



BIG IDEA

Accountable friendships bring healing.

BIBLE

1 Corinthians 9:24-27; Galatians 6:1-5

ABOUT THIS WEEK

This week we'll see why following Jesus isn't meant to be a solo sport. God designed us to grow together through friendships that encourage honesty, humility, and healing. Accountability partners help us stay on track, lift us up when we fall, and remind us that we are not running the race alone.

Let's Break the Ice // [Optional] Discipleship Moment Follow-Up:

- Icebreaker: If you had to pick any person – real or fictional, dead or alive – to partner with you on a task who would it be and how would you ask them to help you?
- Follow-up from last week: Did you get a chance to pray each day like we talked about? How did it go?

Bible Study

- Read Together: As a group, read Galatians 6:1-5 (*Telos pg. 1148*)

Discussion Questions:

- What does it mean to "help each other back onto the right path"?
- Why do you think Paul tells us to carry each other's burdens?
- What's the difference between a normal friend and an accountable friend?
- How can being humble make accountability stronger?

Challenge Question:

- Who is one person you trust enough to be real with about your struggles, and what's one step you could take this week to be more open with them?

Prayer

Share Requests:

- Ask for any prayer requests or praises to celebrate together.

Group Prayer:

- Encourage students to pray briefly for each other's requests.
- Close by asking God to surround you with people who help you grow spiritually.

[OPTIONAL] Discipleship Moment:

- This week, right now, choose one person from this group. Ask them how their week is going and how you can pray for them. Next week, share how it went!
 - **Partner Check-In:** If you'd like, pair students to help keep one another accountable.
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