



CONSTRUCT AND CREATE | WEEK 4 | SEPTEMBER 28, 2025

Preschool Lesson

Abraham and Sarah

Bible Story: *Abraham and Sarah* • I can wait for God's plans • *Genesis 12:1-3; 15:5-6; 18:1-14; 21:1-7*

Memory Verse: "'For I know the plans I have for you,' says the Lord." Jeremiah 29:11 NLT

Key Question: Who has plans for you?

Bottom Line: God has plans for me.

Basic Truth: I am loved by God no matter what so I can trust God to guide me.

LEADER BIBLE STUDY

God made me. God loves me. And God has plans for me. That is the foundation we want to begin to construct and create for our preschoolers this month. We want them to grow up knowing God has plans for them that include good things for them to do. We want them to know they can trust God's plans and that His plans are always best. And just like we can wait for birthdays and Christmas, we can wait on God's plans too! Each of our preschoolers is building their own story with their lives. It is our hope and prayer that they will choose to build it with God by trusting that His plans are best. With God, we know they will construct and create a story that will leave a legacy of faith for generations to come.

Pre-Service Check List

- HUDDLE AS TEAM → • You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → • A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow



KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

"For I know *(touch head with fingertips)*
the plans I have for you,' *(march)*
says the Lord," *(point up)*
Jeremiah 29:11. *(Open hands like a book)*

"Ok, now let's sing and worship God!"

WORSHIP

(VIDEO: ANYTHING AT ALL, GOD'S WAY)

Sing the worship songs together.

INTRO SKETCH

(Story Box with Beginner's Bible, Stuffed Ollie the Owl and Prop for Current Week (W1 Lion Stuffed Animal/Lion Toy Figure, W2 Baby Doll Wrapped in a Blanket, W3 Kings Crown, W4 Large Star))

LGL brings the story box with the Bible to the center of the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the Bible

What is this? (Pause for responses.) Yes, it's the Bible! The Bible is God's word and God's word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story.

There is something else in our story box today. Let's see what it is!

Pull out Ollie and the prop for the current week

Hello Ollie! Can everyone say "Hello Ollie!" (Pause for responses.) What did Ollie bring today? (Pause for responses.) YES, a star! Do you think there is a star in our story today? (Pause for responses.) Let's get ready to watch our Bible story video and find out!

Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound), let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you

say shook, shook) and let's put our hands that have been moving and praising Jesus quietly in our laps.

Now we are ready. Let's watch today's true Bible story."

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was a great story! There WAS a star in our story! Lots of stars! God told Abraham to count the stars. That's how many children would be born into his family. God had plans for Abraham and Sarah, and God has plans for you too!

When I ask you, 'Who has plans for you?' I want you to say, *[Bottom Line]* 'God has plans for me!' Are you ready? *(Pause for responses)*. 'Who has plans for you?' *[Bottom Line]* 'God has plans for me!' YES! *[Bottom Line]* 'God has plans for me!'

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

Let's look at our Basic Truth for today. It says, 'I am loved by God no matter what so I can trust God to guide me.' **We can trust God to guide us because God made us, God loves us, and God has plans for us!**

PRAY

"Let's get our hands ready to pray. *Open them, close them, open them, close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

Dear God, it's exciting to know that You have plans for us. Please help us wait for Your plans, because Your plans are best. We love You, God. In Jesus' name. Amen."

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *Abraham and Sarah* • I can wait for God's plans • *Genesis 12:1-3; 15:5-6; 18:1-14; 21:1-7*

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Bottom Line: God has plans for me.

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WAIT, WAIT, STARS (2's-5's)

(Phone or Kitchen Timer (Optional: Visual Sand Timer) – 1 per group, Yellow Pom-Poms – 2-3 per child)

What You Do:

Before the Activity: Gather the children around you, show them the timer you will be using, and explain what it does. Give each child 2-3 yellow pom-poms that they will pretend are stars. Their job is to wait and hold onto them until the timer goes off, then they will put the stars in the sky.

During the Activity: Set the timer for a few seconds and slowly work up to more time. Ensure that the sound for the timer is turned on. When the timer goes off have the children toss their stars into the sky, then pick them back up before you repeat the activity.

After the Activity: Review the Bible Story and Bottom Line.

What You Say:

Before the Activity: "Friends, come over here and stand with me. I want to show you this cool timer. (*Show the kitchen timer, phone app.*) A timer counts down time and then it makes a sound, you can use it for lots of different things but today we are going to use it to play a game."

During the Activity: "Would you like to hear what the timer sounds like before we start our game? (*Set the timer for a second.*) Okay, when the timer stops, this is what it sounds like. (*Pause.*) Wow! That's a loud sound. Okay, I think we are ready to play! First, I'm going to give each of you 2-3 yellow pom-poms. We are going to pretend that these are stars. Your job is to hold onto them and wait until the timer goes off, then we are going to toss the stars into the sky. Are you ready? I'm going to set the timer for longer this time, and while it counts down, we have to wait. We can't do anything—we have to be still and wait. Then, when we hear the timer go off and make that loud sound, we can toss our stars into the sky. (*Set the timer.*) Wait ...(*Pause.*) Hear that sound? It means our waiting time is over. Everybody toss their stars into the sky! (*Pause.*) Now pick up your stars, come back to our circle, and we'll set the timer again. Everybody freeze! (*Continue increasing the time you set.*) Great job, friends!"

After the Activity: "Waiting is really hard sometimes, isn't it? But you did it! After we waited, we had so much fun tossing our stars into the sky! Today in our Bible Story, Abraham and his wife, Sarah, waited and waited for God's plan because they knew that God always keeps His promises! Who has plans for you?' [*Bottom Line*] 'God has plans for me!' YES! [*Bottom Line*] '**God has plans for me!**'

PICK A PICTURE (2's-5's)

("Pick the Picture" Activity Page – 1 per group)

What You Do:

Before the Activity: Copy "Pick the Picture" on cardstock, one set per Small Group.

During the Activity: Review the Bible Story as you hold up silly pictures until you get to the correct picture.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Everyone, come sit with me! I am going to hold up some pictures, and I need you to help me pick the right one that goes with our Bible Story."

During the Activity: "Ready? Here we go! In our Bible Story, God told Abraham and Sarah that their family would have as many people as there are..."

- Elephants in the sky? (*Hold up the picture of the elephant and pause.*) No, that's not right.
- Cookies in the sky? (*Hold up the picture of cookies and pause.*) No, that's not right either.
- Stars in the sky? (*Hold up the picture of stars and pause.*) Yes! God told Abraham and Sarah, that their family would have as many people as there are stars in the sky! Great job friends!

"I've got more pictures; will you help me pick the right picture Bible Story picture again? (*Pause for answers.*) Great! Here we go. Abraham and Sarah waited and waited and waited for a

- Soccer ball? (*Hold up picture of the soccer ball and pause.*) No, that's not right.
- Flowers? (*Hold up the picture of the flower and pause.*) No, that's not right either.
- A baby? (*Hold up the picture of baby Issac and pause.*) Yes! Abraham and Sarah waited and waited and waited and they finally had a baby boy, and they named him Issac!

God kept His promise to Abraham and Sarah, and their family grew... and grew... and grew! There were more people than stars in the sky! Friends, thank you for helping me find the correct Bible Story pictures."

After the Activity: "Abraham and Sarah waited a long time for God's plan, but God always keeps His promises! God had plans for Abraham and Sarah, and God has plans for you! Who has plans for you? [*Bottom Line*] God has plans for me! Yay! God has plans for you, and [*Bottom Line*] God has plans for me!"

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

"For I know (*touch head with fingertips*)

the plans I have for you,' (*march*)
says the Lord," (*point up*)
Jeremiah 29:11. (*Open hands like a book*)

PRAY

"Let's pray together. (*Have kids "put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap."*)

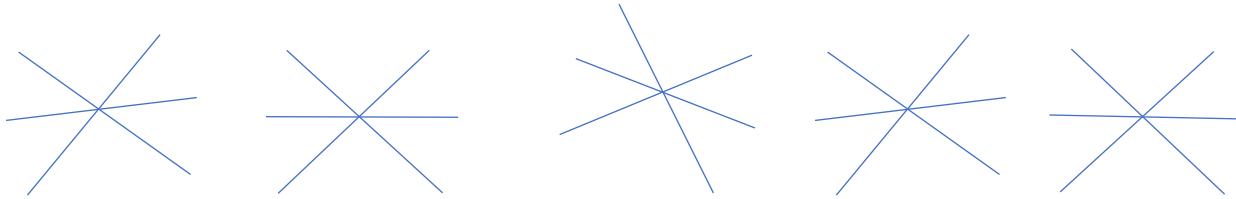
Dear God, Thank You for loving us and having plans for us. Please help us wait for your plans, because Your plans are always best. We love You, God. In Jesus' name. Amen."

PARENT PICK UP ACTIVITY - COLOR THE STORY

(**"God Has Plans for Me" Activity Page - 1 half sheet per child, crayons**)

What You Do:

- Give each child one half sheet coloring page. Encourage them to make stars in the sky with lines, then color Abraham and Sarah.



PARENT PICK UP ACTIVITY - READ THE STORY

(**The Beginner's Bible**)

What You Do:

- Open up the Beginner's Bible to today's story (The Visitors, page #46) and read it to your small group.

CONNECT WITH PARENTS/INFLUENCERS

(**First Look Placemats - 1 per child**)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.