



BIG IDEA

Accountable friendships bring healing.

BIBLE

1 Corinthians 9:24-27; Galatians 6:1-5

ABOUT THIS WEEK

This week we'll see why following Jesus isn't meant to be a solo sport. God designed us to grow together through friendships that encourage honesty, humility, and healing. Accountability partners help us stay on track, lift us up when we fall, and remind us that we are not running the race alone.

Let's Break the Ice // Discipleship Moment Follow-Up:

- If you could pick one teammate or friend to help train you for something, who would it be and why?
- Discipleship Moment Follow-Up: How did your daily prayer challenge go? What worked, what didn't, and what did you learn?

Bible Study

- Read Together: As a group, read Galatians 6:1-5 (*Telos pg. 1148*)

Discussion Questions:

- What do you think Paul means when he says to "share each other's burdens"?
- How is an accountable friendship different from a regular friendship?
- Why do you think humility is so important when we're helping each other grow in faith?
- What might it look like for accountability to be encouraging instead of judgmental?

Challenge Question:

- Who in your life could you trust to hold you accountable in your walk with Jesus—and what's keeping you from inviting them into that role?

Prayer

Share Requests:

- *Ask for any prayer requests or praises to celebrate together.*

Group Prayer:

- Encourage students to pray briefly for each other's requests.
- Close by asking God to surround you with people who help you grow spiritually.

Discipleship Moment:

- This week, choose one friend or small group member to check in with about faith. Ask them how you can encourage or pray for them, and be ready to share how that went next week..

Partner Check-In: If you'd like, pair students to help keep one another accountable.
