Wk 4 - God Is _____

BIG IDEA

God always keeps His promises.

BIBLE

Lamentations 3:21-24; 2 Timothy 2:11-13

ABOUT THIS WEEK

Life changes, people change—but God never does. He always keeps His word, even when we fail to do so. His faithfulness gives us strength to keep going and reminds us we can trust Him no matter what.

HAT?

- People and situations in our lives are always changing—friends move away, plans fall through, and even people we trust sometimes let us down.
- But God isn't like that. He never changes. When He says something, He means it—and He *always* keeps His promises.
- In Lamentations 3:21–24, we read that God's love and mercy never run out. They're new every morning. His faithfulness is constant, even when we feel like giving up.
- God's promises don't depend on how good we are—they depend on who He is.

- When everything feels uncertain—school, friendships, or family—God's faithfulness is something solid we can stand on.
- In **2 Timothy 2:11–13**, Paul reminds us that even when we're unfaithful, God remains faithful. Why? Because that's who He is—He *can't* stop being faithful.
- That means you can trust Him with your future, your fears, and your failures.
- Think about it: if God kept His promise to send Jesus to save us, why would He stop keeping His promises now?

WHA T?

- Because God is faithful, we can be people who keep our word, too. When we say we'll do something, we can actually follow through.
- When life feels hard or confusing, we can remind ourselves, "God hasn't changed—He's still faithful."
- Spend time this week thinking about one promise of God you can hold onto—like that He'll never leave you, or that He'll forgive you when you mess up.
- Let His faithfulness give you strength to keep going and courage to trust Him, even when things don't make sense.