



SUPER KIDS | WEEK 2 | OCTOBER 12, 2025

Preschool Lesson

David and Goliath

Bible Story: *David and Goliath* • I can be brave because God is with me • *1 Samuel 17:1-50*

Memory Verse: “Be strong and courageous. Do not be afraid...for the LORD your God goes with you.” Deuteronomy 31:6 NIV

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Basic Truth: I am made for a purpose so the Holy Spirit (*God in me*) will help me do big things now.

LEADER BIBLE STUDY

Deep down, everybody wants to be a super kid, and nothing defines super kid better than the word ‘brave.’ Being brave is a lot easier to say than do—for preschoolers and grownups. What we do to be brave—and Who can help us be brave—is what this month is all about. We can pray, like Esther, and be brave. We can remember that God is with us, like David, and be brave. We can trust what God says, like Gideon, and be brave. And when we pray, remember, and trust, God can help us be brave so we can help others, like Abigail.

We want our preschoolers to grow up knowing that when they are afraid, God can help them be brave, and that is what makes them a super kid. Join us as we pray for our preschoolers and their families, as well as those of us who lead them. Pray that we will look to God and God alone when we are afraid and have to do hard things, because God can help us be brave.

Pre-Service Check List

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- PUT ASIDE DISTRACTIONS
- ENGAGE WITH KIDS

Morning Flow



KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

'Be strong and courageous. *(Muscle arms)*

Do not be afraid . . . *(cross and uncross hands)*

for the Lord your God *(flat hand with thumb to forehead, pull down)*

goes with you,' *(march in place)*

Deuteronomy 31:6. *(Open hands like a book.)*

"Ok, now let's sing and worship God!"

WORSHIP

(VIDEO: SUPER DUPER KID, VERY BIG THINGS)

Sing the worship songs together.

INTRO SKETCH

(Story Box with Beginner's Bible, Stuffed Ollie the Owl Dressed in a Superhero Cape and Mask)

LGL brings the story box with the Bible to the center of the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the Bible

"What is this? *(Pause for responses.)* Yes, it's the Bible! The Bible is God's word and God's word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story.

"There is something else in our story box today. Let's see what it is!

Pull out Superhero Ollie

"Hello Ollie! Can everyone say, 'Hello Ollie!' *(Pause for responses.)* What is Ollie wearing? *(Pause for responses.)* YES, Ollie is wearing a Superhero costume! *(Pause for responses.)* In our story today, we are going to hear about someone who was BRAVE! Guess what? They didn't need a Superhero costume to be BRAVE. What? How were they BRAVE? Let's get ready to watch our Bible story video and find out!

"Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound),

let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been move and praising Jesus quietly in our laps.

"Now we are ready. Let's watch today's true Bible story."

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was a great story! What was the name of the boy who was BRAVE in our story today? *(Pause for responses.)* YES, his name was David! Who helped David be BRAVE and face Goliath? *(Pause for responses.)* YES, God did! We are learning this month that God can help us be brave.

"When I ask you, 'Who can help you be brave?' I want you to say, *[Bottom Line]* 'God can help me be brave.' Are you ready? *(Pause for responses.)* 'Who can help you be brave?' *[Bottom Line]* 'God can help you be brave.' YES! *[Bottom Line]* 'God can help you be brave.' "

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

"Let's look at our Basic Truth for today. It says, 'I am made for a purpose so the Holy Spirit (that's God in me) will help me do big things now.' God helped David do something big. David faced Goliath. God can help you do big things and be brave too!"

PRAY

"Let's get our hands ready to pray. *Open them, close them, open them, close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

"Dear God, No one is bigger or more powerful than You! Thank You for being with us and helping us be brave. You're the best, God. We love You! In Jesus' name. Amen."

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *David and Goliath* • I can be brave because God is with me • *1 Samuel 17:1-50*

Memory Verse: “Be strong and courageous. Do not be afraid...for the LORD your God goes with you.” Deuteronomy 31:6 NIV

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Basic Truth: I am made for a purpose so the Holy Spirit (*God in me*) will help me do big things now.

KNOCK GOLIATH DOWN (2's-5's)

(“Knock Goliath Down” Activity Page – 1 per group, Empty Cereal Box – 1 per group, Playground Ball – 1 per group)

What You Do:

Before the Activity: Enlarge and copy “Knock Goliath Down”, one per Small Group. Tape the picture of Goliath to one side of the cereal box and set it on the floor in an open area. Place a piece of tape on the floor about five feet from the box.

During the Activity: Encourage children to stand at the tape line and take turns rolling the ball to knock Goliath down as you review the Bible Story.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: “Friends, come join me over here. Look! There’s Goliath over there. Let’s pretend to be David and knock down Goliath!”

During the Activity: “Today we heard a true story from the Bible about a boy named David and a giant named Goliath. Every day, Goliath would say in his big, giant voice: “Who’s gonna face me?” And no one would answer. God’s army was scared. No one was brave enough to go against Goliath. But David was brave and said, “I’ll do it!” David knew God was with him.

“Are you ready to pretend to be David? [Child’s name], roll the ball at Goliath and try to knock him down. (Pause.) Whoa! Goliath fell over! You did it! (Reset and repeat with each child.)

“David took one stone, put it in his sling, and hurled the stone as hard as he could! The stone hit Goliath in the middle of his forehead, and big Goliath fell down! David did it!”

After the Activity: “God was always with David, and God helped David be brave! God can help you be brave, too, because God is always with you. Who can help you be brave? [Bottom Line] God can help me be brave.”

SUPER KID SHIELD (2's-5's)

("Super Kid Shield" Activity Page on Cardstock- 1 per child, Coloring supplies, Rubber Bracelet/ Rubber Band/Strips of cardstock (1.5" x 8.5") – 1 per child and Tape – 1 per group.

What You Do:

Before the Activity: Copy "Super Kid Shield" on cardstock and cut one per child. Cut cardstock lengthwise into 1 ½-inch strips, one strip per child, or use 1 rubber bracelet/rubber band per child. Roll each child's strip into a circle and tape the ends together. Write each child's name on their paper.

During the Activity: Encourage children to decorate their shield. Help tape the paper roll on the back of each child's shield. Ask children to hold their shields as you review the Bible Story.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello, Super Kids! I'm so happy to see you today! Come sit at the table and let's make a Super Kid Shield!"

During the Activity: "Use the markers and crayons to decorate your shield. (Pause.) Wow! These look great! Now let's add a handle to the back so it's easy for you to hold. (Leaders, attach a paper roll, rubber bracelet, or rubber band) on the back of each child's shield and tape to secure.) Now, everyone hold up your shields and say **[Bottom Line] God can help me be brave.** (With children.) **[Bottom Line] God can help me be brave.** Hold your Super Kid Shields as we talk about today's Bible Story."

After the Activity: "Let's review what we learned today."

- David was brave and faced a giant named __ (pause, and let kids shout out the answer) Yes, that's right, Goliath. Every time I say "David", I want you to hold up your Super Kid Brave Shield!
- This is a true story that you can read about in the Bible! (Hold up the Bible.)
- Every day, Goliath would shout at God's army, "Who's gonna face me?" Everyone in God's army was scared and wouldn't face Goliath. (Show me your scared face)
- But one day, David (hold up your shields!) came to the battlefield and heard Goliath. He was surprised no one from God's army was brave enough to face Goliath. (show me your surprised face!)
- But, David (hold up shields) was brave because he knew that God was with him and would help him be brave.
- David went out on the battlefield to face Goliath and said, 'Goliath, you come at me with all your big weapons, but GOD is with me!'
- David threw one stone as hard as he could in his sling. It hit Goliath in the middle of his forehead, and big Goliath fell down!
- David did it! God was always with David, and God helped David be brave! God is always with you, and God can help you be brave, too. **Who can help you be brave? [Bottom Line] God can help me be brave."**

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

‘Be strong and courageous. *(Muscle arms)*

Do not be afraid . . . *(cross and uncross hands)*

for the Lord your God *(flat hand with thumb to forehead, pull down)*

goes with you,” *(march in place)*

Deuteronomy 31:6. *(Open hands like a book.)*

PRAY

“Let’s pray together. *(Have kids ‘put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.’)*

Dear God, You are bigger and more powerful than anything in the whole world! We can be brave because we know You are always with us. We love You, God! In Jesus’ name. Amen.”

PARENT PICK UP ACTIVITY – READ THE STORY

(The Beginner’s Bible)

What You Do:

- Open up the Beginner’s Bible to today’s (David and Goliath, page #173) and read it to your small group.

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.