



SO BIG | WEEK 2 | MAY 11, 2025

Preschool Lesson

Aaron and Hur Help Moses

Bible Story: *Aaron and Hur Help Moses* • God gives us people to help us do big things • *Exodus 17:8-13*

Memory Verse: "I know that God helps me." Psalm 54:4, NIV

Key Question: Who helps you do big things?

Bottom Line: God helps me do big things.

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

LEADER BIBLE STUDY

There was a time when learning how to tie our shoes was a big thing. Walking into a new preschool class was a big thing. And sleeping in our own bedroom by ourselves, that was a really big thing—like SO BIG! And now that we're all grown up, the big things keep coming. God is going to give our preschoolers big things to do. God is going to give them little things to do. And whether it's a big thing or a little thing, we want our preschoolers to know that they have the Lord our God to help them. God helps me do big things!

Story Focus: God gives us people to help us do big things. Moses is the leader of God's people, and God's people are attacked. As long as Moses holds his staff in the air, God's people are winning. But when Moses' arms get tired and he lowers the staff, God's people start losing. Moses needs help, so that's what God gives him. Moses' friend, Hur, and his brother, Aaron, put a rock behind Moses for him to sit on. Then, they each hold up one of Moses' hands. The result? Not only did God's people win the battle, but Moses got to experience God giving him people to help him, which is a pretty big thing too!

Pre-Service Check List

- HUDDLE AS TEAM → • You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → • A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow

Doors
Open
9:15/11:00

Kid
Connect
9:35/11:20

Large Group
Starts
9:40/11:25

Small Group
Starts
10:05/11:50

KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. I am made by God. What is it? *(Kids repeat.)*
2. I am loved by God no matter what. What is it? *(Kids repeat.)*
3. I am made for a purpose! What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

I know *(touch head with fingertips)*
that God *(flat hand with thumb to forehead, pull down)*
helps me, *(place thumbs-up on opposite palm)*
Psalm 54:4. *(Open hands like a book.)*

"Ok, now let's sing and worship God!"

WORSHIP

(VIDEO: BIG, BIG THINGS; VERY BIG THINGS)

Sing the worship songs together.

INTRO SKETCH

(Story Box with Beginner's Bible, "Which is Bigger?" Picture for Current Week (W1 Elephant and Bunny, W2 Tree and Sticks, W3 Piano and Trumpet, W4 Stone Wall and Bricks))

LGL brings the story box with the Bible to the center of the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the Bible

"What is this? *(Pause for responses.)* Yes, it's the Bible! The Bible is God's word and God's word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story. Let's see what else is in our story box today.

Pull out "Which is Bigger? Picture for Current Week.

"I have a picture. It has a question. The question is 'Which is Bigger?' What do you see in this picture? *(Pause for responses.)* That right! A tree and sticks. Tell me, which is bigger? The tree or the sticks. *(Pause for responses.)* Yes, the tree is bigger. Today we are going to hear a story about a man named Moses and how God gave him friends to do something BIG.

"Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound), let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been moving and praising Jesus quietly in our

laps.

“Now we are ready. Let’s watch today’s true Bible story.”

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

“Wow! That was an amazing story! What was the big thing that Moses did in the story? He held up his staff so God’s people would win. Was it hard? Yes it was! Who helped Moses? *(Pause for responses.)* God helped Moses by giving him people to help him! Moses’ friend Hur, and his brother, Aaron helped him. We are learning this month that **[Bottom Line]** God helps me do big things!

“When I ask, ‘Who helps you do big things?’ I want you to say, **[Bottom Line]** ‘God helps me do big things.’ Are you ready? *(Pause for responses.)* ‘Who helps you do big things?’ **[Bottom Line]** ‘God helps me do big things.’ YES! **[Bottom Line]** God helps me do big things.”

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

“Let’s look at our Basic Truth for today. It says, ‘I am made for a purpose so the Holy Spirit will help me do big things now.’ The Holy Spirit is God. God will help each of us do big things.

PRAY

“Let’s get our hands ready to pray. *Open them close them, open them close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

“God, thank You for true stories from the Bible that remind us that You help us do big things. You helped Moses by giving him friends to help him. Thank You for giving us people to help us too. In Jesus’ name. Amen.”

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *Aaron and Hur Help Moses* • God gives us people to help us do big things • *Exodus 17:8-13*

Memory Verse: “I know that God helps me.” Psalm 54:4, NIV

Key Question: Who helps you do big things?

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Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

LIFT (2's-5's)

(Parachute -1 per group)

What You Do:

Before the Activity: Lay the parachute out on the floor. Ask children to come stand around the parachute with you.

During the Activity: Encourage children to raise the parachute up and down when hearing the key words.

After the Activity: Review the Bible Story.

What You Say:

Before the Activity: “Friends, come join me around the parachute. In our Bible Story today, we heard about Moses. When Moses held his staff up, the Israelites were winning. But when his staff went down, they were not. It was hard to hold his arms and his staff up so high for so long, so God sent Moses people to help him.”

During the Activity: “Let’s use the parachute to help us remember the story. Listen and do what I say. When I say ‘up,’ put the parachute up really high, and when I say ‘down,’ put the parachute all the way down on the ground.

“Up, up, up! Put the parachute up in the sky. The army was winning when Moses held the staff high. *(Let’s all say yaaaaay!!!)*

“Down, down, down! Put the parachute down on the ground. When Moses lowered the staff, they were losing. *(Let’s all say ohhhhhh!)* It was hard to hold the staff up all day. God sent people up on the mountain to hold up each arm. Don’t let the staff come down! Up, down, up, down. *(Let’s all say yaaaaay!!!)* Moses needed help to do a big thing. God can help us do anything!” *(Repeat as desired.)*

After the Activity: “That was so fun! I loved going up and down with the parachute. Moses had a big job to do, and he needed God’s help. God will help us do big things too! **Who helps you do big things?** [Bottom Line] **God helps me do big things!**”

FIND THE HELPERS (4's-5's)

("Helpers" Activity Page - 1 set per group, Paper or Plastic Bag - 1 per group, Handheld Mirror - 1 per group)

What You Do:

Before the Activity: Copy "Helpers" and cut, one set per Small Group. Put the Helpers in a bag filled with other small objects- pompoms, cotton balls, ball pit balls....

During the Activity: Encourage children to find the helper cutouts by gently reaching in and pulling out one paper.

After the Activity: Review the Bible Story and Bottom Line.

What You Say:

Before the Activity: "Friends, come have a seat with me. Sometimes we need help, and God sends us special people to help us."

During the Activity: "There are helpers in here (*point to the bag*) and I need your help finding them. To find them, we need to gently reach in and pull out one picture. Remember, slowly and gently. (*Pause and give each child a turn.*) Great job! You found the [helper]! Let's keep looking—there are more helpers to find! You found all the helpers!

- **Doctor:** When we're sick, a doctor will help us to feel better.
- **Police:** When we have an emergency, a police officer can help us.
- **Teacher:** When we learn, a teacher will help us learn new things.
- **Farmer:** When we're hungry, a farmer will help plant, grow and give us food to eat.
- **Dentist:** When we need our teeth cleaned, a dentist will help clean our teeth.
- **Fireman:** When there is a fire, a fireman will help put out the fire.
- **Aaron:** God sent Aaron to help Moses hold his arms up!
- **Hur:** God sent Hur to be a helper to Moses!

After the Activity: "You found all the Helpers! Great job! Sometimes we need people to help us do big jobs. In today's true story from the Bible, we heard about a man who had a big job to do! Who was that man? (*Pause for responses.*) Yes, it was Moses! And God sent two people to help him. Who were they? (*Pause for responses.*) Yes! Aaron and Hur! God helped Moses and he helps us too! **Who helps you do big things? [Bottom Line] God helps me do big things!** I have a mirror that every gets a turn to hold. When it is your turn to hold the mirror, I want you to look into the mirror and tell me who you see. Then, I want everyone to say, "God helps me do BIG things and, I [name of child] can be a helper too!"

(4's-5's EXTENSION)

(No Supplies)

What You Say:

During the Activity: "You guys did a great job finding all of the helpers! Now, we are going to think of ways that you can be helpers! I will describe a situation and if you can think of a way to be a helper I want you to give me two thumbs up!" (*Read a scenario and then call on a few kids to*

give answers. Repeat.)

- You see your dog's water bowl is empty...
- After dinner, mom is at the sink washing dishes....
- Your friend fell and got a boo boo....
- You notice all of the toys got left out on the floor...
- On the playground, you see a friend having a hard time climbing up the rock wall...
- Your dad arrives home with a car full of groceries...

After the Activity: "Helping others is such a big thing to do, and God can help you do big things! Who helps you do big things? [Bottom Line] God helps me do big things! "

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

'I know *(touch head with fingertips)*
that God *(flat hand with thumb to forehead, pull down)*
helps me, *(place thumbs-up on opposite palm)*
Psalms 54:4. *(Open hands like a book.)*

PRAY

"Let's pray together. *(Have kids "put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.")*

"God, thank You for true stories from the Bible like this one about Moses. Moses needed to do some BIG things, and You gave him friends who could help him. Thank You for helping us do big things too and for friends who will help us. We love You. In Jesus' name. Amen."

PARENT PICK UP ACTIVITY – READ THE STORY

(The Beginner's Bible)

What You Do:

- Open up the Beginner's Bible to today's story, find a story with Moses and read it with your small group. There are many different stories with Moses in our Bible.
 - A Baby in a Basket, page #92
 - The Burning Bush, page #98
 - Ten Plagues, page #104
 - The Red Sea, page #111
 - Food from Heaven, page #116
 - Ten Commandments, page #120
 - Twelve Spies, page #124

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.