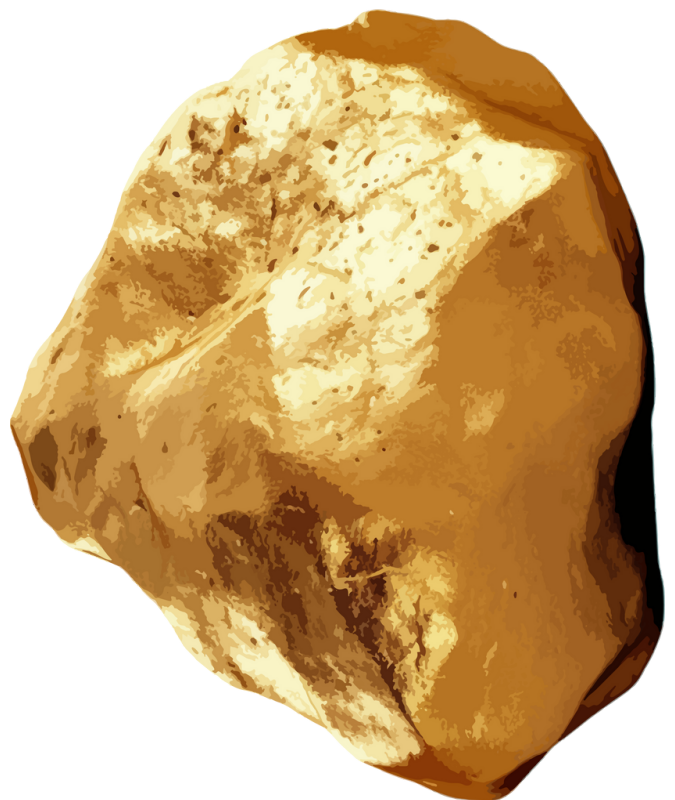
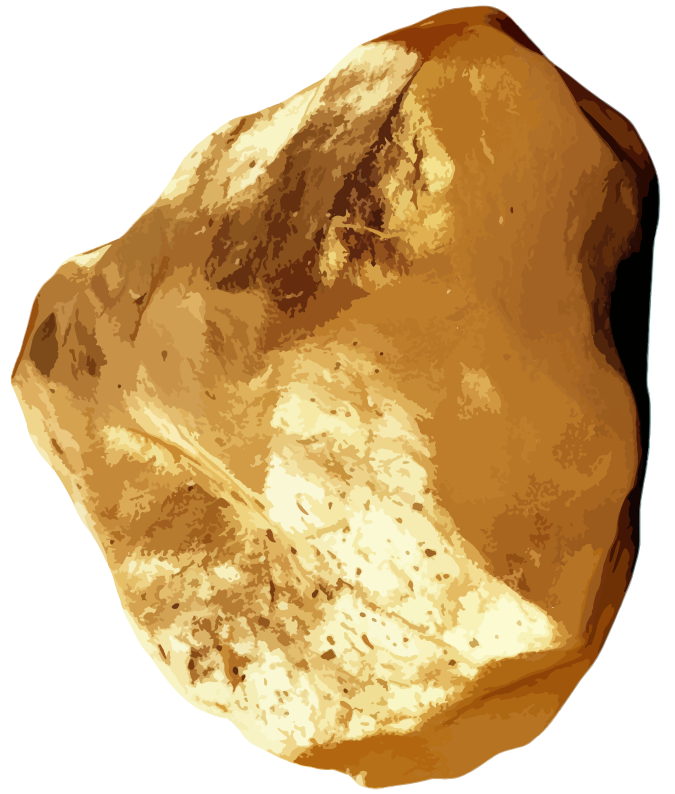
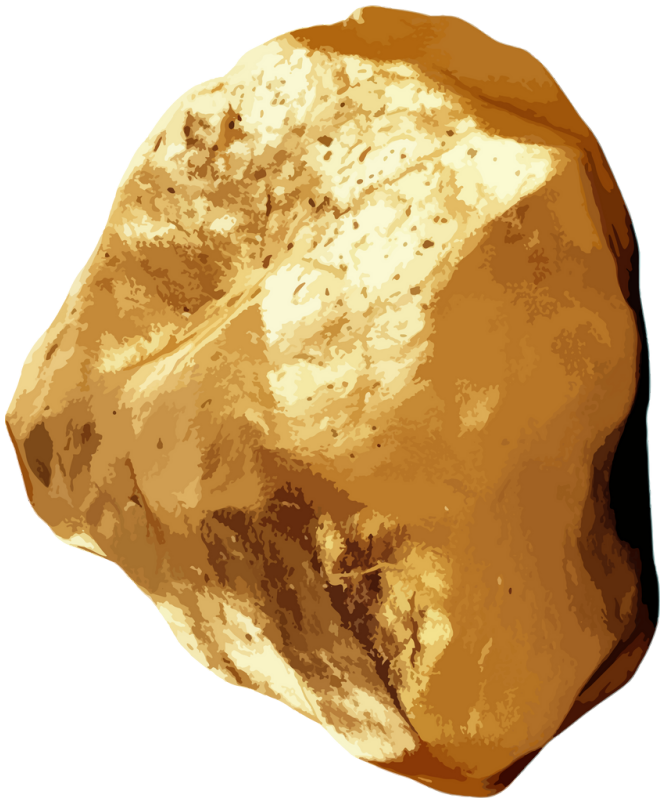




Challenge #3

- Do you feel like you have to hide your real feelings, even from God?
- Why do you think David wrote honestly about sadness and fear?

Challenge #1

- If you were David, hiding out, what would you pray about?
- Have you ever felt alone or like things were out of your control?

Challenge #4

- What do you think it means to “focus on God” in your own life?
- Is there a psalm, song, or prayer that helps you do that?

Challenge #2

- Do you think being wise means you never mess up?
- Or is it more about what you do after you make a mistake?