



COURAGE | WEEK 3 | SEPTEMBER 21, 2025 | ELEMENTARY

## REHAB/THE PROMISED LAND

**Key Application:** Courage - When God helps you to be brave enough to do hard things.

**Bible Story:** Rahab / The Promised Land • *Joshua 2 (supporting: Joshua 6:22-25)*

**Key Question:** How can you show someone you care?

**Basic Truth:** I am made by God for a purpose so I can tell people about God.

**Memory Verse:** When I'm afraid, I put my trust in you. Psalm 56:3 (NirV)

### LEADER BIBLE STUDY

*God has given each of us a key role to play in His story—but that doesn't mean the journey will be easy. As we continue to follow the journey of God's people, we discover that Moses wasn't ready for his leading role; that Joshua and Caleb had to go against the flow; that Rahab put everything on the line for the sake of a God worshiped by her enemies; and that Ruth set aside the safety of home to forge into the unknown. God's people were on the move, but every new step was an act of courage.*

*While the kids in your ministry aren't facing down an Egyptian ruler or setting off for new lands, they still need courage to do difficult things every single day. From speaking up in class to starting a conversation with a new kid to facing a doctor visit, kids need the help of God's Holy Spirit. You can remind them that feeling scared doesn't mean they can't be brave. In fact, courage means trusting God to help you be brave.*

*When kids choose to rely on God's help to do something hard, even when they're afraid, others can see God at work—and on the move.*

#### **Pre-Service Check List**

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

#### **Morning Flow**

Doors  
Open  
9:15/11:00

Large Group  
Starts  
9:35/11:20

Small Group  
Starts  
10:05/11:50

## LARGE GROUP

### COUNTDOWN AND WELCOME (3 Minutes)

(VIDEO: COUNTDOWN, SLIDE: KIDCITY EXPECTATIONS)

**LGL:** “Welcome everyone! I’m so glad you are able to come hang out with us in KidCity today. My name is [INSERT NAME]. We are going to have a lot of fun today, but before we do let’s go over these announcements/KidCity Expectations.

**(SLIDE: BAPTISM)** *(Said on the fourth weekend of the month only)* “Today are baptisms at Hope. Baptism is a way of telling the world that you love God and have made the decision to follow Him with your life. It’s a big deal! Is there anyone here who is getting baptized today? *(Pause and if someone is, go ahead and give them a high five and get the kids to clap).* Awesome!”

**(SLIDE: KIDCITY EXPECTATIONS)** “Now, let’s quickly go over our KidCity Expectations (rules) so we can make sure that we make the most of our time today: *(Don’t dwell on these too long, but make sure you review them briefly so we can set everyone up for success.)*

1. Be Kind
2. Be Safe
3. Have Fun

### LARGE GROUP GAME (5 Min)

#### WHAT’S IN THE ROOM?

(White board and marker or paper – 1 per group)

“We are continuing our journey through the Bible this year. Last month was all about faith, and this month is all about courage.

**(SLIDE: KEY APPLICATION)** **Courage - When God helps you to be brave enough to do hard things.**

“Following God’s way is ALWAYS right, but it’s not always easy. Ever since the beginning and sin broke the world, people naturally want to turn away from God. Doing the right thing and going God’s way when other people around may not be takes courage!

“Courage DOESN’T mean that you’ll never be afraid. Godly courage means that you trust that God is always with you and works all things together for the good of those who love Him. The more you trust Him and have courage, the quicker you will be to face hard things again, because you know that God was with you in the past.

“Let’s check out our memory verse for the month.

**(SLIDE: MEMORY VERSE)** **When I’m afraid, I put my trust in you. Psalm 56:3 (NIRV)**

*Take a minute to explain that ‘Psalm’ is a book in the Old Testament, and that the first*

*number means ‘chapter’ and the second one means ‘verse’. ‘NirV’ is what translation the Bible is in. The Bible wasn’t originally written in English! There are different translations.*

“You’ll have more time to practice this month’s verse, but for now let’s play a game!

### **(SLIDES: WHAT’S IN THE ROOM? SLIDES)**

#### **HOW TO PLAY**

- Split the room into small groups. Give each group something to write on and with.
- Each set of question slides will contain an image (show for about 10 seconds) and then a question about a specific detail within that image. Players will compete to see how well they can remember details.
  - *Some of the questions are pretty tricky. Encourage kids that if they aren’t sure what the answer is, they should just guess. Because some of them are pretty difficult, consider just playing for fun instead of for points.*
- When you show each slide, have individuals or teams write down their answers on a piece of paper or a small whiteboard.
- After you’ve revealed the correct answer, have everyone reveal their written answers and award points to all correct answers.
- Keep playing until you’ve made it through all slides before tallying up everyone’s total points to decide your winner.

“That was so fun! Now everyone stand up and let’s worship God!”

### **WORSHIP (6-7 Minutes)**

**(VIDEO: GOD IS ON THE MOVE, WAVEWALKER)**

### **BIBLE STORY (12 Minutes)**

**(No Supplies)**

“Have you ever seen someone stick up for a friend, even when the bully was bigger or louder? Or maybe you’ve heard a story about someone who shared their lunch with a kid who didn’t have any, even though it meant they had less to eat themselves. Those are moments when someone takes a personal risk—big or small—to help another person.

“What makes it hard to take a risk like that? Why would someone choose to do it, even if it’s uncomfortable or a little scary for them?

*Take one or two very brief responses if time allows and kids are engaged.*

“Those are great thoughts. It definitely takes courage to help someone else. Which makes me wonder, when have you needed courage to help someone?

“Think about that. When was a time when you needed courage to help someone—maybe when it felt a little risky for you? Our Bible Story today is about a woman named Rahab who took an

enormous risk to help two strangers, and it changed her life, and the lives of her family, forever.

“Before we jump into that story, let me tell you about something really amazing we’re doing this year—we’re going through the entire story of the Bible. One of the reasons God gave us the Bible is to get to know Him. So as we go through the story God is telling, our intention is that we get to know Him better!

**(VIDEO: BIBLE STORY 5 MIN)**

“Rahab wanted to be on God’s team, so when she had a chance to help the spies from His family, God gave her the courage to do it. And that’s the same for us!

“How do we tell the world we’re on God’s team? By loving people the way Jesus did! Jesus always helped people who needed help. Maybe it’s a new kid at school who looks lost and lonely. It takes courage to walk over and say hi. But that’s what someone on Jesus’ team would do. Maybe it’s seeing someone being made fun of. It takes courage to speak up or to go stand with them. But that’s what someone on Jesus’ team would do. Maybe it’s a friend going through a tough time. It takes courage to just sit with them and listen, or to offer help even when you don’t know exactly what to do. Helping them, speaking up for them, or just being kind when it’s not the popular thing to do—that is showing that you follow Jesus because you’re being kind, just like He would be!

“Another way to say it is how our Basic Truth for this week says it...

**(SLIDE: BASIC TRUTH) I am made for a purpose so I can tell people about God.**

“And you aren’t on your own when you’re kind like Jesus! When you decided to follow Jesus, God moved inside of you through His Holy Spirit. He is closer than close! And as you go throughout your day, you’ll feel a nudge from Him to help and do something. And He will give you the strength to do it! So just do what you feel Him nudging you to do. The Holy Spirit will lead you to be kind like He is!

“As we saw this week, helping someone often involves stepping out of your comfort zone. It might feel a little scary. But when we trust God, like Rahab did, He can give us the courage we need. Trusting God can empower us to act, to be His hands and feet for someone who needs it. And when you do that, you’re showing them a glimpse of who God is and how He loves them. God can give you courage to help someone in need.”

As we head to Small Groups, we want you to consider this question:

**(SLIDE: KEY QUESTION) ‘When have you needed courage to help someone?’**

*Have kids turn and talk to their shoulder partner for 60 seconds. Your KQ slide on Playlister will keep track of time for you. While kids are talking, walk around and listen in to what they are saying and give prompts if needed. Don’t try to resolve anything, kids will have a further discussion within their small group time.*

“Ok friends, come back together in 3, 2, 1....

“I heard some great thoughts floating around. You are going to have more of a chance to talk about this in small group time, but for now let’s pray.

“God, thank You for Rahab’s example of courage and faith. Thank You that she trusted You, was kind, and helped others. We want to be kind like You are! Teach us how to listen to the nudges of Your Holy Spirit. Show us how You want us to help people, and then give us the courage to act. We love You, and we pray these things in Jesus’ name, Amen.”

## **DISMISS TO SMALL GROUPS**





## SMALL GROUP

**Key Application:** Courage - When God helps you to be brave enough to do hard things.

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### TALK ABOUT IT (K-5<sup>th</sup>)

*There are no right or wrong answers but try to challenge the kids to think deeper.*

**Key Question:** When have you needed courage to help someone?

*(Answers will vary; when everyone else is doing the opposite, when I'm feeling shy, when I don't know how to help, etc.)*

### LOOK IT UP (K-5<sup>th</sup>)

*Grab Bibles, look up, and read the following passage.*

#### Look Up: Joshua 1:9

**Say:** The book of Joshua (Old Testament) tells how God led His people into the Promised Land. Joshua, Moses' successor, trusted God, led battles (like the famous fall of Jericho!), and helped divide the land among the tribes of Israel.

### PRACTICE IT (K-5<sup>th</sup>)

*(Whiteboards – 2-4 per group, dry erase markers, phone timer or stopwatch)*

#### What You Do:

- Divide the kids into groups of three. It's okay if there's a group of two.
- Give each group a whiteboard and marker.
- Explain how to play:
  - "We're going to look for real ways to live for God by being brave and helping others."
  - "I'm going to read a scenario where someone needs help. You'll have 60 seconds to come up with a way to help, and one of you will draw it with your eyes closed!"
- After reading each scenario (from the "Help Scenarios" listed below), start the timer for 60 seconds. The groups must quickly discuss it and choose one person to draw their response with their eyes closed.
- Before reading the next scenario, invite groups to share their solutions and drawings!
  - *NOTE: This game is fun, fast, and not a drawing contest. Have fun with it and make sure there isn't any pressure on how kids draw!*
- Continue until all the scenarios have been drawn.

- ***[Make It Personal] (Share an age-appropriate example of a time God gave you the courage to help someone. Maybe it was a time you spoke up for someone who was hurting. Or maybe you included someone new.)***
- Explain to the kids that they don't have to be brave alone. God is always with them. And when someone chooses to follow Jesus, God sends the Holy Spirit to help them! The Holy Spirit will nudge them throughout the day, sharing ways to be kind like He is, and then He'll give them the strength and courage to do it!
- Encourage kids to pray to God and ask Him to help them be brave and show love to someone who needs help.
- ***K-1 Adaption:***
  - Model how to do the first one.
  - Work together as a whole group.
  - Choose scenarios that make the most sense for your age group.
  - Don't have them draw with their eyes closed.

### **Help Scenarios:**

- A kid in your class is getting picked on at recess by another group of kids.
- You hear a rumor being shared about someone, and you know it's not true.
- A new kid at church or school doesn't know anyone and sits by themselves.
- You notice your teacher seems like they are having a bad day.
- One of your friends gets left out of a game.
- Your sibling (or cousin) is really scared about something.

## **GET STRONGER (K-5<sup>th</sup>)**

**(Smart phone, Prizes [like DumDums], Bibles)**

***From September – November we will be focusing on kids learning the Books of the Bible. September will focus on the Old Testament. October will focus on the New Testament, and November will review both. Encourage kids to memorize the books by giving prizes to those who do. Kids can do it every week if they want! (without help, of course)***

### **What To Say:**

"This is the Bible. (Open to the Table of Contents) This is the Old Testament – it tells the story of how the world was broken by sin, but because of God's great love for us He promised to send a Savior. This is the New Testament. It tells us the good news of the promised Savior – Jesus! Jesus died on the cross and came back to life – defeating sin and death. Because of Him, we can have a right relationship with God again."

### **What You Do**

- Pass out Bibles – 2 to 3 kids per Bible.
- Open to the Table of Contents.
- Point out the list of Old and New Testament.
- Share with kids that this month we are going to work on memorizing the Books of the Old Testament.
  - *There will be a prize for everyone who learns all the Old Testament Books.*



- Our memorization activity is to sing or say the Books of the Bible. We focused on Genesis to Job last week and today we will do **Psalm to Malachi**.
- Use the QR code below, if you can access WiFi or clap out a rhythm.
- Once you have listened to the Old Testament books of the Bible song, sing with it together, following the table of contents to help your kids know the book that comes next.
  - *Just play the part of the song that has the books **Psalm-Malachi**.*
- Repetition is the key to memorizing. Have fun, make it a game and your kids will follow your lead.



## PRAYER

### What You Say:

“Dear God, thank you for giving us courage to do the right thing even when it’s hard. Thank you for being with us always. I pray that we learn to trust you and to tell others about you by loving people well, Amen.”