



SO BIG | WEEK 3 | MAY 18, 2025

Preschool Lesson

Deborah

Bible Story: *Deborah* • God helps us do big things • *Judges 4:1-10, 14; 5:1-31*

Memory Verse: “I know that God helps me.” Psalm 54:4, NIV

Key Question: Who helps you do big things?

Bottom Line: God helps me do big things.

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

LEADER BIBLE STUDY

There was a time when learning how to tie our shoes was a big thing. Walking into a new preschool class was a big thing. And sleeping in our own bedroom by ourselves, that was a really big thing—like SO BIG! And now that we’re all grown up, the big things keep coming. God is going to give our preschoolers big things to do. God is going to give them little things to do. And whether it’s a big thing or a little thing, we want our preschoolers to know that they have the Lord our God to help them. God helps me do big things!

Story Focus: God helps us do big things. Deborah is a prophet for God’s people. She gives God’s people messages from God and help them settle their arguments. One day, Deborah has a message for a man named Barak, telling him what God commands him to do. Not only does she give the message, but Deborah ends up going with Barak and helping him gather 10,000 men to fight in a battle. Deborah and Barak found the men they needed, and God’s people won the battle just like God said they would. Deborah and Barak celebrate by singing about the big things God helped them do.

Pre-Service Check List

- HUDDLE AS TEAM → • You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → • A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow

Doors
Open
9:15/11:00

Kid
Connect
9:35/11:20

Large Group
Starts
9:40/11:25

Small Group
Starts
10:05/11:50

KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

'I know *(touch head with fingertips)*
that God *(flat hand with thumb to forehead, pull down)*
helps me,' *(place thumbs-up on opposite palm)*
Psalm 54:4. *(Open hands like a book.)*

"Ok, now let's sing and worship God!"

WORSHIP

(VIDEO: BIG, BIG THINGS; VERY BIG THINGS)

Sing the worship songs together.

INTRO SKETCH

(Story Box with Beginner's Bible, "Which is Bigger?" Picture for Current Week (W1 Elephant and Bunny, W2 Tree and Sticks, W3 Piano and Trumpet, W4 Stone Wall and Bricks))

LGL brings the story box with the Bible to the center of the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the Bible

"What is this? *(Pause for responses.)* Yes, it's the Bible! The Bible is God's word and God's word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story. Let's see what else is in our story box today.

Pull out 'Which is Bigger? Picture for Current Week.'

"I have a picture. It has a question. The question is 'Which is Bigger?' What do you see in this picture? *(Pause for responses.)* That right! A piano and a trumpet. They both make music when played. Tell me, which is bigger? The piano or the trumpet. *(Pause for responses.)* Yes, the piano is bigger. Today we are going to hear a story about a woman named Deborah and how God helped her do something BIG.

"Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound),



let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been moving and praising Jesus quietly in our laps.

"Now we are ready. Let's watch today's true Bible story."

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was an amazing story! What was the big thing that Deborah did in the story? She gave a message to Barak and helped him find the men to win the battle. God helped Deborah and Barak do big things. We are learning this month that *[Bottom Line]* God helps me do big things!

"When I ask, 'Who helps you do big things?' I want you to say, *[Bottom Line]* 'God helps me do big things.' Are you ready? *(Pause for responses)*. 'Who helps you do big things?' *[Bottom Line]* 'God helps me do big things.' YES! *[Bottom Line]* God helps me do big things."

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

"Let's look at our Basic Truth for today. It says, 'I am made for a purpose so the Holy Spirit will help me do big things now.' The Holy Spirit is God. God will help each of us do big things."

PRAY

"Let's get our hands ready to pray. *Open them close them, open them close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

"God, thank You for helping us do big things just like You helped Deborah and Barak. We are so thankful for true stories from the Bible like we learned today. We love You. In Jesus' name, amen."

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *Deborah* • God helps us do big things • *Judges 4:1-10, 14; 5:1-31*

Memory Verse: “I know that God helps me.” Psalm 54:4, NIV

Key Question: Who helps you do big things?

Bottom Line: God helps me do big things.

Basic Truth: I am made for a purpose so the Holy Spirit will help me do big things now.

STORY CARDS (2's-5's)

(“Story Cards” Activity Page – 2 sets per group)

What You Do:

Before the Activity: Copy “Story Cards” and cut, two sets per Small Group.

During the Activity: Place the story cards in a stack, face down in order, in front of the children. Encourage children to take turns drawing a story card. Read the sentence on the child’s card and then have them lay it in front of you in order. Shuffle the cards and repeat the activity as long as time and interest allow.

After the Activity: Review the Bottom Line.

What You Say:

Before the Activity: “Come sit with me! We are going to play a game with these story cards.”

During the Activity: “[Child’s name], pick a card from the deck. (Pause.) Show us your card. (Pause.)

- **Deborah Sitting Under a Palm Tree:** “Everyone stand up. I want you to be a tree, like this (*hold arms out like tree branches*). Good job! In this part of the story, God helped Deborah tell the people what God wanted them to do. Deborah led God’s people, the Israelites. She helped them know what was right. Go ahead and sit back down.”
- **Deborah Talking to Barak:** “Everyone stand up. Put your hands around your mouth, like this (*put hands around mouth like a megaphone*). That’s it! In this part of the story, Deborah gave Barak a message from God. God’s message was he wanted Barak to gather 10,000 men to fight a battle. Let’s put our hands around our mouth again and share the message. Say, ‘Gather 10,000 men’. Ready? ‘Gather 10,000 men.’ Excellent! You can sit back down now.”
- **Deborah and Barak Standing in Front of a Lot of Men:** “Everyone stand up. March in place, like this (*march in place*). You’ve got it! In this part of the story, God helped Deborah help Barak get 10,000 men to fight the battle, and they won, just like God said they would! Let’s sit back down.”
- **Deborah Singing:** “Everyone stand up. Hold up praise hands, like this (*hold up praise hands*). In this part of the story, Deborah and Barak celebrated God for helping them do big things. They celebrated by singing about the BIG things God helped them do.”

After the Activity: “I love how Deborah and Barak celebrated God for helping them. You can celebrate, too, when God helped you do big things like Deborah and Barak. **Who helps you do big things?** [*Bottom Line*] God helps me do big things!”

BIG THINGS CAR TAG (2's-5's)

("Big Things Card Tag" Activity Page on Cardstock – 1 tag per child, Crayons)

What You Do:

Before the Activity: Copy "Big Things Car Tag" on cardstock and cut, one tag per child. Copy "Memory Verse Sticker" on 2" Labels, one sticker per child. Write each child's name on their car tag.

During the Activity: Encourage children to add the Memory Verse Sticker to their car tag and add color to their tag. Talk to children about some of the big things God can help them do.

After the Activity: Review the Bible Story and Bottom Line.

What You Say:

Before the Activity: "Hello, friends! Let's make a car tag today that helps us remember the big things God helps us do. This tag can hang on the mirror in your car, or you can put it on the door handle of your room."

During the Activity: "I have a sticker and crayons to help you decorate your papers today! The sticker has the words we are learning from the Bible this month. It says, 'I know that God helps me.' Psalm 54:4, NIV. Go ahead and put the sticker on the white space on your tag (*Pause.*) Awesome! Now you can choose your favorite color crayons to color your tag. You can make lines or strips. You can make circles or maybe even a heart or star. A heart or star could be hard to do, but who can help you? (*Pause.*) Yes, God can! Wow! They look fantastic! Let's read some of the things on this tag that God can help you do.

- God can help you make new friends.
- God can help you tie our shoes.

"What is something hard God helps you do? (*Pause for answers.*) On your tag are some spaces that you and your mom, dad, grandparent or friend can help write things God helps you do.

After the Activity: "In our story, we learned about a woman named Deborah. Deborah was a prophet. She listened to God and gave people messages from God. Deborah helped God's people—the Israelites—know what was right. That was a big thing to do! One day, God gave Deborah a message for a man named Barak. She told Barak the message from God. This was a really big job, so Barak asked Deborah to go with him. Deborah and Barak got 10,000 men to fight in the battle, and they won just like God said they would! Deborah and Barak were so happy God helped them that they celebrated God with a song. You can celebrate with a song, a dance, or giving a high-five when God helps you do big things like Deborah and Barak. All of these are ways we can tell God thank You because **[Bottom Line] God helps me do big things! Who helps you do big things? [Bottom Line] God helps me do big things.**"

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

'I know (*touch head with fingertips*)
that God (*flat hand with thumb to forehead, pull down*)
helps me,' (*place thumbs-up on opposite palm*)
Psalm 54:4. (*Open hands like a book.*)

PRAY

"Let's pray together. (*Have kids "put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap."*)

"God, thank You for helping us do big things. Thank You for true stories from the Bible like the one about Deborah and Barak. You helped them do big things. Help us to sing songs to You like they did when we are thankful for You. We love You. In Jesus' name, amen."

PARENT PICK UP ACTIVITY – READ THE STORY

(The Beginner's Bible)

What You Do:

- Open up the Beginner's Bible to today's story (Deborah Leads the Way, page #136) and read it to your small group.

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.