

Image Bearer – Week 3

Middle School Ministry Teaching Guide

BIG IDEA

Worship is more than singing; it's what shapes us.
Everyone worships something.

BIBLE

John 4:23-24

ABOUT THIS WEEK

Everyone worships something—whatever you focus on most shapes who you become. God created you to worship Him in spirit and truth, not just with songs but with your whole life. What you worship will shape your identity.

WHAT?	<ul style="list-style-type: none">• Whatever we give our attention to tends to shape us. Whether it's music, a show, a game, or even another person. That's what worship is about. It's not just about music, it's about what we value most.• In John 4, Jesus is talking to a woman who thinks worship is just about being at a particular place (a temple or a mountain), but Jesus wants her to know that it goes so much deeper than that.• He explains to her that what God is really looking for is worshippers who will worship Him "in Spirit and in truth")
SO WHAT?	<ul style="list-style-type: none">• High school can feel overwhelming. People change, conflict happens, and anxiety is everywhere. It's easy to either shut down or blend in.• But here's the truth: You were made to create, not just consume. You were made to bring peace, not just avoid problems.• Where in your life have you settled for being a bystander instead of a builder?• Are your gifts, words, and energy making things better, or just louder?
NOW WHAT?	<ul style="list-style-type: none">• Challenge: Take a worship inventory this week: What gets most of your time, attention, and trust?• Ask yourself: Is this helping me become who God made me to be?• Next Step: Choose one way to intentionally worship God this week. (Listening to worship music, praying before school, thanking God throughout the day, or obeying your authority even when it's hard.