

NOW WHAT - WEEK 1

HIGH SCHOOL DISCUSSION GUIDE

THIS WEEK

BIG IDEA

Even in our doubt and disappointment, Jesus is walking with us

BIBLE

Luke 24:13-35

ABOUT THIS WEEK

We meet two disciples walking away from Jerusalem, discouraged and confused after Jesus' death. But Jesus shows up in their confusion, walks with them, and opens their eyes to hope again. This week is about making space for your questions, realizing you're not alone in them, and trusting that Jesus is closer than you think—even when you don't recognize Him.

Let's Break the Ice

- What's something in life you've looked forward to for a long time, but when it was over, left you wondering "Now What?" OR What is something coming up that you're really excited for?

Before We Open Our Bibles

- Can you recall a time in your life where you felt closest to God?
- Why do you think spiritual "highs" can be followed by spiritual "lows"?

Bible Study

- Read Together: If reading the passage together would be a good refresher, as a group read Luke 24:13-35 (*Telos Bible Page Numbers: Luke 24:13-35 (pg 1029)*)

Discussion Questions:

- Why do you think the disciples didn't recognize Jesus right away?
- Jesus listens to their questions and doubts before speaking truth. What does this say about how Jesus deals with our doubt?
- What's the difference between "knowing the facts" about faith and having real understanding?
- The disciples' eyes were opened once Jesus broke bread and gave it to them. How can communion and other practices like it open our eyes to Jesus?
- Why do you think spiritual moments sometime make more sense in hindsight?

Make it Real:

- When you experience spiritual dryness or doubt, what's your usual response?
- What does it look like to walk with Jesus even when you're unsure of where the path is going?

Prayer

Group Prayer:

- Challenge everyone, to be honest in their prayer time - share one question or doubt you have with God.
- Take prayer requests.

Discipleship Moment: "Hearts on Fire"

- In Luke 24, the disciples said their hearts "burned within them." Journal about a time when you sensed God was speaking to you—maybe through a moment in worship, Scripture, or prayer. Then write out any doubts or questions you have right now and end with a short prayer asking God to reveal Himself again.