

Live It Out—Discover how to love like Jesus

DAY 1

Read Philippians 2:3

“Me first!”

“Why does he always get to choose before me?”

“Wait, it’s my turn!”

Sound familiar? Have you ever pushed your way to the front of the line or been disappointed when a sibling got to do something before you? Nobody chooses to be second, right? Number one is where it’s at!

What if you put someone else first instead of yourself? That’s humility. Humility is choosing to put others first. Being humble and valuing others more than yourself is one big way to live like Jesus.

Chalk Mural: Day 1

Head outside with some sidewalk chalk and find a large space— like the driveway or sidewalk—and write out the words of today’s verse. Illustrate the verse any way you’d like. Leave space at the end to add each of the verses for the rest of the week. If you don’t have chalk or a space to illustrate outside, then grab a piece of poster board and markers instead.

DAY 2

Read Philippians 2:4

Let’s say there was a counter in your head that kept track of your thoughts in two categories:

1. The thoughts you think about yourself: what you want, need, or wish for
2. The thoughts you think about others: what they need and how you could help

Which number would be higher, category one or two? Most likely category one, right? We can spend WAY more time thinking about ourselves instead of thinking of others. The Bible says we should flip that around and put others first. When you do, you’ll be living like Jesus.

Chalk Mural: Day 2

Head outside and find your chalk mural (or grab your poster board). Write the words of this verse underneath the verse from Day 1. Think about ONE person in your family that you could choose to put first this week. Write that person’s name on a rock and place it next to your chalkboard mural (or write it on a sticky note and place it next to the verse on your poster).




DAY 3

Read Philippians 2:5-6

Jesus chose to leave heaven, a PERFECT place, to come to earth and show us who God is. And in all of His time on earth, Jesus never said, “do what I say because I’m God.” He never pushed His way to the front saying, “Don’t you know who I am? I’m the most important person in any room, anywhere.” He never played “the God card.” Instead, Jesus served. He listened. He healed. He suffered. He died and He ROSE again. We should think and act as Jesus did, humbling ourselves and choosing to put others first.

Chalk Mural: Day 3

Head outside to your sidewalk chalk mural. Write the words of Philippians 2:5-6 underneath Day 1 and 2 and illustrate these verses any way you choose. (Or add to your poster board.)



DAY 4

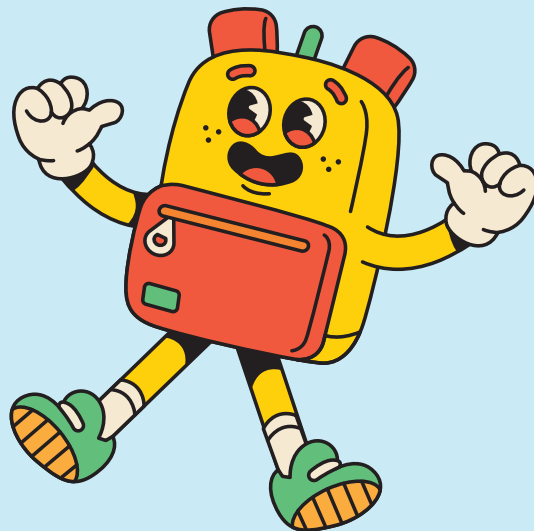
Read Philippians 2:7-8

It’s hard to understand what Jesus left behind by choosing to come to earth. Imagine living in a perfect place with no hunger, no sadness, no disappointment, no loneliness, no loss, no sickness, and no death.

Jesus chose to leave all of that behind and step into a dark, lonely, and hurting world. He chose to become like us. Jesus faced all the same stuff we face here on earth so that we could be forgiven. When we discover how much Jesus loves us, we can live out our faith by loving others too.

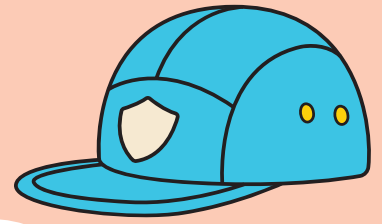
Chalk Mural: Day 3

Head outside to finish your sidewalk chalk mural. Add today’s verses to the rest of this week and illustrate them any way you choose. (Or add to your poster board.) When you’re finished, ask an adult to come outside and take a look at your work. Read the verses aloud and talk about what it means to live like Jesus.



Live Like Jesus.

Live It Out—Discover how to love like Jesus



DAY 1

Read Romans 12:18

When someone hurts you, what do you want to do in response? If we're honest, we want to hurt them right back. Paul wrote that we are to do all we can to live in peace with others. But how? That seems like a REALLY big ask.

It helps when we remember that God gives us peace through Jesus! Jesus made a way for us to have peace with God forever. And that peace, a free gift from God, should cause us to live in peace with others.

So, this week, remember the "if possible" part. Sometimes, the other person won't want the peace you offer. Sometimes, they might not compromise or meet you halfway. You will never be able to control the choices others make, but you CAN control your own. So make sure that on your side of things you're doing all you can with God's help to live in peace with the people around you.

DAY 2

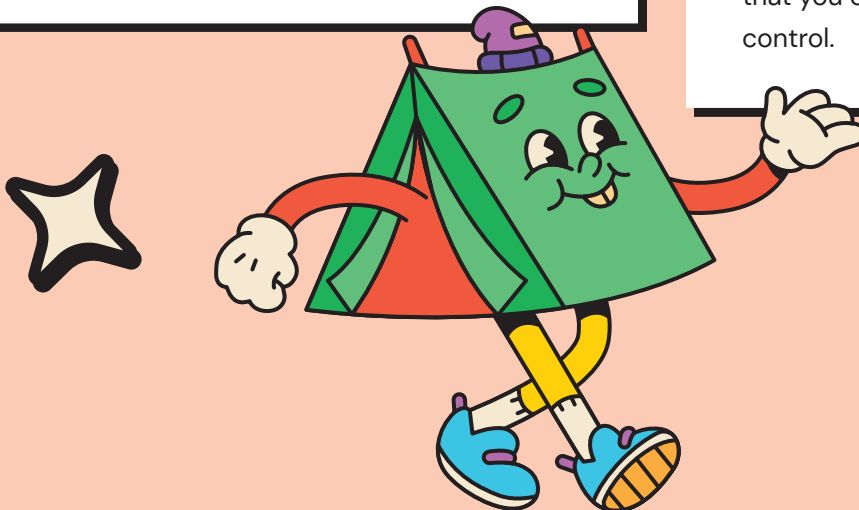
Read Romans 15:13

Have you ever scored 100 on a test? Ever pitched a perfect game? Ever hit a hole in one at mini -golf? Perfect is possible some of the time, in some circumstances. But perfect isn't a guarantee. Or is it?

What if you could have access to peace anytime? When you trust in Jesus and what He did for you on the cross, God gives you the Holy Spirit to guide and help you. You can experience God's perfect peace when you trust in the One who made you and loves you more than you could ever imagine.

Perfect Peace

Grab an index card and write "Perfect Peace Guarantee: Romans 15:13" on the front. Ask an adult to help you tape this card to the top of your doorframe. As you leave your room each day, jump up and tap the card to remind you that you can ask for peace because God is in control.



DAY 3

Read John 16:33

Do you play a sport or cheer for a favorite team? What if before the game you found out your team would win? Would you cheer differently? Would you act differently on the field? Absolutely! You wouldn't worry if your team suddenly fell behind on the scoreboard because of the promise of a certain win at the end.

When you put your trust in Jesus, when you're on God's team, you've chosen the winning side. How do we know that? Because there is nothing bigger, or stronger, or more powerful than God—we know that because God sent Jesus to be our Savior! You can have peace inside your heart that helps you have peace with others when you remember that God is in control. With God, you win. Always.

Rap It

Create a cheer or rap using the words from today's verse to help you remember that you can have peace because God is in control.

DAY 4

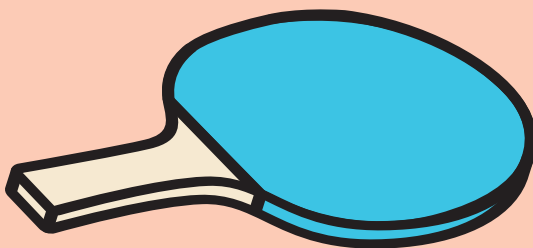
Read Hebrews 12:14

Today's verse reminds us as followers of Jesus to do our best to live in peace with others. Bringing peace to a situation can be really hard sometimes, but thankfully, there's good news!

You have the Holy Spirit to guide and help. You don't have to be a peacemaker in your own strength. When you feel like arguing or getting your way, when you just know you're right and the person's wrong, STOP. Ask the Holy Spirit to help do the opposite of what you feel like doing in that moment. And then get busy trying to bring the peace.

Try Again

Have you ever heard the phrase, "If at first you don't succeed, try, try again"? One of the ways you get better at something is through practice. This week, when you face a problem with someone else, stop and pray. Ask the Holy Spirit to help you respond in a way that brings peace.



Live in peace with
one another.

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DAY 1

Read Galatians 6:10

How old are you? Write it in the blank below:

.....

What are some ways that you as a(n) year old can do good or look out for others this week? Think about three places you'll go this week (like home, church, and the soccer field). Now think about the people in each of those locations (your sister, your small group leader, and your fellow teammates). Next to each location, write down one way you could do good and look out for the people you've listed.

Location	Ways to Do Good
.....
.....
.....

DAY 2

Read 1 Peter 3:12-13

Have you ever picked a dandelion growing in your yard? If so, you've probably blown the dried seeds into the air to land wherever the wind might take them. What if you thought about spreading God's goodness like those scattering seeds?

When you choose to do the right thing by looking out for others, sometimes people notice and say, "Thank you!" Sometimes, the good you do will inspire others to do the same. But sometimes when you look out for others, nothing happens. Sometimes no one notices. Sometimes you might even be made fun of or teased. Today's verse reminds us that looking out for others is always noticed by God.

This week, when you have an opportunity to help and look out for others, just do it. Don't hesitate. Don't worry about what other people think. Remember how fun it is just to pick that flower, blow with all your might, and watch the seeds scatter. Don't worry about where they land. Keep doing good by looking out for others.



DAY 3

Read Acts 20:35

Jesus gave his followers some pretty clear instructions on how they should treat others. He said it more blessed to GIVE than to RECEIVE. One is better. Giving. Serving. Helping. And no matter what is going on in our lives, whether good or bad, we can always, always help others. And when we choose to help, even when life is hard, it shows others what we believe.

Decode This

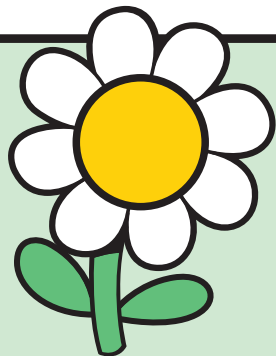
Key

1 - A	7 - G	13 - M	19 - S	25 - Y
2 - B	8 - H	14 - N	20 - T	26 - z
3 - C	9 - I	15 - O	21 - U	
4 - D	10 - J	16 - P	22 - V	
5 - E	11 - K	17 - Q	23 - W	
6 - F	12 - L	18 - R	24 - X	

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9 20 9 19 13 15 18 5

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DAY 4

Read Matthew 5:42

When was the last time you helped or looked out for someone else? Maybe you helped a friend with his homework. Maybe you cleaned up the toys so your sister didn't have to do it all by herself. Jesus said that whenever anyone asks for something, you should give it. When someone asks to borrow something— even if it's your younger brother— your answer should be “yes.” Your faith isn't just about what you believe in your heart. It's about how you LIVE it out in the world around you. It's about how to treat others and put their needs first.

So we have a little “faith challenge” for you. Just for tomorrow— for ONE day— every time someone asks you to do something to help, your challenge is to say “yes”. Every. Single. Time. When it's convenient and when it isn't. When it's easy and when it's not. For one day. Are you up for the challenge?



Look out for one another.



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DAY 1

Read Romans 15:7

Look up the word “accept” in the dictionary or ask a trusted adult to help you google it and write the definition below. HINT: There will probably be several definitions. Choose the one that makes the most sense when you read today’s verse.

ACCEPT:

.....

To show someone acceptance means that you recognize that the other person is uniquely and wonderfully made just like you. Acceptance says, “I choose to be your friend. I choose to accept who you are without expecting you to be anyone other than who God made you to be.”

Why should you accept others? Because Christ has accepted you! And how do you know that? Because Jesus loved you enough to give His life for you. He was put on a cross and rose again three days later so you could be forgiven. Jesus didn’t ask you to be perfect or fix all your mistakes. He faced the punishment because He loves you. What an awesome Friend!

DAY 2

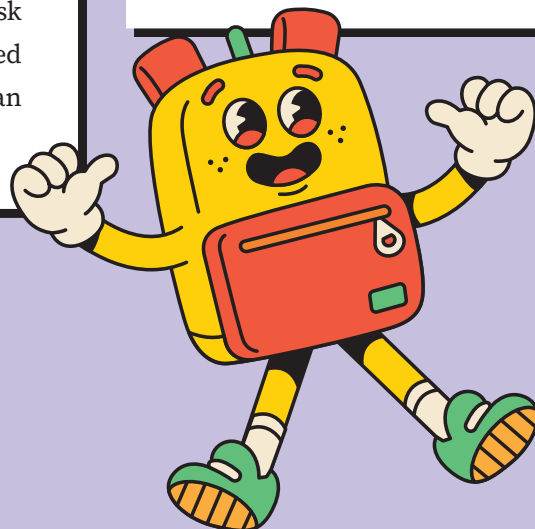
Read Romans 2:11

Do you treat everyone the same? It’s hard, right? Acceptance means that you try not to judge someone else based on how they look or act. It means you show patience when you have to wait and treat everyone the same.

That includes:

- ➔ the mean kid
- ➔ the kid who always gets the right answer
- ➔ the new kid
- ➔ the kid everyone picks on
- ➔ the kid with crutches
- ➔ the kid who always pushes to the front
- ➔ the super quiet kid

God made you, loves you, accepted you and also made everyone single kid on the list above and loves them all just the same. So be a good friend and choose to treat everyone the same— with acceptance and love.





DAY 3

Read Galatians 5:14

In the Old Testament, the Israelites, God's chosen people, had a list of over 600 rules they had to follow! Can you imagine learning and following over 600 rules?

In the New Testament, we see how Jesus came to show us that following God isn't about a bunch of rules. Following God is about a relationship. All those rules really come down to one thing: to love and accept your neighbor as you love yourself.

Rule #1

Grab a piece of paper. Write down all the rules you can think of in any order and in any way you want to. You can write some sideways or upside down. You can write them super small or **SUPER BIG**. In large letters across the center of the page write the #1 rule: Love others as you love yourself. Hang this up to remind you to be a good friend this week.

DAY 4

Read Philippians 2:1-2

Ever wonder how you make God happy? Want to know how to make God's "joy complete?" The key is found in this verse. God wants us to love each other, agree with each other. God hates it when we argue and fight, like when our arguments and fights are about things like who gets to line up first or who gets the next turn on the swings. God is happy when we choose to get along and agree with one another instead of insisting on our own way.

Pray About It

Think of a time lately when you argued with a friend. Were you more concerned about winning that argument or keeping the friendship? Pray and ask God to help you react differently the next time you and a friend disagree.



Accept one another.