

# NOW WHAT - WEEK 1

## MIDDLE SCHOOL DISCUSSION GUIDE

### THIS WEEK

#### **BIG IDEA**

Even in our doubt and disappointment, Jesus is walking with us

#### **BIBLE**

Luke 24:13-35

### **ABOUT THIS WEEK**

We meet two disciples walking away from Jerusalem, discouraged and confused after Jesus' death. But Jesus shows up in their confusion, walks with them, and opens their eyes to hope again. This week is about making space for your questions, realizing you're not alone in them, and trusting that Jesus is closer than you think—even when you don't recognize Him.

#### **Let's Break the Ice**

- The Road to Emmaus is believed to have been around 7 miles long. Would you rather walk 7 miles alone or ride a rollercoaster with someone you don't know?

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#### **Before We Open Our Bibles**

- What's one thing that stood out to you from the message this week?

#### **Bible Study**

- Read Together: If reading the passage together would be a good refresher, as a group read Luke 24:13-35 (*Telos Bible Page Numbers: Luke 24:13-35 (pg 1029)*)

#### **Discussion Questions:**

- What were the two disciples feeling as they walked down the road?
- How did Jesus respond to their questions and their doubts?
- Have you ever felt like God was far away, but then realized later that He was actually with you the whole time?

#### **Make it Real:**

- What are some things that make you feel confused or disappointed about your faith sometimes?
- Why do you think it's important to remember that Jesus walks with us even in those moments?

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#### **Prayer**

**Share Requests:** What's one thing you're doubting or unsure about in your faith?

**Group Prayer:** Ask Jesus to help you see Him more clearly, even when things feel confusing

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#### **(OPTIONAL- Grow Deeper) Discipleship Moment: "Hearts on Fire":**

- In Luke 24, the disciples said their hearts "burned within them." Journal about a time when you sensed God was speaking to you—maybe through a moment in worship, Scripture, or prayer. Then, write out any doubts or questions you have right now and end with a short prayer asking God to reveal Himself again.