

MOUNTAIN

Think about a challenge you've faced that felt hard—something that felt too big to face alone. Write about it or draw a picture in this box.

BRIDGE

Think of a time you did something brave and knew God was with you, helping you. Use this box to praise God for being with you and giving you courage!

"WHEN I'M AFRAID,
I PUT MY TRUST IN YOU."

PSALM 56:3 NIV

RIVER

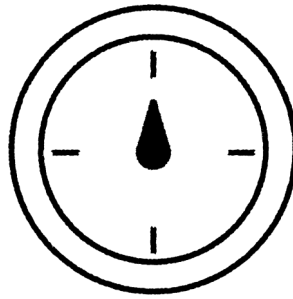
What's something coming up where you need to ask God for courage? Maybe you're trying out for a new sport, or you want to stand up for a friend who's being picked on. Ask God for help in this box.

GOD GAVE US HIS SPIRIT. AND THE SPIRIT DOESN'T MAKE US WEAK AND FEARFUL.

INSTEAD, THE SPIRIT GIVES US POWER AND LOVE. HE HELPS US CONTROL OURSELVES.
2 TIMOTHY 1:7

NORTH

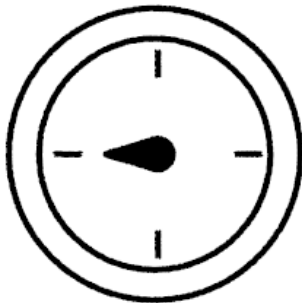
(Name)



**Name something you
need courage to do.**

WEST

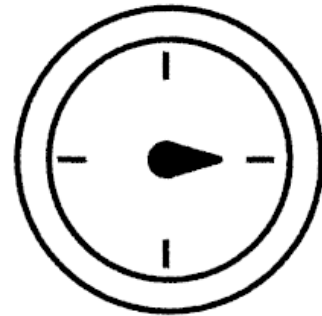
(Worship)



**Praise God that you can
trust Him! Thank God that
you are never alone!**

EAST

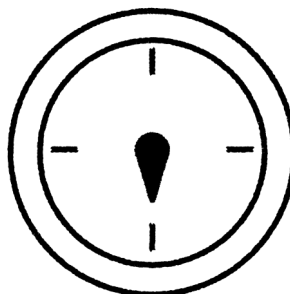
(Encourage)



**Pray for someone you
know who needs courage.**

SOUTH

(Step)



**Ask the Holy Spirit to
help you be courageous
and take the next step!**