

Now What? - WEEK 1

LESSON OUTLINE // Walking With Questions

BIG IDEA

Even in our doubt and disappointment, Jesus is walking with us

BIBLE

Luke 24:13-35

ABOUT THIS WEEK

We meet two disciples walking away from Jerusalem, discouraged and confused after Jesus' death. But Jesus shows up in their confusion, walks with them, and opens their eyes to hope again. This week is about making space for your questions, realizing you're not alone in them, and trusting that Jesus is closer than you think—even when you don't recognize Him.

WHAT?

Last weekend we celebrated Easter Sunday! It was the greatest celebration for the greatest day in history!... But then Monday came. Maybe you can resonate with that. Do you remember when you first accepted Jesus and life felt like it was BURSTING with meaning, but now... some time has passed and it just feels like business as usual? Or maybe you've had some mountain top experience with Jesus at a camp or the last time you heard your favorite worship song, but now you just don't get as excited about your faith as you used to? Maybe that feeling has left you feeling distant and even wondering if God is still there and if He listens. Maybe you find yourself wondering if you've made this all up. These moments and these feelings can leave us with questions and doubts.

SO WHAT?

There's good news and bad news, and believe it or not, they're both the same: you're not alone in your doubts. All of us experience doubts and questions in life. And today we're going to take a look at 2 disciples of Jesus who were around for His crucifixion. But before they knew about the resurrection, they found themselves on a long road back home with only each other and their doubts – or so they thought. While asking these questions and wandering this lonely road, they are met by a man who starts reminding them of the truth of the Gospel. And it isn't until they get back home that they realize the man they were talking to is Jesus. Imagine how these two must have felt when they realized that **even in their doubt and disappointment, Jesus was walking with them.** The same is true for each and every one of us. It's ok to have doubts and it's ok to ask questions, because we have a loving savior who walks with us through those times of questioning and He wants to continue to reveal Himself to you now.

NOW WHAT?

So here are some practical things we can do to remember that Jesus is with us in our doubts and our questions:

1. Write down and remember a time in your life where you knew for a fact that God was real and that He loved you. Hold onto that, because if He was real then, then He's real now. If you don't have one, ask someone else to share their experience with you and pray and ask God to give you faith and experiences of your own.
2. Be honest about your doubts. Jesus can handle them.
3. Pay attention to the places where He might already be speaking – through people, Scripture, worship
4. Talk to a parent, leader, or friend about something you've been questioning in your faith.