



SUPER KIDS | WEEK 3 | OCTOBER 19, 2025

Preschool Lesson

Gideon

Bible Story: *Gideon* • God helps me be brave when I'm afraid • *Judges 6-7*

Memory Verse: "Be strong and courageous. Do not be afraid...for the LORD your God goes with you." Deuteronomy 31:6 NIV

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Basic Truth: I am made for a purpose so the Holy Spirit (*God in me*) will help me do big things now.

LEADER BIBLE STUDY

Deep down, everybody wants to be a super kid, and nothing defines super kid better than the word 'brave.' Being brave is a lot easier to say than do—for preschoolers and grownups. What we do to be brave—and Who can help us be brave—is what this month is all about. We can pray, like Esther, and be brave. We can remember that God is with us, like David, and be brave. We can trust what God says, like Gideon, and be brave. And when we pray, remember, and trust, God can help us be brave so we can help others, like Abigail.

We want our preschoolers to grow up knowing that when they are afraid, God can help them be brave, and that is what makes them a super kid. Join us as we pray for our preschoolers and their families, as well as those of us who lead them. Pray that we will look to God and God alone when we are afraid and have to do hard things, because God can help us be brave.

Pre-Service Check List

- HUDDLE AS TEAM → You're in this together! Pray together and talk about the activities for the day.
- PLAY MUSIC
- PUT OUT TOYS
- PUT ASIDE DISTRACTIONS → A welcoming environment is important! We want it to be obvious from the moment kids walk in that they belong HERE!
- ENGAGE WITH KIDS

Morning Flow

Doors
Open
9:15/11:00

Kid
Connect
9:35/11:20

Large Group
Starts
9:40/11:25

Small Group
Starts
10:05/11:50

KID CONNECT

WELCOME TIME

(VIDEO: ARRIVAL MUSIC)

Play intro music in the background as you greet preschoolers and follow the KidCity check-in procedures. Set out a few favorite theme-related toys, such as puzzles and blocks.

OPENING ACTIVITY

(No Supplies)

Kid Connect time is spent building relationships with the kids. Gather your Small Group together for some intentional connecting time before Large Group. You can do small activities while you chat together (like coloring or building with blocks) or just sit and listen to each other. Ask your kids relationship-building questions like:

- How old are you?
- Do you have a favorite stuffed animal?
- Do you have a brother, sister, or pet? What are their names?
- What do you like to play at home?
- What's your favorite food/color/animal/ice cream flavor?

Transition to Large Group...

LARGE GROUP

COUNTDOWN

(VIDEO: COUNTDOWN)

Show the countdown video as the children clean up and transition to Large Group.

SETTING UP FOR SUCCESS

(CG: EXPECTATION SLIDE, BASIC TRUTHS SLIDE, MEMORY VERSE VIDEO; BIBLE)

LGL: "Hello my friends! How are you today? Come and sit with me. I am so glad you are here! My name is [your name]. I'm excited to spend time with you today! We are getting ready to sing and dance and hear a true story from the Bible. Before we do let's go over our rules and truths.

"Here in KidCity we have three rules. How many rules do we have? (*Kids respond.*) That's right! Three rules. Let's go over our rules now. (*List rules while counting on fingers*)

1. **Be kind.** We can be kind by using our indoor speaking voices, by staying on our blankets (or whatever space you have), and by obeying our leaders.
2. **Be safe.** We can be safe by walking around the classroom and keeping our hands to ourselves.
3. **Have fun!** We are going to have SO much fun, and that's because you are here!

"Can everybody follow those rules today? (*Kids respond.*) Great! KidCity is a place where we learn

about God and Jesus! And there are three big truths that we want you to know. Let's say them all together! Are you ready?

1. **I am made by God.** What is it? *(Kids repeat.)*
2. **I am loved by God no matter what.** What is it? *(Kids repeat.)*
3. **I am made for a purpose!** What is it? *(Kids repeat.)*

"It's time for our memory verse. Let's watch our memory verse motions and do it along with them!"

Show memory verse motion video and then practice without it.

'Be strong and courageous. *(Muscle arms)*

Do not be afraid . . . *(cross and uncross hands)*

for the Lord your God *(flat hand with thumb to forehead, pull down)*

goes with you," *(march in place)*

Deuteronomy 31:6. *(Open hands like a book.)*

"Ok, now let's sing and worship God!"

WORSHIP

(VIDEO: SUPER DUPER KID, VERY BIG THINGS)

Sing the worship songs together.

INTRO SKETCH

(Story Box with Beginner's Bible, Stuffed Ollie the Owl Dressed in a Superhero Cape and Mask)

LGL brings the story box with the Bible to the center of the room.

"I have my story box ready. I'm SO excited to see what we are learning about God today. Let's see what I have in here..."

Pull out the Bible

"What is this? *(Pause for responses.)* Yes, it's the Bible! The Bible is God's word and God's word is always true. The Bible has many stories that make one BIG story, and we (you and me) are part of that story.

"There is something else in our story box today. Let's see what it is!

Pull out Superhero Ollie

"Hello Ollie! Can everyone say, 'Hello Ollie!' *(Pause for responses.)* What is Ollie wearing? *(Pause for responses.)* YES, Ollie is wearing a Superhero costume! *(Pause for responses.)* In our story today, we are going to hear about someone who was BRAVE! Guess what? They didn't need a Superhero costume to be BRAVE. What? How were they BRAVE? Let's get ready to watch our Bible story video and find out!

"Let's click on our listening ears (tug on each ear, one at a time, as you make a click, click sound),

let's put on our looking eyes (bring your hands, one at a time, to your eyes like binoculars as you say shook, shook) and let's put our hands that have been move and praising Jesus quietly in our laps.

"Now we are ready. Let's watch today's true Bible story."

WATCH THE BIBLE STORY

(VIDEO: BIBLE STORY, BOTTOM LINE)

"Wow! That was a great story! What was the name of the man who was BRAVE in our story today? *(Pause for responses.)* YES, his name was Gideon! Who helped Gideon be BRAVE and lead God's army? *(Pause for responses.)* YES, God did! We are learning this month that God can help us be brave.

"When I ask you, 'Who can help you be brave?' I want you to say, *[Bottom Line]* 'God can help me be brave.' Are you ready? *(Pause for responses.)* 'Who can help you be brave?' *[Bottom Line]* 'God can help you be brave.' YES! *[Bottom Line]* 'God can help you be brave.'

SAY THE BASIC TRUTH

(CG: BASIC TRUTH SLIDE)

"Let's look at our Basic Truth for today. It says, 'I am made for a purpose so the Holy Spirit (that's God in me) will help me do big things now.' God helped Gideon do something big. He helped Gideon be brave and lead God's army. God can help you do big things and be brave too!"

PRAY

"Let's get our hands ready to pray. *Open them, close them, open them, close them, give a little clap. Open them, close them, open them, close them, fold them in your lap.*

"Dear God, I love how You helped Gideon be brave so he could lead Your army. Wow! Please help me and all my friends be brave when we are afraid, because we know that You are always with us. You're the best, God! In Jesus' name. Amen."

TRANSITION TO SMALL GROUP

SMALL GROUP

Bible Story: *Gideon* • God helps me be brave when I'm afraid • *Judges 6-7*

Memory Verse: "Be strong and courageous. Do not be afraid...for the LORD your God goes with you." Deuteronomy 31:6 NIV

Key Question: Who can help you be brave?

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Basic Truth: I am made for a purpose so the Holy Spirit (*God in me*) will help me do big things now.

WHO'S HIDING? (2's-5's)

("Who's Hiding?" Activity Page – 1 image per group, 8-12 Plastic Cups – at least 1 cup for each child in your group)

What You Do:

Before the Activity: Copy "Who's Hiding?" on regular paper and cut one cutout per Small Group. Tape one picture to the inside of a plastic cup. Place cups upside down in the center of your group.

During the Activity: Explain to the children that they are going to find Gideon, who is hiding in a hole (the cup). Encourage children to flip the cups over one by one until they find Gideon. Reset, placing the Gideon cup in a new spot each time. Repeat as desired.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello friends! Come sit with me in a circle. Today I have a fun game for us to play. We need to find Gideon! He's hiding in a hole. Let's pretend these cups are holes. When I say go, you will choose one cup and flip it over until we find Gideon!"

During the Activity: "Ready, set, GO! (Pause.) Flip all the cups over, one cup at a time. (Pause.) Great job looking for Gideon! Keep going! Who found Gideon? (Pause for responses.) Yay! [Child's name] found Gideon! (Pick up the Gideon cup and place it upside down in another area.) Let's reset the cups and play again! (Repeat as desired.) That was fun looking for Gideon together!"

After the Activity: "God loved Gideon and was with him when he was afraid. God helped Gideon be brave. God can help you be brave, too. **Who can help you be brave? [Bottom Line] God can help me be brave.**"

ACT LIKE GIDEON (2's-5's)

(No Supplies Needed)

What You Do:

During the Activity: Encourage children to act out the story with you.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Come sit with me, super friends, and let's act out our Bible Story!"

During the Activity: "Our true story begins with a man named Gideon. Gideon was afraid.

- When the Midianites would come, Gideon and the rest of the Israelites would hide in holes in the mountain. Let's all pretend to hide in a hole. Get really small and cover your head and your arm. *(Pause.)*
- Gideon was hiding from the Midianites. They were really big. Very strong. And they were mean. Make a mean face. *(Pause.)* Oh, those were mean faces.
- One day, God sent an angel to tell Gideon, 'The LORD is with you, mighty warrior!' Everyone does a super pose with their hands on their hips like this. *(Demonstrate.)* Great job! God wanted Gideon to lead an army to defeat the Midianites. Gideon was still afraid, but he did what God said and led God's army.
- Gideon gave the army ... *(toot a pretend horn)* trumpets. Hold your hand up to your mouth and pretend to toot your horn. *(Pause.)*
- They had jars. Hold your arms out like you are giving a hug.
- And they had torches. Make a fist with one hand and hold it up in the air.
- Gideon and the army quietly walked *(tip toe in place)* to where the Midianites were, then made a really loud noise by blowing their trumpets and smashing their jars!
- Then they shouted: 'For the LORD and for Gideon!' Let's say that together. *(With children.)* 'For the LORD and for Gideon!' And just like that, the Midianites were so afraid that they ran away!

Great job acting out our Bible Story today!"

After the Activity: "When Gideon was afraid, God helped him be brave. God can help you be brave, too! **Who can help you be brave? [Bottom Line] God can help me be brave.**"

MEMORY VERSE WITH MOTIONS

(Memory Verse Motions Poster – 1 per group)

Say the memory verse using motions from the Memory Verse Motions poster. Repeat several times and encourage children for their efforts.

'Be strong and courageous. *(Muscle arms)*

Do not be afraid . . . *(cross and uncross hands)*

for the Lord your God *(flat hand with thumb to forehead, pull down)*

goes with you, *(march in place)*

Deuteronomy 31:6.' *(Open hands like a book.)*

PRAY

“Let’s pray together. *(Have kids ‘put both hands up in the air, clap them together once [keep hands clasped], and then lower them down to their lap.’)*

“Dear God, Thank You for loving us and helping us be brave when we are afraid, like You helped Gideon be brave when he was afraid. You’re the best, God! In Jesus’ name. Amen.”

PARENT PICK UP ACTIVITY – READ THE STORY

(The Beginner’s Bible)

What You Do:

- Open up the Beginner’s Bible to today’s (Gideon’s Battle, page #140) and read it to your small group.

CONNECT WITH PARENTS/INFLUENCERS

(First Look Placemats - 1 per child)

Hand out placemats and encourage parents/influencers to review the Preschool lesson with their child this week.