

# HABITS WEEK 3 HSM DISCUSSION GUIDE

# **BIG IDEA**

Bible study helps us get to know God better.

# **BIBLE**

1 Corinthians 9:24-27; 2 Timothy 3:14-17

# ABOUT THIS WEEK

This week we'll discover why the Bible is essential for following Jesus. God's Word doesn't just give us knowledge—it points us to Jesus, shows us what's true, and equips us to live faithfully. When we study Scripture regularly, we're training for the race of life with God's truth as our guide.

## Let's Break the Ice // Discipleship Moment Follow-Up:

- Icebreaker: If you could instantly be amazing at one sport, instrument, or skill, what would it be and why?
- Follow-up from last week: Who did you check in with for accountability, and how did that go?

#### Bible Study

• Read Together: As a group, read 2 Timothy 3:14-17 (Telos pg. 1187)

#### **Discussion Questions:**

- Paul told Timothy that Scripture points us to salvation in Jesus (v.15). How do you see Jesus in the Bible's stories?
- What does it mean that "all Scripture is inspired by God"? How should that change the way we read it?
- According to this passage, how does the Bible correct and prepare us? Can you think of an example from your own life?

#### Challenge Question:

 What's one habit or distraction that keeps you from reading your Bible consistently, and what's one thing you can do to overcome it?

## Prayer

### **Share Requests:**

• Ask for any prayer requests or praises to celebrate together.

#### **Group Prayer:**

- Encourage students to pray briefly for each other's requests.
- Close by asking God to surround you with people who help you grow spiritually.

## Discipleship Moment:

- Commit to reading the Bible at least 5 minutes a day this week. Use a plan, app, or physical Bible, but don't
  do it alone—ask a friend or group member to do it with you. Next week, share how it went and what God
  showed you.
- Partner Check-In: If you'd like, pair students to help keep one another accountable.