days that are happy because Jesus is alive. Easter is the happiest of happy days, and every day can be a happy day because Jesus is alive. What an awesome privilege we have to share the good news with preschoolers that Jesus is alive!*

**Story Focus:** Jesus wants to be our friend forever.

One day, after Jesus died and came back, Jesus' friends are fishing, and they see someone on the beach. It is Jesus! Peter is so excited that he jumps in the water and swims to the shore. The other disciples follow in the boat. When the disciples make it to the beach, they see that Jesus is cooking breakfast over a fire. There is fish and some bread. Jesus shows them that He is alive and that He wants to be their friend forever and ever.

### Pre-Service Check List

- HUDDLE AS TEAM → • You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → • A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

### Morning Flow



## KID CONNECT

### WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

### OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

*Transition to Large Group...*

## LARGE GROUP

### COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

### SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

“Can everybody follow those rules today? *(Kids respond.)* Great! KidCity is a place where we learn about God and Jesus! And there are three big truths that we want you to know. Let’s say them all together! Are you ready?”

1. I am made by God. What is it? *(Kids repeat.)*
2. I am loved by God no matter what. What is it? *(Kids repeat.)*
3. I am made for a purpose! What is it? *(Kids repeat.)*

“It’s time for our memory verse. Let’s watch our memory verse motions and do it along with them!”

*Show memory verse motion video and then practice without it.*

‘I am alive *(jump with arms up)*  
forever and ever!’ *(Twirl with arms up.)*  
Revelation 1:18.’ *(Open hands like a book.)*

“Ok, now let’s sing and worship God!”

## WORSHIP

**(VIDEO: HAPPY DAY, HE IS ALIVE)**

Sing the worship songs together.

## INTRO SKETCH

**(Story Box with Beginner’s Bible, Stuffed Ollie, and Large Easter Egg with Prop Inside for the Current Week (W1 Small Perfume Bottle, W2 Palm Leaf, W3 Rock, W4 Pretend Breakfast Food))**

*LGL brings the story box with the Bible to the center of the room.*

“I have my story box ready. I’m SO excited to see what we are learning about God today. Let’s see what I have in here...”

*Pull out the Bible*

What is this? *(Pause for responses.)* Yes, it’s the Bible! The Bible is God’s word and God’s word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story. Let’s see what else is in our story box today.

*Pull out Stuffed Ollie and Large Easter Egg with Prop Inside for Current Week*

What is this? *(Pause for responses.)* Yes! It’s an Easter Egg! Should we open it and see what’s inside? *(Pause for responses.)* Of course we should! *(Open Egg and Pull out the prop for the current week.)* Do you know what this is? *(Pause for responses.)* It’s food! Is this food you would eat for breakfast or dinner? *(Pause for responses.)* Yes, you would eat this food for breakfast. Today we are going to hear a story about someone who was cooking breakfast on the beach.

Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound), let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been move and praising Jesus quietly in our laps.

Now we are ready. Let's watch today's true Bible story."

## WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was an amazing story! Who was cooking breakfast on the beach? *(Pause for responses.)* Yes, Jesus was cooking breakfast for his friends. Jesus died and came back. *[Bottom Line]* Jesus is alive, and Jesus wants to be our friend forever.

When I ask, 'Who is alive?' I want you to say, *[Bottom Line]* 'Jesus is alive.' Are you ready? *(Pause for responses.)* 'Who is alive' *[Bottom Line]* 'Jesus is alive!' YES! *[Bottom Line]* Jesus is alive"

## SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

Let's look at our Basic Truth for today. It says, 'I am loved by God no matter what so I can belong to God's family forever.' Jesus wants to be your friend forever. When you receive Jesus as your friend, you are in God's family forever.

## PRAY

"Let's get our hands ready to pray. *Open them close them, open them close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

Dear God, thank You for loving us so much that You gave us Jesus. Now every day can be a happy day because *[Bottom Line]* Jesus is alive, and Jesus wants to be our friend forever. We love You, God. In Jesus' name. Amen."

## TRANSITION TO SMALL GROUP

## SMALL GROUP

**Bible Story:** *Breakfast on the Beach* • Jesus wants to be our friend forever • *John 21:1-14*

**Memory Verse:** “I am alive forever and ever!” Revelation 1:18, NIV

**Key Question:** Who is alive?

**Bottom Line:** Jesus is alive!

**Basic Truth:** I am loved by God no matter what so I can belong in God’s family forever.

## BREAKFAST TIME (2’s-5’s)

(“Breakfast Time” Activity Page – 1 pre-folded per child, Crayons, Optional: Breakfast Stickers)

**What You Do:**

*Before the Activity:* Copy “Breakfast Time” activity page, one per child. Fold each child’s paper as indicated. Say the Memory Verse and do the motions with the children.

*During the Activity:* Encourage children to color their picture. Then, help fold together and tape the tab to secure.

*After the Activity:* Connect the Memory Verse to the Bottom Line.

**What You Say:**

*Before the Activity:* “Come stand with me, and let’s say our verse together as we do the motions.

‘I am alive (*jump with arms up*)

forever and ever!’ (*Twirl with arms up.*)

Revelation 1:18.’ (*Open hands like a book.*)

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Let’s do it one more time. (*Repeat the above verse and motions.*) Great job!”

*During the Activity:* “Sit down in a circle, and let’s make something to put on your table at home. Tell me: Who is that on your paper? (*Pause.*) Yes! That’s a picture of Jesus! And the words underneath are our Memory Verse. Color your picture. Then I’ll help you put it all together. (*Pause.*) Great, now we’ll fold it together to make a triangle like this, and put some tape on the edge, so it stays together. (*Pause.*) Super-duper! See how it stands up? You can put Jesus on your table at home so you can have breakfast with Jesus.”

*After the Activity:* “The Bible teaches us that Jesus went away and came back—just like He said He would. Jesus came back and wanted to show His friends how much He loved them, so Jesus made breakfast on the beach for them. Let’s all celebrate that [*Bottom Line*] Jesus is alive! Who is alive? [*Bottom Line*] Jesus is alive!”

## ROW, ROW, ROW (2's-5's)

(Flat Sheet - 1 per group)

### What You Do:

*Before the Activity:* Create a boat on the floor with a sheet.

*During the Activity:* Encourage children to get in the “boat,” pretend to explore then row, and sing the words below to the tune of, “Row, Row, Row the Boat.”

*After the Activity:* Review the Bible Story and Bottom Line.

### What You Say:

*Before the Activity:* “Friends, let’s pretend this is a boat! Carefully climb in everybody! We’re going to explore and row!”

*During the Activity:*

**First Explore:** “I love being in the boat on the water. Oh, wow I need to use my pretend binoculars! (Hold up your hands, use your fingers to make a circle, and lift both hands up to your eyes to make binoculars.) I see a big bird! Now, [child’s name] you use binoculars and tell me what you see. (No wrong answers, make it fun! Continue until all children have had a turn.) That was fun. We saw all kinds of neat things from the boat like (name the things the children named)! WAIT! (Hold up your pretend binoculars). I SEE JESUS!”

**Next Row:** “Now how do we make this boat move? (Pause.) We have to row it! Move your arms like this. (Hands in fist facing down, elbows out and hands moving in a circular motion away from your body and back towards your body.) While we row, let’s sing this song.

“Row, row, row, your boat.  
It’s Jesus that we see.  
Jesus is waiting there,  
With breakfast for us to eat.  
(Repeat as many times as desired.)  
“Great job, friends!”

*After the Activity:* “In our Bible Story, the disciples were fishing when they saw Someone on the beach. Who did they see? (Pause.) Yes! It was Jesus! Peter jumped out of the boat and swam to Jesus while the other disciples rowed their boat to shore. Jesus was making breakfast on the beach for them! Jesus showed them that He is alive and that He would be their friend forever and ever. Wow! What a happy day! And today is a happy day, too, because [Bottom Line] Jesus is alive! Who is alive? [Bottom Line] Jesus is alive!”

## MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster - 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

‘I am alive (jump with arms up)

forever and ever!' (*Twirl with arms up.*)  
Revelation 1:18.' (*Open hands like a book.*)

## PRAY

"Let's pray together. (*Have kids "put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap."*)

Dear God, we are so happy that [*Bottom Line*] Jesus is alive, and Jesus wants to be our friend forever. I pray every person here will want to be Jesus' friend forever too. We love You, God. In Jesus' name. Amen."

## PARENT PICK UP ACTIVITY - READ THE STORY

(*The Beginner's Bible*)

What You Do:

- Open up the Beginner's Bible to today's story (A Net Full of Fish, page #462) and read it to your small group.

## CONNECT WITH PARENTS/INFLUENCERS

(*First Look Placemats - 1 per child*)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.